



**2019 ANNUAL MEETING**  
**SEPTEMBER 25-28, 2019**

CHICAGO, ILLINOIS  
 HYATT REGENCY



## The “Meet the Experts” CME Breakfast Sessions are completely sold out.

During the 2019 NAMS Annual Meeting, two “Meet the Experts” CME Breakfast Sessions will be offered at a small additional fee. Participants will be eligible to receive 1 hour of CME credit through NAMS. Sign-up for tables (see topics and moderators below) when you register to attend the Annual Meeting.

**Tables Are Limited to 9 Participants—Sign-Up Today!**

**New Members Only:** For those who joined NAMS during 2019, you may attend 1 CME breakfast session at no charge. Register early to attend. Contact NAMS ([members@menopause.org](mailto:members@menopause.org)) for more details.

Thursday, September 26, 2019—7:00 AM to 8:00 AM		
#	Moderator	Discussion Topic
1	<b>Beth L Abramson, MD, MSc, FRCP, FACC</b> <i>Paul Albrechtsen Professor in Cardiac Prevention and Women’s Health            Associate Professor of Medicine, University of Toronto            Director, Cardiac Prevention Centre and Women’s Cardiovascular Health            St. Michael’s Hospital            Toronto, Ontario, Canada</i>	<b><i>Hormone Therapy and Cardiovascular Disease</i></b>  <b>-Sold Out-</b>
2	<b>Kathee D Andrews, MD, MCFP, NCMP</b> <i>President, Federation of Medical Women of Canada            Family Physician, Medisys Corporate Health            Toronto, Ontario, Canada</i>	<b><i>A Holistic Approach to Perimenopausal Mood Changes</i></b>  <b>-Sold Out-</b>
3	<b>Mindy S Christianson, MD</b> <i>Assistant Professor, Division of Reproductive Endocrinology and Infertility            Department of Obstetrics and Gynecology            Johns Hopkins University School of Medicine            Baltimore, Maryland</i>	<b><i>Primary Ovarian Insufficiency: A Clinical Update</i></b>  <b>-Sold Out-</b>
4	<b>Tobias de Villiers, MBChB, MMed, FCOG, FRCOG</b> <i>Department of Gynaecology            Stellenbosch University            Cape Town, South Africa</i>	<b><i>Management of Postmenopausal Endometriosis</i></b>  <b>-Sold Out-</b>
5	<b>Mary Segars Dolan, MD, MPH, FACOG, NCMP</b> <i>Associate Professor, Department of Obstetrics and Gynecology            Director of Midlife and Menopause Medicine            Emory University School of Medicine            Atlanta, Georgia</i>	<b><i>The Well Woman Exam: What Does the Evidence Show Should be Done?</i></b>  <b>-Sold Out-</b>
6	<b>Cynthia B Evans, MD, FACOG, NCMP</b> <i>Professor, Department of Obstetrics and Gynecology            The Ohio State University College of Medicine            Columbus, Ohio</i>	<b><i>Primary Ovarian Insufficiency</i></b>  <b>-Sold Out-</b>
7	<b>Mary Farhi, MD, MPH, FACOG, ABOIM, NCMP</b> <i>Assistant Professor, Obstetrics and Gynecology            Rush University Medical Center            Chicago, Illinois</i>	<b><i>An Integrative Approach to Menopause</i></b>  <b>-Sold Out-</b>

