



The Scientific Program of the 2009 Annual Meeting of
The North American Menopause Society (NAMS)
is featured here, with topics/speakers added as they are confirmed.
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Posted September 10, 2009

Wednesday, September 30, 2009

8:00 AM - 1:50 PM

Pre-Meeting Symposium

"Depressive Symptoms & Cognitive Complaints in the Menopausal Transition:
Scientific & Clinical Transition" (Separate registration from the Annual Meeting is required)

Supported by:

The National Institute on Aging (NIA) and the Office of Research on Women's Health (ORWH), National Institutes of Health; and The North American Menopause Society (NAMS)

Planned Topics & Invited Speakers:

8:00 - 8:20 AM

[Welcome & Introductory Remarks](#)

Pauline M. Maki, PhD

Associate Professor of Psychiatry & Psychology
Department of Psychiatry
University of Illinois at Chicago
Chicago, IL

Morning Program for Pre-Meeting Symposium

"Depression & Menopausal Transition:
State of the Science"

8:20 - 8:40 AM

["Risk of Depression During the Menopausal Transition"](#)

Ellen W. Freeman, MD

Research Professor
University of Pennsylvania School of Medicine
Philadelphia, PA

Wednesday, September 30, 2009 (continued)

- 8:40 - 9:00 AM ["Clinical Trials of Estrogen & Depressive Symptoms"](#)
Claudio N. Soares, MD, PhD, FRCPC
Associate Professor
Department of Psychiatry & Behavioural Neurosciences &
Department of Obstetrics & Gynecology
St. Joseph's Healthcare & McMaster University
Hamilton, ON, Canada
- 9:00 - 9:20 AM ["Role of Gonadal Steroids in Perimenopause-Related Depression: Evidence From Pharmacological Challenge Studies"](#)
Peter J. Schmidt, MD
Acting Chief, Behavioral Endocrinology Branch
Chief, Unit on Reproductive Endocrine Studies
National Institute for Mental Health
Bethesda, MD
- 9:20 - 9:40 AM ["Recognizing Perimenopausal Depression"](#)
Nelda F. Scott, MD
Assistant Professor of
Clinical Psychiatry
University of Illinois at Chicago
Chicago, IL
- 9:40 - 10:00 AM [Refreshment Break for Symposium Registrants](#)
- 10:00 - 10:45 AM [Interactive Panel Discussion with Q&A](#)
- 10:45 - 11:00 AM [Box Lunches Distributed to Symposium Registrants](#)
- 11:00 - 11:20 AM ["Depression as a Risk Factor for Cardiovascular Disease"](#)
Carol A. Shively, PhD
Professor of Pathology (Comparative Medicine)
Professor of Psychology
Wake Forest University School of Medicine
Winston-Salem, NC
- Afternoon Program for Pre-Meeting Symposium
"Cognition & the Menopausal Transition:
State of the Science"
- 11:20 - 11:40 AM ["Cognitive Change During the Menopausal Transition"](#)
Gail A. Greendale, MD
Professor of Medicine & Obstetrics & Gynecology
David Geffen School of Medicine at University of California, Los Angeles
Los Angeles, CA
- 11:40 AM - Noon ["Clinical Trials of Estrogen & Cognition"](#)
Pauline M. Maki, PhD

Wednesday, September 30, 2009 (continued)

- Noon - 12:20 PM [“Role of Gonadal Steroids in Perimenopause-Related Cognitive Changes: Evidence From Pharmacological Challenge Studies”](#)
Paul A. Newhouse, MD
Professor of Psychiatry
Department of Psychiatry
University of Vermont College of Medicine
Burlington, VT
- 12:20 - 12:40 PM [“Recognizing Cognitive Disorders”](#)
Victor W. Henderson, MD, MS, NCMP
Professor
Departments of Health Research & Policy
& of Neurology & Neurological Sciences
Stanford University School of Medicine
Stanford, CA
- 12:40 - 1:00 PM [Break](#)
- 1:00 - 1:45 PM [Interactive Panel Discussion with Q&A](#)
- 1:45 - 1:50 PM [Concluding Remarks for Pre-Meeting Symposium](#)
Pauline M. Maki, PhD

