

# NAMS 22nd Annual Meeting

SEPTEMBER 21–24, 2011 • GAYLORD NATIONAL ON THE POTOMAC • WASHINGTON, DC



## The Preliminary Scientific Program of the 2011 Annual Meeting of The North American Menopause Society (NAMS)

As of August 19, 2011

Wednesday, September 21, 2011

8:00 AM – 1:00 PM

Pre-Meeting Symposium—

“Hormone Therapy A-Z: Update for 2011”

(Separate registration from the Annual Meeting is required)

*Supported in part by grant funding from:*

Abbott Laboratories

Pfizer Inc.

Teva Women's Health

Upsher-Smith Laboratories, Inc.

Warner Chilcott

### *Planned Topics & Invited Speakers:*

7:30 – 8:00 AM

Coffee Service for Registrants of Pre-Meeting Symposium

8:00 – 8:10 AM

Welcome & Introductory Remarks

**Jan L. Shifren, MD, NCMP**

*Chair, 2011 Scientific Program Committee*

Associate Professor of Obstetrics, Gynecology & Reproductive Biology

Harvard Medical School

Director, Menopause Program

Vincent Obstetrics & Gynecology Service

Massachusetts General Hospital

Boston, MA

8:10 – 8:40 AM

“Hormone Therapy Risks & Benefits:

The Pendulum Keeps Swinging”

**JoAnn E. Manson, MD, DrPH, NCMP**

Professor of Medicine & the Michael & Lee Bell Professor of Women's Health

Harvard Medical School

Chief of Preventive Medicine

Co-Director, Connors Center for Women's Health & Gender Biology

Brigham & Women's Hospital

Boston, MA

## Wednesday, September 21, 2011 (continued)

- 8:40 – 9:10 AM      [“Beyond Hot Flashes: Estrogen Effects on Mood & Memory”](#)  
**Claudio N. Soares, MD, PhD, FRCPC**  
Professor  
Departments of Psychiatry & Behavioural Neurosciences & Obstetrics & Gynecology  
Academic Head, Mood Disorders Division  
Director, Women’s Health Concerns Clinic  
McMaster University & St. Joseph’s Healthcare  
Toronto, ON, Canada
- 9:10 – 9:40 AM      [Interactive Panel Discussion With Q&A](#)
- 9:40 – 10:00 AM      [Break for Symposium Registrants](#)
- 10:00 – 10:30 AM      [“Estrogen Pills, Patches, Rings & Gels: How to Choose?”](#)  
**James A. Simon, MD, CCD, NCMP, FACOG**  
Clinical Professor  
George Washington University School of Medicine  
Medical Director, Women’s Health & Research Consultants  
Washington, DC
- 10:30 – 11:00 AM      [“Alternate Regimens for Endometrial Protection”](#)  
**Nicholas Panay, BSc, MBBS, MRCOG, MFFP**  
Consultant Gynaecologist, Subspecialist in Reproductive Medicine & Surgery  
Queen Charlotte’s & Chelsea Hospital  
Chelsea & Westminster Hospital  
London, United Kingdom
- 11:00 – 11:30 AM      [“All About Bioidenticals”](#)  
**JoAnn V. Pinkerton, MD, NCMP**  
Professor of Obstetrics & Gynecology  
Vice Chair for Academic Affairs  
Director, Midlife Health  
University of Virginia Health Sciences Center  
Charlottesville, VA
- 11:30 – 11:50 AM      [Break & Box Lunches Distributed to Symposium Registrants](#)
- 11:50 AM – 12:20 PM      [Interactive Panel Discussion With Q&A](#)
- 12:20 – 12:50 PM      [“Expert Approach to Complex Patients—Panel Discussion”](#)  
  
***Moderator:***  
**Risa Kagan, MD, FACOG, CCD, NCMP**  
Clinical Professor  
Department of Obstetrics, Gynecology, & Reproductive Sciences  
University of California, San Francisco  
Berkeley, CA
- 12:50 – 1:00 PM      [Concluding Remarks](#)  
**Jan L. Shifren, MD, NCMP**

Wednesday, September 21, 2011 (continued)

---

2:00 – 4:00 PM

NAMS Competency Examination (NCMP)

(Separate registration from the Pre-Meeting Symposium & Annual Meeting is required)

---

NAMS 22nd Annual Meeting (Registration is required)

“Midlife & Beyond: Setting the Stage for Health”

4:30 – 4:35 PM

Welcome & Announcements

**Margery L.S. Gass, MD, NCMP**

*NAMS Executive Director*

4:35 – 4:45 PM

Welcome & Scientific Program Overview

**Jan L. Shifren, MD, NCMP**

*Chair, 2011 Scientific Program Committee*

4:45 – 6:15 PM

Presidential Symposium:

Plenary Symposium #1

“Incidental Findings on Imaging: Friend or Foe?”

