



NAMS 2017 Annual Meeting

Philadelphia Marriott Downtown ■ October 11–14, 2017



During the 2017 NAMS Annual Meeting, two “Meet the Experts” CME Breakfast Sessions will be offered at a small additional fee. Participants will be eligible to receive 1 hour of CME credit through NAMS. Sign up for tables (see topics and moderators below) when you register to attend the Annual Meeting.

Tables Are Limited to 9 Participants—Sign Up Today!

New Members Only: During the Friday, October 12, CME Breakfast Session, there will be two New Members Only tables for those who joined NAMS during 2017.

These tables are hosted by Dr. JoAnn Pinkerton and Dr. Marla Shapiro.

This special New Member event and CME credit are offered at no charge to eligible participants!

Contact NAMS (members@menopause.org) for more details.

Thursday, October 12, 2017—7:00 AM to 8:00 AM

#	Moderator	Discussion Topic
1	Diana L Bitner, MD, NCMP <i>Director, Midlife and Menopause Health Services Spectrum Health Assistant Professor Michigan State University College of Human Medicine Grand Rapids, MI</i>	<i>Building a Midlife and Menopause Practice</i>
2	Vivien Brown, MDCM, CCFP, FCFP, NCMP <i>Assistant Professor Department of Family and Community Medicine University of Toronto Toronto, ON, Canada</i>	<i>Immunization Guidelines for Midlife Women</i>
3	Mindy S Christianson, MD <i>Assistant Professor Division of Reproductive Endocrinology and Infertility Department of Gynecology and Obstetrics Johns Hopkins University School of Medicine Baltimore, MD</i>	<i>Primary Ovarian Insufficiency: Management Update</i>
4	Danette Conklin, PhD <i>Clinical Psychologist Director, Midlife Women University Hospitals of Cleveland Medical Center Assistant Professor, Department of Psychiatry Case Western Reserve University Cleveland, OH</i>	<i>Managing the Age Rage: How Psychologists Use Cognitive Behavior Therapy to Help Patients Cope With Psychosocial Factors Affecting Menopause</i>
5	Tobias J De Villiers, MBChB, MMed, FCOG, FRCOG <i>Department of Obstetrics and Gynaecology Stellenbosch University Stellenbosch, Western Cape, South Africa</i>	<i>Osteoporosis: Who to Treat and How</i>

Thursday, October 12, 2017—7:00 AM to 8:00 AM

#	Moderator	Discussion Topic
6	<p>Susan M Domchek, MD <i>Director, Basser Center for BRCA Basser Professor of Oncology University of Pennsylvania Philadelphia, PA</i></p>	<p><i>Updates on Genetic Testing</i></p>
7	<p>Samar R El Khoudary, PhD, MPH, BPharm, FAHA <i>Associate Professor of Epidemiology University of Pittsburgh Pittsburgh, PA</i></p>	<p><i>Good Cholesterol and Menopause</i></p>
8	<p>C Neill Epperson, MD <i>Professor of Psychiatry and Obstetrics and Gynecology Director, Penn PROMOTES Research on Sex and Gender in Health University of Pennsylvania Philadelphia, PA</i></p>	<p><i>Managing Cognitive Complaints During Menopause</i></p>
9	<p>Cynthia Evans, MD, FACOG, NCMP <i>Professor, Department of Obstetrics and Gynecology The Ohio State University College of Medicine Columbus, OH</i></p>	<p><i>Primary Ovarian Insufficiency</i></p>
10	<p>Stephanie S Faubion, MD, FACP, NCMP, IF <i>Director, Executive and International Medicine Director, Office of Women’s Health Associate Professor of Medicine Division of General Internal Medicine Mayo Clinic Rochester, MN</i></p>	<p><i>Hormone Management of Migraine in Perimenopause</i></p>
11	<p>Nicole G Jaff, PhD, NCMP <i>Menopause Counselor, Women’s Health Wits Donald Gordon Medical Centre Honorary Lecturer, Department of Chemical Pathology, Faculty of Health Sciences, University of the Witwatersrand Research Scientist, Atrium Foundation Johannesburg, South Africa</i></p>	<p><i>My Healthcare Provider Says Menopause Isn’t a Disease, But Sometimes it Sure Feels Like One: Identifying and Treating Psychological Issues in Midlife Women</i></p>
12	<p>Anita M Kelsey, MD, FACC, FASE <i>Associate Chief of Cardiology Saint Francis Hospital and Medical Center Associate Professor of Medicine University of Connecticut Hartford, CT</i></p>	<p><i>Ischemic Heart Disease in Women</i></p>
13	<p>Cheryl Cox Kinney, MD, FACOG <i>Obstetrician and Gynecologist Center for Female Health and Hormone Disorders Medical City Dallas Dallas, TX</i></p>	<p><i>Weight Loss for the Menopause Patient: What’s New and What Works?</i></p>
14	<p>Lisa C Larkin, MD, NCMP <i>Lisa Larkin and Associates Internal Medicine and Women’s Health Director, Women’s Corporate Health, Tri Health Cincinnati, OH</i></p>	<p><i>Individualized Breast Cancer Risk Assessment</i></p>