2:00 - 4:00 PM
NAMS Competency Examination
(Separate registration from the Symposium & Annual Meeting is required)

Wednesday, September 30, 2009 (continued)

NAMS 20th Annual Meeting (Registration is required)

Theme: "A New Experience: Bringing Technology to Menopausal Health"

4:30 - 4:35 PM

Welcome & Introductory Remarks

Leon Speroff, MD

Chair, 2009 Scientific Program Committee

4:35 - 4:40 PM

President's Welcome

JoAnn V. Pinkerton, MD, NCMP

2008/2009 NAMS President

4:40 - 6:15 PM

20 Years of Progress in Menopausal Medicine:
The Utian Years

This session is in tribute to Dr. Wulf Utian on the occasion of his last Annual Meeting before his retirement from NAMS at year-end 2009.

(Contact the NAMS Central Office to place your tribute message in the Utian Tribute session keepsake *Program*)

Invited Moderator:

JoAnn V. Pinkerton, MD, NCMP

Topics & Invited Speakers:

4:40 - 5:00 PM

"Wulf Utian: Advancing the Health
of Menopausal Women—A Voice of
Evidence & Reason"

Isaac Schiff, MD

Joe Vincent Meigs Professor of Gynecology

Harvard Medical School

Chief, Vincent Memorial Ob/Gyn Service

Massachusetts General Hospital

Boston, MA

5:00 - 5:15 PM

"Menopause: Firsts & Foremosts"

Lila E. Nachtigall, MD

Professor

Department of Obstetrics & Gynecology

New York University School of Medicine

New York, NY

5:15 - 5:30 PM

"Clinical Approach to Fracture Risk"

Bruce Ettinger, MD

Emeritus Clinical Professor of Medicine

University of California, San Francisco

San Francisco, CA

Wednesday, September 30, 2009 (continued)

5:30 - 5:45 PM

["The NIH Perspective: The Evolution of Menopausal Medicine & the Utian Factor"](#)

Vivian W. Pinn, MD

Director, Office of Research on Women's Health
National Institutes of Health
Bethesda, MD

5:45 - 6:05 PM

[Utian Tribute Audiovisual Presentation, Recognition of Dr. & Mrs. Utian](#)

JoAnn V. Pinkerton, MD, NCMP

6:05 - 6:15 PM

["Transitions"](#)

Wulf H. Utian, MD, PhD, DSc(Med), NCMP

NAMS Executive Director & Honorary Founding President
Arthur H. Bill Professor Emeritus of Reproductive Biology
Case Western Reserve University School of Medicine
Chairman, Advisory Board
Rapid Medical Research
Consultant, Obstetrics, Gynecology, & Women's Health Institute
Cleveland Clinic
Cleveland, OH

6:30 - 8:00 PM

[Utian Tribute Reception](#)

All Annual Meeting registrants are invited to join their colleagues & friends at this reception to give tribute to a man who has meant so much to so many.

Supported by the Premier Partners of the 2009 NAMS Annual Meeting:

Duramed Pharmaceuticals, Inc.

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Novo Nordisk Inc.

Solvay Pharmaceuticals, Inc.

Ther-Rx Corporation

Wyeth Pharmaceuticals

Thursday, October 1, 2009

NAMS 20th Annual Meeting (continued)

7:15 - 8:15 AM

"Meet the Experts" CME Breakfast Sessions
(Separate registration from the Annual Meeting is required)

7:30 - 8:30 AM

Continental Breakfast for Registrants of Annual Meeting

8:30 - 9:00 AM

Keynote Address

"Menopause, Hormones, Pendulums, & Wheels"

Wulf H. Utian, MD, PhD, DSc(Med), NCMP

NAMS Executive Director & Honorary Founding President

Arthur H. Bill Professor Emeritus of Reproductive Biology

Case Western Reserve University School of Medicine

Chairman, Advisory Board

Rapid Medical Research

Consultant, Obstetrics, Gynecology & Women's Health Institute

Cleveland Clinic

Cleveland, OH

Introduced by:

George I. Gorodeski, MD, PhD, NCMP

Professor of Reproductive Biology, Oncology, Physiology & Biophysics

Case Western Reserve University School of Medicine

Case Medical Center

Department of Obstetrics & Gynecology

Cleveland, OH

9:00 - 10:30 AM

Presidential Symposium:

Plenary Symposium #1

"An Update on SERMs"

Invited Moderator:

JoAnn V. Pinkerton, MD, NCMP

2008-2009 NAMS President

Professor of Obstetrics & Gynecology

Vice Chair for Academic Affairs

Director, Midlife Health

University of Virginia Health Science Center

Charlottesville, VA

Topics & Invited Speakers:

9:00 - 9:20 AM

"SERMs & the Breast"

Victor G. Vogel, MD, MHS, FACP

National Vice President, Research

American Cancer Society

Atlanta, GA

Thursday, October 1, 2009 (continued)

9:20 - 9:40 AM

"SERMs & the Endometrium"

JoAnn V. Pinkerton, MD, NCMP

9:40 - 10:00 AM

"SERMs & Bone"

Steven R. Cummings, MD

Emeritus Professor of Medicine & Epidemiology
University of California, San Francisco
Founding Director, UCSF Coordinating Center
Senior Scientist
California Pacific Medical Center Research Institute
San Francisco, CA

10:00 - 10:30 AM

Panel & Audience Discussion

10:30 - 11:15 AM

Refreshment Break

11:15 AM - 12:15 PM

Plenary Symposium #2

"Nutrition & Vitamin D"

Invited Moderators:

JoAnn E. Manson, MD, DrPH

Professor of Medicine & the Elizabeth Fay Brigham
Professor of Women's Health
Harvard Medical School
Chief of Preventive Medicine & Co-Director,
Connors Center for Women's Health & Gender Biology
Brigham & Women's Hospital
Boston, MA

Fredi Kronenberg, PhD

Michelle Clayman Institute for Gender Research
Stanford University
Stanford, CA

Topics & Invited Speakers:

11:15 - 11:35 AM

"Does Vitamin D Prevent Cancer & Cardiovascular Disease?"

Edward Giovannucci, MD, ScD

Professor
Departments of Nutrition & Epidemiology
Harvard School of Public Health
Associate Professor of Medicine
Harvard Medical School
Boston, MA

Thursday, October 1, 2009 (continued)

- 11:35 - 11:55 AM **"Nutrients From Foods Versus Supplements: Does It Matter?"**
Marian L. Neuhouser, PhD, RD
Associate Member
Cancer Prevention Program
Fred Hutchinson Cancer Research Center
Seattle, WA
- 11:55 - 12:15 PM **Panel & Audience Discussion**
- 12:15 - 12:30 PM **Box Lunches Distributed to Registrants of Annual Meeting**
Supported by:
Amgen USA
- 12:30 - 2:00 PM **Plenary Symposium #3**
**"Postmenopausal Osteoporosis:
When to Treat, How to Treat"**
Supported by:
Amgen USA
- 12:30 - 12:45 PM **Welcome, Introductions & Pre-Symposium Evaluation**

Invited Moderator:
Betsy L. McClung, RN, MN
Associate Director
Oregon Osteoporosis Center
Portland, OR

Topics & Invited Speakers:
- 12:45 - 1:10 PM **"Osteoporosis & Fracture Risk Assessment"**
Diane L. Schneider, MD, MSc
Department of Medicine
University of California, San Diego
San Diego, CA
- 1:10 - 1:35 PM **"Update on Current & Future Osteoporosis Treatments"**
Steven T. Harris, MD, FACP
Clinical Professor of Medicine
University of California, San Francisco
San Francisco, CA
- 1:35 - 2:00 PM **Panel & Audience Discussion,
Including Post-Symposium Evaluation**
- 2:00 - 2:45 PM **Refreshment Break**

Thursday, October 1, 2009 (continued)

2:45 - 3:45 PM

Plenary Symposium #4
"Innovations in Gynecology"

Invited Moderator:

Steven R. Goldstein, MD, NCMP
Professor of Obstetrics & Gynecology
New York University School of Medicine
New York, NY

Topics & Invited Speakers:

2:45 - 3:05 PM

"Innovations in Urogynecology & Reconstructive Pelvic Surgery"

Marie Fidela R. Paraiso, MD
Chief, Center of Urogynecology & Reconstructive Pelvic Surgery
Department of Obstetrics & Gynecology
Cleveland Clinic
Cleveland, OH