***Moderator:***

**Steven R. Goldstein, MD, FACOG, CCD, NCMP**

*2010-2011 NAMS President*

Professor of Obstetrics & Gynecology

New York University School of Medicine

New York, NY

***Topics & Invited Speakers:***

4:45 – 5:05 PM

“The Increased Sensitivity of Transvaginal Ultrasound:  
Do We See Too Much?”

**Steven R. Goldstein, MD, FACOG, CCD, NCMP**

5:05 – 5:25 PM

“MRI for Breast Cancer Screening & Staging”

**Monica Morrow, MD, FACS**

Chief, Breast Service

Department of Surgery

Anne Burnett Windfohr Chair of Clinical Oncology

Memorial Sloan Kettering Cancer Center

Professor of Surgery, Weill Medical College of Cornell University

New York, NY

## Wednesday, September 21, 2011 (continued)

- 5:25 – 5:45 PM      **“Incidental Imaging Findings:  
Strategies to Minimize Their Impact”**  
**Alec J. Megibow, MD, MPH, FACH**  
Professor of Radiology  
New York University School of Medicine  
Director, Outpatient Imaging Services  
New York University Langone Medical Center  
New York, NY
- 5:45 – 6:15 PM      **Panel & Audience Discussion**
- 6:15 – 8:00 PM      **President’s Reception**  
*Supported by the Premier Partners of the 2011 NAMS Annual Meeting:*  
**Novo Nordisk Inc.**  
**Pfizer Inc.**  
**Teva Women’s Health**
- 

## Thursday, September 22, 2011

- 6:30 – 7:00 AM      **Work Out for Health—Sunrise Aerobics**  
*Supported by grant funding from:*  
**Upsher-Smith Laboratories, Inc.**
- 7:15 – 8:15 AM      **“Meet the Experts” CME Breakfast Sessions**  
(Separate registration from the Annual Meeting is required)
- 7:30 – 8:30 AM      **Continental Breakfast for Registrants of Annual Meeting**
- 8:30 – 9:00 AM      **Keynote Address**  
**“Ovarian Aging: Can Science Turn Back the Clock?”**  
**Jonathan L. Tilly, PhD**  
Professor, Department of Obstetrics, Gynecology & Reproductive Biology  
Harvard Medical School  
Director, Vincent Center for Reproductive Biology  
Chief of Research  
Massachusetts General Hospital, Department of Obstetrics & Gynecology  
Boston, MA
- Introduced by:*  
**Isaac Schiff, MD**  
Joe Vincent Meigs Professor of Gynecology  
Harvard Medical School  
Chief, Vincent Obstetrics & Gynecology Service  
Massachusetts General Hospital  
Boston, MA

Thursday, September 22, 2011 (continued)

9:00 – 10:30 AM **Plenary Symposium #2**  
“Staging Reproductive Aging: An Update from STRAW+10”

***Moderator:***

**Pauline M. Maki, PhD**

Associate Professor of Psychiatry & Psychology  
Director, Women’s Mental Health Research  
University of Illinois at Chicago College of Medicine  
Chicago, IL

***Topics & Invited Speakers:***

9:00 – 9:20 AM “FSH Stages of the Menopause Transition: Improved Modeling of Decline in Ovarian Reserve & Impact of BMI”

**John F. Randolph, Jr., MD**

Professor, Obstetrics & Gynecology  
University of Michigan  
Ann Arbor, MI

9:20 – 9:40 AM “AMH & Antral Follicle Count: Improved Markers of Fertility Decline & Onset of the Menopause Transition”

**Frank J. Broekmans, PhD**

Professor, Department of Reproductive Biology  
University Medical Center Utrecht  
Utrecht, Netherlands

9:40 – 10:00 AM “Preliminary Recommendations from STRAW+10”