Thursday, October 12, 2017—7:00 AM to 8:00 AM

#	Moderator	Discussion Topic
15	<p>Kathryn Macaulay, MD, NCMP <i>Clinical Professor, Department of Reproductive Medicine University of California, San Diego Health System San Diego, CA</i></p>	<p><i>Contraception During Perimenopause</i></p>
16	<p>Mary Jane Minkin, MD, NCMP <i>Clinical Professor Department of Obstetrics, Gynecology, and Reproductive Sciences Yale University School of Medicine New Haven, CT</i></p>	<p><i>Menopause Management in Survivors of Breast Cancer</i></p>
17	<p>Susan D Reed, MD, MPH <i>Research Director, Women’s Reproductive Health Research Program Professor, Department of Obstetrics, Gynecology, and Epidemiology University of Washington School of Medicine Chief of Service, Obstetrics and Gynecology, Harborview Medical Center Seattle, WA</i></p>	<p><i>Vaginal Health</i></p>
18	<p>Wen Shen, MD, MPH <i>Assistant Professor of Gynecology and Obstetrics Johns Hopkins University School of Medicine Baltimore, MD</i></p>	<p><i>Menopause and Chronic Illness</i></p>
19	<p>Chrisandra L Shufelt, MD, MS, FACP, NCMP <i>Associate Director, Barbra Streisand Women’s Heart Center and Preventive and Rehabilitative Cardiac Center Director, Women’s Hormone and Menopause Program Associate Professor of Medicine, Cedars-Sinai Medical Center Los Angeles, CA</i></p>	<p><i>Hormone Therapy and the Heart: What You Need to Know</i></p>
20	<p>Ann L Steiner, MD, FACOG, NCMP <i>Clinical Professor of Obstetrics and Gynecology Director and Founder, Menopause Clinic, Dickens Center for Women Perelman School of Medicine, University of Pennsylvania Philadelphia, PA</i></p>	<p><i>Providing Menopause Education for Residents and Establishing a Teaching Program</i></p>
21	<p>Lauren Streicher, MD, NCMP <i>Medical Director, Center for Sexual Health Northwestern Medicine Center Associate Clinical Professor of Obstetrics and Gynecology Feinberg School of Medicine, Northwestern University Chicago, IL</i></p>	<p><i>Postmenopause Orgasmic Dysfunction: Finding the Elusive “O”</i></p>
22	<p>Holly L Thacker, MD, FACP, CCD, NCMP <i>Professor and Director, Center for Specialized Women’s Health Obstetrics, Gynecology, and Women’s Health Institute Cleveland Clinic Lerner College of Medicine of CWRU Executive Director, Speaking of Women’s Health Cleveland, OH</i></p>	<p><i>What You Need to Know About Prescribing Flibanserin for Female Sexual Interest/Arousal Disorder and What’s New in Pelvic Floor Stimulation for Female Sexual Dysfunction</i></p>
23	<p>Melissa Wellons, MD, MHS <i>Assistant Professor Medicine Division of Diabetes, Endocrinology, and Metabolism Vanderbilt University Medical Center Nashville, TN</i></p>	<p><i>The Role of Antimüllerian Hormone Measurement in Menopause Medicine</i></p>
24	<p>Wendy L Wolfman, MD, FRCS(C), FACOG, NCMP <i>Professor, Department of Obstetrics and Gynecology University of Toronto Director, Menopause Unit, Mount Sinai Hospital Toronto, ON, Canada</i></p>	<p><i>Optimizing Hormone Therapy</i></p>