**Thursday, September 26, 2019—7:00 AM to 8:00 AM**

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8	<p><b>Julia A Files, MD, FACP, NCMP</b>  <i>Associate Professor of Medicine                      Mayo College of Medicine                      Consultant, Mayo Medallion Program                      Scottsdale, Arizona</i>                      —AND—  <b>Lisa N Kransdorf, MD, MPH</b>  <i>Assistant Clinical Professor                      UCLA Division of Internal Medicine and Pediatrics                      Valencia, California</i></p>	<p><b><i>Bioidentical Hormone Therapy: Unwrapped</i></b>   <b>-Sold Out-</b></p>
9	<p><b>Carrie Gibson, PhD, MPH</b>  <i>Clinical Research Psychologist                      San Francisco VA Health Care System                      Assistant Professor, Department of Psychiatry                      University of California, San Francisco                      San Francisco, California</i></p>	<p><b><i>Primary Care Mental Health Integration:                      Addressing PTSD and Sexual Trauma in the                      Medical Setting</i></b>   <b>-Sold Out-</b></p>
10	<p><b>Nicole Jaff, PhD, NCMP</b>  <i>Department of Chemical Pathology                      Faculty of Health Sciences                      University of the Witwatersrand                      Research Scientist, The Aurum Institute                      Johannesburg, South Africa</i></p>	<p><b><i>Menopause and the Brain: How                      Neurotransmitters and Hormones Affect                      Cognition, Memory, and Mood at Midlife</i></b>   <b>-Sold Out-</b></p>
11	<p><b>Linda Kelly, DNP, CNP, NCMP</b>  <i>Nursing Director, Midlife Women’s Health Center                      Massachusetts General Hospital                      Boston, Massachusetts</i></p>	<p><b><i>Building a Multidisciplinary Midlife Women’s                      Center in an Academic Medical Center</i></b>   <b>-Sold Out-</b></p>
12	<p><b>Cheryl C Kinney, MD, FACOG</b>  <i>Obstetrician and Gynecologist                      Center for Female Health and Hormone Disorders                      Medical City Dallas                      Dallas, Texas</i></p>	<p><b><i>Weight Loss Strategies in Menopause:                      What’s New and What Works</i></b>   <b>-Sold Out-</b></p>
13	<p><b>Jewel M Kling, MD, MPH, NCMP, FACP</b>  <i>Assistant Professor of Medicine                      Associate Chair for Research, Women’s Health Internal Medicine                      Mayo Clinic Arizona                      Scottsdale, Arizona</i></p>	<p><b><i>Menopausal Hormone Therapy: Tailoring                      Treatment to Your Patients</i></b>   <b>-Sold Out-</b></p>
14	<p><b>Jean Marino, APRN-CNP, NCMP, IF</b>  <i>Women’s Health Nurse Practitioner                      Department of Obstetrics and Gynecology                      University Hospitals Cleveland Medical Center                      Cleveland, Ohio</i></p>	<p><b><i>Vaginal Lubricants and Moisturizers: They’re                      Not All Built the Same</i></b>   <b>-Sold Out-</b></p>
15	<p><b>Mary Jane Minkin, MD, NCMP</b>  <i>Clinical Professor                      Department of Obstetrics, Gynecology, and Reproductive Sciences                      Yale University School of Medicine                      New Haven, Connecticut</i></p>	<p><b><i>How to Choose the Best Hormone Therapy                      Combo for Your Patients</i></b>   <b>-Sold Out-</b></p>
16	<p><b>Sharon J Parish, MD</b>  <i>Professor of Medicine, Clinical Psychiatry, Weill Cornell Medicine                      Professor of Clinical Medicine                      Director of Medical Services, New York Presbyterian, Westchester Division                      New York, New York</i></p>	<p><b><i>Managing Sexual Problems in Clinical                      Practice: An Algorithm and Practical                      Approach to Care and Referral</i></b>   <b>-Sold Out-</b></p>
17	<p><b>Susan D Reed, MD, MPH</b>  <i>Research Director, Women’s Reproductive Health Research Program                      Professor and Vice Chair, Department of Obstetrics and Gynecology                      Adjunct Professor, Epidemiology                      University of Washington School of Medicine                      Seattle, Washington</i></p>	<p><b><i>Hormone Therapy Management in Patients                      with a Uterus Who Hate Progesterone:                      Finding the EPT Balance</i></b>   <b>-Sold Out-</b></p>