3:05 - 3:25 PM

"Robotic Surgery: The Future Is Upon Us"

Rosanne M.C. Kho, MD
Assistant Professor
Department of Gynecologic Surgery
Associate Program Director
Division of Urogynecology & Pelvic Reconstructive Surgery
Mayo Clinic
Phoenix, AZ

3:25 - 3:45 PM

Panel & Audience Discussion

3:45 - 5:15 PM

Plenary Symposium #5
"Breast Cancer Screening & Chemoprevention"

Supported by:

Eli Lilly and Company

3:45 - 4:00 PM

Welcome, Introductions, & Pre-Symposium Evaluation

Invited Moderator:

Victor G. Vogel, MD, MHS, FACP
National Vice President, Research
American Cancer Society
Atlanta, GA

4:00 - 4:50 PM

Topics & Invited Speakers:

4:00 - 4:25 PM

"Quantifying Breast Cancer Risk"

Karla Kerlikowske, MD
Professor of Medicine, Epidemiology, & Biostatistics
University of California, San Francisco
San Francisco, CA

Thursday, October 1, 2009 (continued)

- 4:25 - 4:50 PM **"Methods to Reduce Risk"**
Rowan T. Chlebowski, MD, PhD
Professor of Medicine
David Geffen School of Medicine
University of California, Los Angeles
Chief, Division of Medical Oncology & Hematology
Harbor/UCLA Medical Center
Los Angeles, CA
- 4:50 - 5:15 PM **Panel & Audience Discussion,**
Including Post-Symposium Evaluation
- 5:15 - 6:45 PM **President's Reception & Poster Session**
Supported by:
Eli Lilly and Company
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Friday, October 2, 2009

- 6:45 - 7:45 AM **"Meet the Experts" CME Breakfast Sessions**
(Separate registration from the Annual Meeting is required)
- 7:00 - 8:30 AM **Continental Breakfast for Registrants of Annual Meeting**
- 7:55 - 8:30 AM **Annual Business Meeting of Members**
(All NAMS members are invited to attend this
official business meeting of the Society)
- 8:30 - 9:00 AM **2009 NAMS/Wyeth Wulf H. Utian Endowed Lecture**
Endowed by a 2005 Grant from Wyeth
"The Science of Sexuality Through & Beyond Menopause"
Julia R. Heiman, PhD
Director, The Kinsey Institute for Research in Sex,
Gender & Reproduction
Professor, Psychology & Clinical Psychiatry
Indiana University
Bloomington, IN
- Introduced by:***
Wulf H. Utian, MD, PhD, DSc(Med), NCMP

Friday, October 2, 2009 (continued)

- 9:00 - 10:30 AM **Plenary Symposium #6**
"Business of Menopause Management"
- Invited Moderator:*
Diane T. Pace, PhD, FNP-BC, NCMP, CCD, FAANP
Assistant Dean for Faculty Practice
Director, Center for Health Evaluation & Lifestyle Promotion
University of Tennessee Health Science Center
Memphis, TN
- Topics & Invited Speakers:*
- 9:00 - 9:40 AM "Overview on the IT Health of the Nation"
William Zelman, DO
Board Certified Obstetrician & Gynecologist
Founder & Chief Executive Officer
PowerMed Corporation
Portland, ME
- 9:40 - 10:20 AM "Patients Use of the Social Web: The Demand for
Patient-Centered Medical Informatics"
Jeana Frost, PhD
Senior Research Scientist
PatientsLikeMe™
Cambridge, MA
- 10:20 - 10:30 AM Panel & Audience Discussion
- 10:30 - 11:15 AM Refreshment Break
- 11:15 AM - 12:15 PM **Plenary Scientific Abstract Session #1**
Top Scoring Abstract Presentations (4 Abstracts)
- 12:15 - 12:30 PM Box Lunches Distributed to Registrants of Annual Meeting
- 12:30 - 2:00 PM **Plenary Symposium #7**
"Autoimmune Disorders"
- Invited Moderator:*
Cynthia A. Stuenkel, MD, NCMP
Clinical Professor of Medicine
University of California, San Diego
La Jolla, CA