#	Moderator	Discussion Topic
1	<p>David F Archer, MD, NCMP <i>Professor of Obstetrics and Gynecology Director, Clinical Research Center Eastern Virginia Medical School Department of Obstetrics and Gynecology Norfolk, VA</i></p>	<p><i>A Biologic Window of the Menopause: The Vagina</i></p>
2	<p>Lisa Astalos Chism, DNP, APRN, NCMP, FAANP <i>Clinical Director, Women’s Wellness Clinic Sexual Health Counselor and Educator Karmanos Cancer Institute Adjunct Assistant Professor, Department of Surgery Wayne State University School of Medicine Detroit, MI</i> —and— <p>Diane Todd Pace, PhD, APRN, FNP-BC, NCMP, FAANP <i>Associate Professor and Director, Special Academic Programs Department of Health Promotion and Disease Prevention University of Tennessee Health Science Center, College of Nursing Memphis, TN</i></p> </p>	<p><i>Integrating Sexual Health Into Your Practice</i></p>
3	<p>J Christopher Gallagher, MD <i>Professor, Department of Medicine Director of Bone Metabolism Unit Division of Endocrinology Creighton University School of Medicine Omaha, NE</i></p>	<p><i>Vitamin D: A Cure for Everything?</i></p>
4	<p>Steven R Goldstein, MD, FCOG, CCD, NCMP <i>Professor of Obstetrics and Gynecology Director of Gynecologic Ultrasound Co-Director Bone Densitometry and Body Composition New York University School of Medicine New York, NY</i></p>	<p><i>Tissue Selective Estrogen Complexes: Not Your Mother’s Hormone Therapy</i></p>
5	<p>Howard N Hodis, MD <i>Harry J Bauer and Dorothy Bauer Rawlins Professor of Cardiology Professor of Medicine and Preventive Medicine Professor of Molecular Pharmacology and Toxicology Director, Atherosclerosis Research Unit Division of Cardiovascular Medicine Keck School of Medicine, University of Southern California Los Angeles, CA</i></p>	<p><i>Preventing Coronary Heart Disease and Reducing Mortality With Hormone Therapy in Young Postmenopausal Women: The Latest Data</i></p>
6	<p>Hadine Joffe, MD, MSc <i>Associate Professor of Psychiatry, Harvard Medical School Vice Chair for Psychiatry Research Director of Division of Women’s Mental Health Department of Psychiatry, Brigham and Women’s Hospital Director of Psycho-Oncology Research Department of Psychosocial Oncology and Palliative Care Dana Farber Cancer Institute Boston, MA</i></p>	<p><i>Complex Menopause Symptom Management in Survivors of Cancer</i></p>

#	Moderator	Discussion Topic
7	<p>Risa Kagan, MD, FACOG, CCD, NCMP <i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences University of California, San Francisco East Bay Physicians Medical Group Berkeley, CA</i></p>	<p><i>Optimal Menopause Therapies: Hormone Therapy, Tissue Selective Estrogen Complexes, Selective Estrogen Receptor Modulators, and Selective Serotonin Reuptake Inhibitors</i></p>
8	<p>Sheryl A Kingsberg, PhD <i>Chief, Division of Behavioral Medicine University Hospitals Case Medical Center MacDonald Women’s Hospital Professor, Departments of Reproductive Biology and Psychiatry Case Western Reserve University School of Medicine Cleveland, OH</i></p>	<p><i>Satisfying the Sexual Concerns of Your Postmenopausal Patient: From Assessment to Treatment</i></p>
9	<p>Michael L Krychman, MDCM <i>Executive Director Southern California Center for Sexual Health and Survivorship Medicine Newport Beach, CA Associate Clinical Professor University of California, Irvine Irvine, CA</i></p>	<p><i>What’s Hot in Sexual Medicine for the 21st Century: New Innovations and Cutting-Edge Developments</i></p>
10	<p>James H Liu, MD, NCMP <i>Arthur H. Bill Professor and Chair Department of Obstetrics and Gynecology University Hospitals Case Medical Center MacDonald Women’s Hospital Department of Reproductive Biology Case Western Reserve University School of Medicine Cleveland, OH</i></p>	<p><i>Clinical Strategies to Reduce the Risks of Hormone Therapy</i></p>
11	<p>Diane Madfes, MD, PC <i>Dermatologist and Assistant Clinical Professor Department of Dermatology Mt Sinai Medical Center New York, NY</i></p>	<p><i>Menopause Changes in the Skin: What to Do About It</i></p>
12	<p>Pauline M Maki, PhD <i>Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Program Senior Director of Research, UIC Center for Research on Women and Gender University of Illinois at Chicago Chicago, IL</i></p>	<p><i>Cognition and the Menopause Transition</i></p>
13	<p>Michael R McClung, MD <i>Founding Director Oregon Osteoporosis Center Portland, OR</i></p>	<p><i>Current Issues in Osteoporosis</i></p>
14	<p>Lila E Nachtigall, MD, NCMP <i>Professor of Obstetrics and Gynecology Co-Director, Interdisciplinary Menopause Section New York University School of Medicine New York, NY</i></p>	<p><i>Probable Cause for Weight Gain After Menopause</i></p>