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#	Moderator	Discussion Topic
18	<b>Val Schonberg, MS, RD, CSSD, LD, NCMP</b> <i>Registered Dietitian and Sports Nutritionist EnlightenU Nutrition Consulting Atlanta, Georgia</i>	<b><i>Nutrition for Midlife and Beyond: What is Healthy and Appropriate Versus Disordered and Detrimental?</i></b> <b>-Sold Out-</b>
19	<b>Wen Shen, MD, MPH</b> <i>Assistant Professor, Department of Obstetrics and Gynecology Johns Hopkins University School of Medicine Baltimore, Maryland</i>	<b><i>Why Menopause Should Be a Public Health Goal</i></b> <b>-Sold Out-</b>
20	<b>Dragana Skokovic-Sunjic, RPh, NCMP</b> <i>Clinical Pharmacist Hamilton Family Health Team Hamilton, Ontario Canada</i>	<b><i>Good Bugs for My Patients? Probiotics in Clinical Practice: Review of the Safety, Evidence, and Indications for Use of Probiotics</i></b> <b>-Sold Out-</b>
21	<b>Ann L Steiner, MD, NCMP, FACOG</b> <i>Clinical Professor of Obstetrics and Gynecology Director and Founder, Menopause Clinic, Dickens Center for Women Perelman School of Medicine, University of Pennsylvania Philadelphia, Pennsylvania</i>	<b><i>Providing Menopause Education and Establishing a Menopause Teaching Program for Residents and Trainees</i></b> <b>-Sold Out-</b>
22	<b>Lauren Streicher, MD, NCMP</b> <i>Clinical Professor of Obstetrics and Gynecology Feinberg School of Medicine, Northwestern University Medical Director Northwestern Medicine Center for Sexual Medicine and Menopause Chicago, Illinois</i>	<b><i>Postmenopause Orgasmic Dysfunction: Finding the Elusive “O”</i></b> <b>-Sold Out-</b>
23	<b>Holly L Thacker, MD, FACP, CCD, NCMP</b> <i>Professor and Director, Center for Specialized Women’s Health Obstetrics, Gynecology, and Women’s Health Institute Cleveland Clinic Lerner College of Medicine of CWRU Director, Women’s Health Fellowship Executive Director, Speaking of Women’s Health Cleveland, Ohio</i>	<b><i>Managing Menopause in Breast Cancer Survivors and Women at High Risk</i></b> <b>-Sold Out-</b>
24	<b>Makeba Williams, MD, FACOG, NCMP</b> <i>Clinical Associate Professor Director, Division of General Obstetrics and Gynecology Director, UW Health Menopause Clinic Department of Obstetrics and Gynecology University of Wisconsin School of Medicine and Public Health Madison, Wisconsin</i>	<b><i>Shared Decision Making in Managing Surgical Menopause</i></b> <b>-Sold Out-</b>

**Friday, September 27, 2019—6:45 AM to 7:45 AM**

#	Moderator and Speakers	Discussion Topic
1	<b>David F Archer, MD, NCMP</b> <i>Professor of Obstetrics and Gynecology Director, Clinical Research Center Eastern Virginia Medical School Department of Obstetrics and Gynecology Norfolk, Virginia</i>	<b><i>Vaginal Therapeutics: Enhancing Quality of Life for Postmenopausal Women</i></b> <b>-Sold Out-</b>
2	<b>Lisa A Chism, DNP, APRN, BC, NCMP, FAANP</b> <i>Clinical Director, Women’s Wellness Clinic Sexual Health Counselor and Educator Karmanos Cancer Institute Adjunct Assistant Professor, Department of Surgery Wayne State University School of Medicine Detroit, Michigan</i>	<b><i>Breast Density: What We Know Now</i></b> <b>-Sold Out-</b>