**Siobán D. Harlow, PhD**

Professor, Department of Epidemiology  
University of Michigan  
Ann Arbor, MI

10:00 – 10:30 AM **Panel & Audience Discussion**

10:30 – 11:15 AM **Refreshment Break**

10:30 – 10:45 AM **Stretch for Health**

***Supported by grant funding from:***  
**Upsher-Smith Laboratories, Inc.**

11:15 AM – 12:15 PM **Plenary Symposium #3**  
“Identifying & Treating Depression in Midlife Women”

***Supported in part by grant funding from:***  
**Pfizer Inc.**

***Moderator:***

**Nancy E. Avis, PhD**

Professor  
Department of Social Sciences & Health Policy  
Wake Forest University School of Medicine  
Winston-Salem, NC

Thursday, September 22, 2011 (continued)

*Topics & Invited Speakers:*

- 11:15 – 11:35 AM      ["Menopause, Depression & Hormones: What's the Connection?"](#)  
**Hadine Joffe, MD, MSc**  
Associate Professor, Harvard Medical School  
Director of Research, Center for Women's Mental Health  
Department of Psychiatry  
Massachusetts General Hospital  
Boston, MA
- 11:35 – 11:55 AM      ["Depression in Midlife Women: Identification & Treatment"](#)  
**Teri Pearlstein, MD**  
Associate Professor of Psychiatry & Human Behavior & Medicine  
Alpert Medical School of Brown University  
Director, Center for Women's Behavioral Medicine  
Providence, RI
- 11:55 AM – 12:15 PM      [Panel & Audience Discussion](#)
- 12:15 – 12:30 PM      [Box Lunches Distributed to Registrants of Annual Meeting](#)
- 12:30 – 2:00 PM      [Plenary Symposium #4](#)  
["When Sex Hurts"](#)  
*Supported in part by grant funding from:*  
**Novo Nordisk Inc.**  
**Pfizer Inc.**  
**Warner Chilcott**
- 12:30 – 12:45 PM      [Welcome, Introductions & Pre-Symposium Evaluation](#)  
  
*Moderator:*  
**Lauren F. Streicher, MD, FACOG, NCMP**  
Assistant Professor of Obstetrics & Gynecology  
Feinberg School of Medicine  
Northwestern Memorial Hospital  
Chicago, IL
- 12:45 – 1:10 PM      ["Painful Sex: Evaluation & Etiology"](#)  
**Murray A. Freedman, MS, MD**  
Clinical Professor  
Department of Obstetrics & Gynecology  
Medical College of Georgia  
Augusta, GA
- 1:10 – 1:35 PM      ["Treatment Options for Vaginal Atrophy & Dyspareunia"](#)  
**Raquel D. Arias, MD**  
Associate Professor, Obstetrics & Gynecology  
Clinical Associate Professor, Gerontology  
Associate Dean, Educational Affairs  
Keck School of Medicine, University of Southern California

Los Angeles, CA

Thursday, September 22, 2011 (continued)

- 1:35 – 2:00 PM Panel & Audience Discussion,  
Including Post-Symposium Evaluation
- 2:00 – 2:45 PM Refreshment Break  
*Supported by grant funding from:  
Ascend Therapeutics*
- 2:00 – 2:15 PM Stretch for Health  
*Supported by grant funding from:  
Upsher-Smith Laboratories, Inc.*
- 2:45 – 4:15 PM Plenary Symposium #5  
"Cardiovascular Disease in Postmenopausal Women:  
Getting to the Heart of the Matter"  
*Supported in part by grant funding from:  
Astellas*
- Moderator:*  
**Wendy S. Klein, MD, FACP**  
Senior Deputy Director Emeritus  
Virginia Commonwealth University Institute for Women's Health  
Richmond, VA
- Topics & Invited Speakers:*
- 2:45 – 3:05 PM "State of the Heart 2011—New Guidelines for Prevention"  
**Lori J. Mosca, MD, MPH, PhD**  
Professor of Medicine  
Department of Medicine  
Director of Preventive Cardiology  
Columbia University  
New York, NY
- 3:05 – 3:25 PM "Coronary Disease & Stroke in Women:  
Strategies for Intervention"  
**Martha Gulati, MD, MS, FACC, FAHA**  
Associate Professor of Medicine, Division of Cardiology  
Sarah Ross Soter Chair in Women's Cardiovascular Health  
Section Director, Preventive Cardiology & Women's Cardiovascular Health  
The Ohio State University  
Columbus, OH
- 3:25 - 3:45 PM "Clinical Challenges in Lipid Management"  
**Emma A. Meagher, MD**  
Associate Professor of Medicine  
Associate Director, Center for the Treatment of Complex Hypertension &  
The Cardiovascular Risk Intervention Program  
University of Pennsylvania Health System

Philadelphia, PA

## Thursday, September 22, 2011 (continued)

3:45 - 4:15 PM

Panel & Audience Discussion

4:15 – 5:15 PM

Plenary Symposium #6

“Debate—Is There Ever an Indication for Hormone Therapy in an Asymptomatic Postmenopausal Woman?”