Friday, October 2, 2009 (continued)

Topics & Invited Speakers:

12:30 - 12:55 PM

"Thyroid Disorders"

Jorge H. Mestman, MD

Professor of Medicine & Obstetrics & Gynecology
Division of Endocrinology & Diabetes
University of Southern California
Keck School of Medicine
Director, USC Center for Diabetes & Metabolic Diseases
Los Angeles, CA

12:55 - 1:20 PM

"Rheumatoid Arthritis"

Maripat Corr, MD

Professor, Department of Medicine
University of California, San Diego
San Diego, CA

1:20 - 1:45 PM

"Systemic Lupus Erythematosus (SLE) & Menopause"

Bevra H. Hahn, MD

Professor of Medicine
Vice Chairman, Department of Medicine
Chief of Rheumatology
David Geffen School of Medicine at UCLA
Los Angeles, CA

1:45 - 2:00 PM

Panel & Audience Discussion

2:00 - 2:30 PM

Refreshment Break

2:30 - 4:00 PM

Plenary Symposium #8

"Hot Issues"

Topics will include, among others:

Bioidentical hormone therapy controversy
Long-term vs short-term hormone therapy
Nonhormonal treatment for hot flashes

Invited Moderator:

Leon Speroff, MD

Friday, October 2, 2009 (continued)

Invited Panelists:

Steven R. Goldstein, MD, NCMP
Professor of Obstetrics & Gynecology
New York University School of Medicine
New York, NY

JoAnn E. Manson, MD, DrPH
Professor of Medicine & the Elizabeth Fay Brigham
Professor of Women's Health
Harvard Medical School
Chief of Preventive Medicine & Co-Director,
Connors Center for Women's Health & Gender Biology
Brigham & Women's Hospital
Boston, MA

Dale W. Stovall, MD
Associate Professor
Department of Obstetrics & Gynecology
Virginia Commonwealth University
Richmond, VA

Cynthia A. Stuenkel, MD, NCMP
Clinical Professor of Medicine
University of California, San Diego
San Diego, CA

4:00 - 5:30 PM

Concurrent Sessions (#1 - #5)

4:00 - 5:30 PM

Concurrent Session #1
Scientific Abstract Presentations (6 Abstracts)

4:00 - 5:30 PM

Concurrent Session #2
Scientific Abstract Presentations (6 Abstracts)

4:00 - 5:30 PM

Concurrent Session #3
Scientific Abstract Presentations (6 Abstracts)

4:00 - 5:30 PM

Concurrent Session #4
Presentations from Mexican Leadership
Asociación Mexicana para el Estudio del Climaterio (AMEC)

Topics & Speakers from Mexican Leadership:

4:00 - 4:10 PM

"Las mujeres Mexicanas en los Estados Unidos"
Julio Morfin Martin, MD
Presidente
Asociación Mexicana para el Estudio del Climaterio (AMEC)

Friday, October 2, 2009 (continued)

- 4:10 - 4:35 PM ["Osteoporosis en la mujer Mexicana"](#)
Jose Alberto Hernandez Bueno, MD
Presidente
Asociación Mexicana de Metabolismo Oseo y Mineral (AMMOM)
- 4:35 - 5:00 PM ["Cancer de mama en la mujer Mexicana"](#)
Alfonso Murillo Uribe, MD
Presidente
Federación Latino Americana de Sociedades de
Climaterio y Menopausia (FLASCYM)
- 5:00 - 5:25 PM ["Síndrome metabólico en la mujer Mexicana"](#)
Edwardo Motta Martinez, MD
Secretario
Federación Latino Americana de Sociedades de
Climaterio y Menopausia (FLASCYM)
- 5:25 - 5:30 PM [Panel & Audience Discussion](#)
- 4:00 - 5:30 PM [Concurrent Session #5](#)
NAMS Research Affairs Committee Methodology Session:
Best Practices in Menopause Research
["The Use of Menopause Symptom Scales in Research"](#)