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3	<p><b>Amanda L Clark, MD, MCR, NCMP</b>  <i>Affiliate Investigator and Urogynecology Physician                      Female Pelvic Medicine and Reconstructive Surgery                      Center for Health Research, Kaiser Permanente Northwest                      Portland, Oregon</i></p>	<p><b><i>Focusing on the Urinary Symptoms of GSM</i></b>                       -Sold Out-</p>
4	<p><b>Stephanie S Faubion, MD, FACP, NCMP, IF</b>  <i>Medical Director, The North American Menopause Society                      Penny and Bill George Director, Mayo Clinic Center for Women’s Health                      Professor of Medicine, Division of General Internal Medicine                      Mayo Clinic                      Rochester, Minnesota</i></p>	<p><b><i>Management of GSM in Cancer Survivors</i></b>                       -Sold Out-</p>
5	<p><b>Steven R Goldstein, MD, NCMP, CCD, FACOG, FRCOG(H)</b>  <i>Professor of Obstetrics and Gynecology                      New York University School of Medicine                      Director of Gynecologic Ultrasound and Co-Director of Bone Densitometry                      NYU Langone Health                      New York, New York</i></p>	<p><b><i>TSEC Should Revolutionize Hormone Therapy: Why Is It So Underutilized?</i></b>                       -Sold Out-</p>
6	<p><b>Hadine Joffe, MD, MSc</b>  <i>Executive Director                      Mary Horrigan Connors Center for Women’s Health and Gender Biology                      Paula A Johnson Associate Professor of Psychiatry in the Field of Women’s Health                      Harvard Medical School                      Vice Chair for Psychiatry Research, Department of Psychiatry                      Brigham and Women’s Hospital, Dana Farber Cancer Institute                      Harvard Medical School                      Boston, Massachusetts</i></p>	<p><b><i>Sleep in Midlife: Treatment and Impact on Health and Functioning</i></b>                       -Sold Out-</p>
7	<p><b>Risa Kagan, MD, FACOG, CCD, NCMP</b>  <i>Clinical Professor,                      Department of Obstetrics, Gynecology, and Reproductive Sciences                      University of California                      Sutter East Bay Medical Foundation                      Berkeley, California</i></p>	<p><b><i>Challenging Cases in the Use of Hormone Therapy</i></b>                       -Sold Out-</p>
8	<p><b>Sheryl A Kingsberg, PhD</b>  <i>Chief, Division of Behavioral Medicine                      University Hospitals Cleveland Medical Center, MacDonal Women’s Hospital                      Professor, Departments of Reproductive Biology and Psychiatry                      Case Western Reserve University School of Medicine                      Cleveland, Ohio</i></p>	<p><b><i>Managing Sexual Concerns in an Office-based Setting</i></b>                       -Sold Out-</p>
9	<p><b>Lisa C Larkin, MD, FACP, NCMP, IF</b>  <i>Lisa Larkin and Associates                      Founder and CEO MsMedicine                      Internal Medicine and Women’s Health                      Cincinnati, Ohio</i></p>	<p><b><i>Breast Cancer Risk Assessment and Prevention</i></b>                       -Sold Out-</p>
10	<p><b>James H Liu, MD, NCMP</b>  <i>Arthur H. Bill Professor and Chair                      Department of Obstetrics and Gynecology                      University Hospitals/MacDonald Women’s Hospital                      Department of Reproductive Biology                      Case Western Reserve University School of Medicine                      Cleveland, Ohio</i></p>	<p><b><i>Nonhormonal Treatment of Vasomotor Symptoms</i></b>                       -Sold Out-</p>
11	<p><b>Pauline M Maki, PhD</b>  <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology                      Director of Women’s Mental Health Research                      Associate Director of the Center for Research on Women and Gender                      Program Director of the K12 BIRCWH Program                      University of Illinois at Chicago                      Chicago, Illinois</i></p>	<p><b><i>Depression Guidelines</i></b>                       -Sold Out-</p>