***Moderator:***

**Steven R. Goldstein, MD, FACOG, CCD, NCMP**

***Invited Speakers:***

4: 15 – 5:15 PM

**James A. Simon, MD, CCD, NCMP, FACOG**

Clinical Professor

George Washington University School of Medicine

Medical Director, Women’s Health & Research Consultants

Washington, DC

**David F. Archer, MD, NCMP**

Professor of Obstetrics & Gynecology

The Jones Institute for Reproductive Medicine

Eastern Virginia Medical School

Norfolk, VA

5:15 – 6:15 PM

Poster Session & Reception

***Supported by grant funding from: Shionogi Inc.***

---

## Friday, September 23, 2011

6:30 – 7:00 AM

Work Out for Health—Sunrise Aerobics

***Supported by grant funding from:***

**Upsher-Smith Laboratories, Inc.**

6:45 – 7:45 AM

“Meet the Experts” CME Breakfast Sessions

(Separate registration from the Annual Meeting is required)

7:00 – 8:30 AM

Continental Breakfast for Registrants of Annual Meeting

7:55 – 8:30 AM

Annual Business Meeting of Members

(All NAMS members are invited to attend this official business meeting of the Society)

Friday, September 23, 2011 (continued)

8:30 – 9:00 AM

2011 NAMS/Pfizer—Wulf H. Utian Endowed Lecture  
*Endowed by a 2005 Grant from Pfizer*

“History & Experience: The Direction of Alzheimer’s Disease”

**William E. Reichman, MD**  
President & Chief Executive Officer, Baycrest  
Professor of Psychiatry, Faculty of Medicine  
University of Toronto  
Toronto, ON, Canada

*Introduced by:*  
**Margery L.S. Gass, MD, NCMP**

9:00 – 10:30 AM

Plenary Symposium #7  
“Addressing the Needs of Midlife Women  
Through & Beyond Breast Cancer”  
*Supported in part by grant funding from:*  
Pharmavite LLC

9:00 – 9:15 AM

Welcome, Introductions & Pre-Symposium Evaluation

*Moderator:*  
**Marla Shapiro, MDCM, CCFP, MHSc, FRCP, FCFP, NCMP**  
Associate Professor  
Department of Family & Community Medicine  
University of Toronto  
Toronto, ON, Canada

*Topics & Invited Speakers:*

9:15 – 9:40 AM

“Quality of Life: Alternatives to Hormone Therapy  
for Vasomotor Symptoms”  
**Mary Jane Minkin, MD, FACOG, NCMP**  
Clinical Professor of Obstetrics & Gynecology  
Yale University School of Medicine  
New Haven, CT

9:40 – 10:05 AM

“Mobility of Life: Skeletal Concerns”  
**Ann E. Kearns, MD, PhD**  
Assistant Professor of Medicine  
Department of Endocrinology  
Mayo Clinic  
Rochester, MN

10:05 – 10:30 AM

Panel & Audience Discussion,  
Including Post-Symposium Evaluation

10:30 – 11:00 AM

Refreshment Break

Friday, September 23, 2011 (continued)

- 10:30 – 10:45 AM      **Stretch for Health**  
*Supported by grant funding from:*  
Upsher-Smith Laboratories, Inc.
- 11:00 AM – 12:30 PM      **Plenary Scientific Abstract Session #1**  
Top-scoring Abstract Presentations (6 Abstracts)
- 12:30 – 2:00 PM      **Plenary Symposium #8**  
"Osteoporosis Update: Practical Guidance  
for the Care of Postmenopausal Women"  
*Supported in part by grant funding from:*  
Amgen Inc.  
Eli Lilly and Company  
Merck & Co., Inc.  
Warner Chilcott
- 12:30 – 12:45 PM      **Welcome, Introductions & Pre-Symposium Evaluation**  
  