Topics & Invited Speakers:
- 4:00 - 4:20 PM ["Psychometric & Sample Considerations for Selection
of Menopause Symptom Scales"](#)
Nancy E. Avis, PhD
Professor
Section on Social Sciences & Health Policy
Department of Public Health Services Medicine
Wake Forest University School of Medicine
Winston-Salem, NC
- 4:20 - 4:40 PM ["Widely Used Scales & Their Psychometric Features"](#)
Nancy Fugate Woods, PhD, RN, FAAN
Professor & Dean Emeritus
Family & Child Nursing
University of Washington School of Nursing
Seattle, WA
- 4:40 - 5:00 PM ["Adapting Symptom Scales for Use in
Understudied Populations"](#)
Claire Z. Kalpakjian, PhD, MS
Assistant Professor
Department of Physical Medicine & Rehabilitation
University of Michigan Health System
Ann Arbor, MI
- 5:00 - 5:30 PM [Panel & Audience Discussion](#)

Saturday, October 3, 2009

7:00 - 8:15 AM Continental Breakfast for Registrants of Annual Meeting

8:30 - 8:45 AM Announcement of Poster Prizes

8:45 - 9:45 AM Plenary Symposium #9
"Vulvar & Vaginal Health"

Invited Moderator:

Margery L.S. Gass, MD
Executive Director Designate
The North American Menopause Society
Cleveland, OH

Topics & Invited Speakers:

8:45 - 9:05 AM "Learn to Like the Lichens: Lichen Sclerosus, Lichen Simplex
Chronicus, & Lichen Planus"

Hope K. Haefner, MD
Professor
Department of Obstetrics & Gynecology
University of Michigan Hospitals
Ann Arbor, MI

9:05 - 9:25 AM "When Sex Hurts: Evaluation & Management of Dyspareunia"

Andrew T. Goldstein, MD
Associate Professor
George Washington University
Director, Center for Vulvovaginal Disorders
Washington, DC

9:25 - 9:45 AM Panel & Audience Discussion

9:45 - 10:15 AM Refreshment Break

10:15 - 11:15 AM Plenary Symposium #10
"Preventive Health"

Invited Moderator:

Tomi Mikkola, MD, PhD
Associate Professor
Department of Obstetrics & Gynecology
Helsinki University Central Hospital
Helsinki, Finland

Saturday, October 3, 2009 (continued)

Topics & Invited Speakers:

10:15 - 10:35 AM

["HPV Vaccination & Public Health—
An Opportunity & a Challenge"](#)

Mary Rubin, RNC, PhD, CRNP

Associate Clinical Professor
UCSF School of Nursing
Dysplasia Clinic Nurse Practitioner
University of California, San Francisco
San Francisco, CA

10:35 - 10:55 AM

["Menopause & Women's Environmental Health"](#)

Pauline Mendola, PhD

Chief, Infant, Child, & Women's Health Statistics Branch
National Center for Health Statistics
Hyattsville, MD

10:55 - 11:15 AM

[Panel & Audience Discussion](#)

11:15 AM - 12:30 PM

[Quiz the Experts Session](#)

Invited Moderator:

Leon Speroff, MD

Chair, 2009 Scientific Program Committee

Invited Panelists:

Ivy M. Alexander, PhD, C-ANP

Associate Professor
Director, Adult, Family, Gerontological, & Women's Health
Primary Care Specialty
Yale School of Nursing
New Haven, CT

David F. Archer, MD, NCMP

Professor of Obstetrics & Gynecology
Eastern Virginia Medical School
Norfolk, VA

George A. Helmrich, MD, CCD, NCMP

Associate Chief, Medical Affairs & Quality
Greenville Hospital System
Greer, SC

Alastair H. MacLennan, MBChB, MD, FRCOG, FRANZCOG

Professor of Obstetrics & Gynaecology
The University of Adelaide
Adelaide, Australia

Saturday, October 3, 2009(continued)

Jan L. Shifren, MD, NCMP

Associate Professor of Obstetrics, Gynecology, & Reproductive Biology
Harvard Medical School
Director, Menopause Program
Vincent Obstetrics & Gynecology Service
Massachusetts General Hospital
Boston, MA

Michelle P. Warren, MD

Medical Director, Center for Menopause, Hormonal Disorders,
& Women's Health
Professor of Medicine, Obstetrics & Gynecology
Wyeth Professor of Women's Health
Columbia Presbyterian Medical Center
Department of Obstetrics & Gynecology
New York, NY