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12	<p><b>Michael R McClung, MD</b>  <i>Founding Director  Oregon Osteoporosis Center  Portland, Oregon</i></p>	<p><b>Issues in Osteoporosis</b>   <b>-Sold Out-</b></p>
13	<p><b>Diane T Pace, PhD, APRN, FNP-BC, NCMP, FAANP, FAAN</b>  <i>Professor and Director, Special Academic Programs, College of Nursing  Associate Professor, College of Medicine  Department of Obstetrics and Gynecology  University of Tennessee Health Science Center  Memphis, Tennessee</i>  <p>—AND—</p> <p><b>Lori L Davis, NP, NCMP</b>  <i>Women’s Health of Cayuga Medical Associates  Ithaca, New York</i></p> </p>	<p><b>Integrating a Menopause/Sexual Health Focus in Your Nurse Practitioner Practice</b>   <b>-Sold Out-</b></p>
14	<p><b>Lubna Pal, MBBS, FRCOG, MSc, NCMP</b>  <i>Professor and REI Fellowship Director  Director, Programs for Menopause and PCOS  Division of Reproductive Endocrinology and Infertility  Associate Chair for Education,  Department of Obstetrics, Gynecology, and Reproductive Sciences  Yale School of Medicine  New Haven, Connecticut</i></p>	<p><b>Addressing Aging Related Dyspareunia</b>   <b>-Sold Out-</b></p>
15	<p><b>James H Pickar, MD</b>  <i>Adjunct Associate Professor of Obstetrics and Gynecology  Columbia University  New York, New York</i></p>	<p><b>Bioidentical Hormones for Menopause Symptoms: An Update</b>   <b>-Sold Out-</b></p>
16	<p><b>JoAnn V Pinkerton, MD, NCMP</b>  <i>Professor of Obstetrics and Gynecology and Division Director of Midlife Health  The University of Virginia Health System  Charlottesville, Virginia</i></p>	<p><b>Androgens and Menopause</b>   <b>-Sold Out-</b></p>
17	<p><b>Nanette F Santoro, MD</b>  <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  University of Colorado School of Medicine  Aurora, Colorado</i></p>	<p><b>FAKE NEWS in Menopause: Sorting Fact from Fiction</b>   <b>-Sold Out-</b></p>
18	<p><b>Peter F Schnatz, DO, FACOG, FACP, NCMP</b>  <i>Associate Chairman and Residency Program Director  Department of Obstetrics and Gynecology  The Reading Hospital  Reading, Pennsylvania</i></p>	<p><b>Hormone Therapy and Coronary Artery Disease</b>   <b>-Sold Out-</b></p>
19	<p><b>Jan L Shifren, MD, NCMP</b>  <i>Director, Midlife Women’s Health Center, Massachusetts General Hospital  Vincent Trustees Professor of Obstetrics, Gynecology, and Reproductive Biology,  Harvard Medical School  Boston, Massachusetts</i></p>	<p><b>Everything You Wanted to Know About Sex at Midlife, But Were Afraid to Ask</b>   <b>-Sold Out-</b></p>
20	<p><b>Chrisandra L Shufelt, MD, MS, FACP, NCMP</b>  <i>Associate Director, Barbra Streisand Women’s Heart Center and Preventive and Rehabilitative Cardiac Center  Director, Women’s Hormone and Menopause Program  Associate Professor of Medicine  Cedars-Sinai Medical Center  Los Angeles, California</i></p>	<p><b>Novel Cardiovascular Risk Factors in Women</b>   <b>-Sold Out-</b></p>
21	<p><b>James A Simon, MD, CCD, NCMP, IF, FACOG</b>  <i>Clinical Professor, George Washington University  Medical Director, Women’s Health and Research Consultants  Washington, DC</i></p>	<p><b>Nonhormonal Treatment of Sexual Dysfunction in Menopausal Women</b>   <b>-Sold Out-</b></p>

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<b>22</b>	<b>Cynthia A Stuenkel, MD, NCMP</b> <i>Clinical Professor, Department of Medicine University of California, San Diego La Jolla, California</i>	<b><i>Premature Menopause: Challenges in Diagnosis and Management</i></b>  <b>-Sold Out-</b>
<b>23</b>	<b>Rebecca C Thurston, PhD</b> <i>Director, Women's Biobehavioral Health Laboratory Professor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science University of Pittsburg Pittsburgh, Pennsylvania</i>	<b><i>Trauma and Its Implications for Women's Health at Midlife</i></b>  <b>-Sold Out-</b>