*Moderator:*  
**Risa Kagan, MD, FACOG, CCD, NCMP**  
Clinical Professor  
Department of Obstetrics, Gynecology & Reproductive Sciences  
University of California, San Francisco  
Berkeley, CA  
  
*Topics & Invited Speakers:*
- 12:45 – 1:10 PM      "Secondary Causes of Osteoporosis:  
When & How to Investigate"  
**Steven T. Harris, MD, FACP**  
Clinical Professor of Medicine  
University of California, San Francisco  
San Francisco, CA
- 1:10 – 1:35 PM      "Osteoporosis Treatments: What's New & What's Coming?"  
**Robert Lindsay, MBChB, PhD, FRCP**  
Chief of Internal Medicine  
Helen Hayes Hospital  
Professor of Clinical Medicine  
Columbia University  
West Haverstraw, NY
- 1:35 – 2:00 PM      **Panel & Audience Discussion**  
Including Post-Symposium Evaluation
- 2:00 – 2:15 PM      **Stretch for Health**  
*Supported by grant funding from:*  
Upsher-Smith Laboratories, Inc.

Friday, September 23, 2011 (continued)

- 2:00 – 2:30 PM Refreshment Break  
*Supported by grant funding from:*  
BioSante Pharmaceuticals, Inc.
- 2:30 – 4:00 PM Plenary Symposium #9  
"Androgens & Women's Health"  
*Supported by grant funding from:*  
BioSante Pharmaceuticals, Inc.
- 2:30 – 2:45 PM Welcome, Introductions & Pre-Symposium Evaluation  
  
*Moderator:*  
Jan L. Shifren, MD, NCMP  
  
*Topics & Invited Speakers:*
- 2:45 – 3:10 PM "Androgens in Women: Beyond Libido"  
**Gail A. Laughlin, PhD**  
Assistant Professor  
Department of Family & Preventive Medicine  
University of California, San Diego School of Medicine  
San Diego, CA
- 3:10 – 3:35 PM "Androgen Treatment of Female Sexual Dysfunction:  
Risks, Benefits & Available Therapies"  
**Susan R. Davis, MBBS, FRACP, PhD**  
Professor of Women's Health & NHMRC Principal Research Fellow  
Director, The Women's Health Research Program  
School of Public Health & Preventive Medicine  
Department of Epidemiology & Preventive Medicine  
Monash University  
Melbourne, Victoria, Australia
- 3:35 – 4:00 PM Panel & Audience Discussion,  
Including Post-Symposium Evaluation
- 4:00 – 5:30 PM Concurrent Sessions (#1 - #6)
- 4:00 – 5:30 PM Concurrent Session #1  
Scientific Abstract Presentations (6 Abstracts)
- 4:00 – 5:30 PM Concurrent Session #2  
Scientific Abstract Presentations (6 Abstracts)
- 4:00 – 5:30 PM Concurrent Session #3  
Scientific Abstract Presentations (6 Abstracts)

Friday, September 23, 2011 (continued)

4:00 – 5:30 PM

Concurrent Session #4  
NAMS Research Affairs Committee Session  
"Measurement of Urogenital Symptoms"

***Moderator:***

**Michelle P. Warren, MD, NCMP**  
Medical Director, Center for Menopause, Hormonal Disorders & Women's Health  
Professor of Medicine, Obstetrics & Gynecology  
Wyeth Professor of Women's Health  
Columbia Presbyterian Medical Center  
Department of Obstetrics & Gynecology  
New York, NY

***Invited Speakers:***

**Gloria A. Bachmann, MD**  
Professor & Interim Chair  
Associate Dean for Women's Health  
Department of Obstetrics, Gynecology & Reproductive Sciences  
UMDNJ-Robert Wood Johnson Medical School  
New Brunswick, NJ

**Lila E. Nachtigall, MD, NCMP**  
Professor  
Department of Obstetrics & Gynecology  
New York University Langone Medical Center  
New York, NY

4:00 – 5:30 PM

Concurrent Session #5  
Presentations from Mexican Leadership  
"Specific Health Issues Among Mexican Women"

4:00 – 4:15 PM

"General Health Profile of Mexican Climacteric Women:  
2010 National Survey"  
**Jesús Armando Montaña Uzcanga, MD**  
President  
Asociacion Mexicana para el Estudio del Climaterio (AMEC)

4:15 – 4:40 PM

"Breast Cancer: Differences Between Mexican & U.S. Women"  
**Alejandro Salazar y Sánchez, MD**  
Clinica del Climaterio Santa Teresa, Mexico City

4:40 – 5:05 PM

"Desvenlafaxine Experience for the Treatment of VMS"  
**Julio Morfin Martin, MD**  
Past-President  
Asociacion Mexicana para el Estudio del Climaterio (AMEC)

5:05 – 5:30 PM

"Hispanic Women Participating in U.S. Research Studies"  
**Gabriel Gallo Olvera, MD**  
Treasurer  
Asociacion Mexicana para el Estudio del Climaterio (AMEC)

## Friday, September 23, 2011 (continued)

- 4:00 – 5:30 PM                      **Concurrent Session #6**  
Presentations from Canadian Leadership  
“Challenges & Certainties: Midlife & Beyond”
- Moderator:***  
**Elaine E. Jolly, OC, MD, FRCSC(C)**  
Professor, Department of Obstetrics & Gynecology  
University of Ottawa  
Ottawa, ON, Canada
- 4:00 – 4:20 PM                      **“Hormone Therapy in Canada: Where Are We Now?”**  
**Timothy C. Rowe, MD, FRCSC**  
Associate Professor, Reproductive Endocrinology & Infertility  
University of British Columbia  
Vancouver, BC, Canada
- 4:20 – 4:40 PM                      **“Smoking Cessation & Women’s Health”**  
**Robert Reid, PhD, MBA**  
Associate Director  
Minto Prevention & Rehabilitation Centre  
University of Ottawa Heart Institute  
Associate Professor, Faculty of Medicine  
University of Ottawa  
Ottawa, ON, Canada
- 4:40 – 5:05 PM                      **“The Media: The Good, The Bad, The Inevitable”**  
**Marla Shapiro, MDCM, CCFP, MHSc, FRCP, FCFP, NCMP**  
Associate Professor  
Department of Family & Community Medicine  
University of Toronto  
Toronto, ON, Canada
- 5:05 – 5:30 PM                      **Panel & Audience Discussion**
- 

## Saturday, September 24, 2011

- 6:30 – 7:00 AM                      **Work Out for Health—Sunrise Aerobics**  
***Supported by grant funding from:***  
**Upsher-Smith Laboratories, Inc.**
- 7:00 – 8:15 AM                      **Continental Breakfast for Registrants of Annual Meeting**

## Saturday, September 24, 2011 (continued)

7:45 – 8:20 AM

[“New Clinically Relevant Findings from the MsFLASH Research Network: The Escitalopram Trial”](#)

***Moderator:***

**Andrea Z. LaCroix, PhD**

Professor of Epidemiology  
University of Washington School of Public Health  
Fred Hutchinson Cancer Research Center  
Seattle, WA

***Invited Speakers:***

**Ellen W. Freeman, PhD**

Research Professor of Obstetrics & Gynecology  
Departments of Obstetrics & Gynecology & Psychiatry  
University of Pennsylvania  
Philadelphia, PA

**Kristine Ensrud, MD, MPH**

Professor of Medicine & Epidemiology & Community Health  
University of Minnesota  
Core Investigator, VA HSR&D Center of Excellence  
Minneapolis VAMC  
Minneapolis, MN

**Susan D. Reed, MD, MPH**

Professor, Department of Obstetrics & Gynecology  
Epidemiology Director, Women's Reproductive Health Research Program  
University of Washington School of Medicine  
Chief of Service, Obstetrics & Gynecology  
Harborview Medical Center  
Seattle, WA

**Janet S. Carpenter, PhD, MSN, FAAN**

Professor, Department of Adult Health  
Indiana University School of Nursing  
Indianapolis, IN

8:10 – 8:20 AM

[Panel & Audience Discussion](#)

8:30 – 8:45 AM

[Announcement of Poster Prizes](#)

8:45 – 9:15 AM

[2011 Kenneth W. Kleinman Endowed Lecture](#)

[“The Role of Genetic Testing & Genetic Information in Research”](#)

**Thomas H. Murray, PhD**

President & CEO  
The Hastings Center  
Garrison, NY

Saturday, September 24, 2011 (continued)

***Introduced by:***

**Wulf H. Utian, MD, PhD, DSc(Med), NCMP**

Professor Emeritus, Case Western Reserve University School of Medicine  
Honorary Past President, International Menopause Society  
Chairman, Scientific Advisory Board, Rapid Medical Research  
Honorary Trustee & Executive Director Emeritus, NAMS  
Cleveland, OH

9:15 – 10:15 AM

**Plenary Symposium #10**

**“Abuse, Neglect, & Exploitation of the Older Female:  
Integrating Healthcare, Legal, & Community Responses”**

***Moderator:***

**Diane T. Pace, PhD, FNP, NCMP**

Assistant Dean for Faculty Practice  
Director, University Health Services  
University of Tennessee Health Science Center College of Nursing  
Memphis, TN

***Invited Speakers:***

***Case Presentations***

9:15 – 10:00 AM

**Patricia M. Speck, DNSc, APN, FNP-BC, DF-IAFN, FAAFS, FAAN**

Associate Professor & Public Health Nursing Option Coordinator  
University of Tennessee Health Science Center  
College of Nursing  
Memphis, TN

**Candace J. Heisler, JD**

Assistant District Attorney, City & County of San Francisco (retired)  
Adjunct Assistant Professor of Law  
University of California, Hastings College  
Trainer, Office of Victims of Crime  
National Clearinghouse on Abuse in Later Life  
National Council of Juvenile & Family Judges  
San Bruno, CA

10:00 – 10:15 AM

**Panel & Audience Discussion**

10:15 – 10:45 AM

**Refreshment Break**

10:45 – 11:45 AM

**Plenary Symposium #11**

**“The Mind-Body Connection: Impact on Health & Disease”**

***Moderator:***

**Rebecca C. Thurston, PhD**

Assistant Professor of Psychiatry & Epidemiology  
University of Pittsburgh School of Medicine  
Pittsburgh, PA

Saturday, September 24, 2011 (continued)

*Topics & Invited Speakers:*

10:45 – 11:05 AM

[“A Healthy Midlife Crisis—Habits That Lead to Wellness”](#)

**Patricia J. Sulak, MD**

Dudley P. Baker Endowed Professor of Research & Education in  
Obstetrics & Gynecology  
Medical Director, Division of Research  
Department of Obstetrics & Gynecology  
Texas A&M College of Medicine  
Scott & White Clinic/Memorial Hospital  
Temple, TX

11:05 – 11:25 AM

[“A Mindful Midlife—Understanding the Mind-Body Connection”](#)

**Herbert Benson, MD**

Director Emeritus  
Benson-Henry Institute  
Mind & Body Medical Institute  
Associate Professor of Medicine  
Harvard Medical School  
Boston, MA

11:25 – 11:45 AM

[Panel & Audience Discussion](#)

11:45 AM – 12:45 PM

[Quiz the Experts Session](#)

*Moderator:*

**Wulf H. Utian, MD, PhD, DSc(Med), NCMP**

Professor Emeritus, Case Western Reserve University School of Medicine  
Honorary Past President, International Menopause Society  
Chairman, Scientific Advisory Board, Rapid Medical Research  
Honorary Trustee & Executive Director Emeritus, NAMS  
Cleveland, OH

*Panelists:*

**George A. Helmrich, MD, CCD, NCMP**

Vice Chair, Quality  
Department of Obstetrics & Gynecology  
University Medical Group  
Greenville Hospital System  
Medical Director, Greer Memorial Hospital  
Greer, SC

**Andrew M. Kaunitz, MD, FACOG**

Professor  
Department of Obstetrics & Gynecology  
Division of General Obstetrics & Gynecology  
Associate Chair, Department of Obstetrics & Gynecology  
Interim Associate Program Director, Obstetrics & Gynecology  
University of Florida College of Medicine  
Jacksonville, FL

Saturday, September 24, 2011 (continued)

**Lila E. Nachtigall, MD, NCMP**

Professor

Department of Obstetrics & Gynecology

New York University Langone Medical Center

New York, NY

**Lubna Pal, MBBS, MRCOG, MS**

Associate Professor

Director, Program for Polycystic Ovarian Syndrome

Director, Program for Reproductive Aging & Bone Health

Yale Reproductive Endocrinology

Department of Obstetrics, Gynecology & Reproductive Sciences

Yale University School of Medicine

New Haven, CT

**Cynthia A. Stuenkel, MD, NCMP**

Clinical Professor of Medicine

University of California, San Diego

La Jolla, CA