Friday, October 13, 2017—6:45 AM to 7:45 AM

#	Moderator	Discussion Topic
15	<p>Gloria A Richard-Davis, MD, FACOG, NCMP <i>Division Director, Reproductive Endocrinology and Infertility University of Arkansas Medical Sciences Department of Obstetrics and Gynecology Little Rock, AR</i></p>	<p><i>Emerging Technology: Its Effect on the Future of Women's Healthcare and Menopause Management</i></p>
16	<p>Martha K Richardson, MD <i>Director, Menopause Consultation Service Harvard Vanguard Medical Associates Boston, MA</i></p>	<p><i>Having the Conversation About Bioidenticals</i></p>
17	<p>Nanette F Santoro, MD <i>Professor and E. Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Denver, CO</i></p>	<p><i>It's Not Just the Hot Flashes: What Symptoms Can We Truly Attribute to Menopause?</i></p>
18	<p>Isaac Schiff, CM, MD <i>Joe Vincent Meigs Distinguished Professor of Gynecology Harvard Medical School Chief, Department of Obstetrics and Gynecology, Emeritus The Women's Care Division Massachusetts General Hospital Boston, MA</i></p>	<p><i>Update on Estrogen Therapy</i></p>
19	<p>Peter F Schnatz, DO, FACOG, FACP, NCMP <i>Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital Reading, PA</i></p>	<p><i>Hormone Therapy and Coronary Artery Disease: What Do We Know 15 Years After the Women's Health Initiative?</i></p>
20	<p>Jan L Shifren, MD, NCMP <i>Director, Midlife Women's Health Center Massachusetts General Hospital Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Boston, MA</i></p>	<p><i>Everything You Wanted to Know About Sex at Midlife But Were Afraid to Ask</i></p>
21	<p>James A Simon, MD, CCD, NCMP, IF, FACOG <i>Clinical Professor, George Washington University Medical Director, Women's Health and Research Consultants Washington, DC</i></p>	<p><i>Nonhormone Treatment of Sexual Dysfunction in Postmenopausal Women</i></p>
22	<p>Claudio N Soares, MD, PhD, FRCPC, MBA <i>Professor of Psychiatry, Queen's University School of Medicine Kingston, Ontario, Canada Executive Lead, Canadian Biomarker Integration Network for Depression (CAN-BIND) St. Michael's Hospital, University of Toronto Toronto, Ontario, Canada</i></p>	<p><i>Managing Depression and Promoting Emotional Resilience: What Are the New Tools?</i></p>
23	<p>Cynthia A Stuenkel, MD, NCMP <i>Clinical Professor of Medicine University of California, San Diego La Jolla, CA</i></p>	<p><i>Comparing the Menopause Guidelines: How Are They Similar? How Do They Differ?</i></p>
24	<p>Rebecca C Thurston, PhD <i>Professor of Psychiatry and Clinical and Translational Science Director, Women's Biobehavioral Health Laboratory Director, Midlife Women's Behavioral Health Clinic University of Pittsburgh Pittsburgh, PA</i></p>	<p><i>Vasomotor Symptoms: What's the Latest?</i></p>

#	Moderator	Discussion Topic
25	<p>Michelle Warren, MD, NCMP <i>Medical Director Center for Menopause, Hormonal Disorders, and Women’s Health Professor of Medicine, Obstetrics, and Gynecology Wyeth Professor of Women’s Health Columbia Presbyterian Medical Center Department of Obstetrics and Gynecology New York, NY</i></p>	<p><i>Pitfalls in Starting and Stopping Hormone Therapy</i></p>
26	<p>New Members Only Table JoAnn V Pinkerton, MD, NCMP <i>Executive Director, The North American Menopause Society Professor of Obstetrics and Gynecology and Division Director of Midlife Health The University of Virginia Health System Charlottesville, VA</i></p>	<p><i>Bioidentical Hormone Therapy</i></p>
27	<p>New Members Only Table Marla Shapiro, CM, MDCM, CCFP, MHSC, FRCPC, FCFP, NCMP <i>Professor Department of Family and Community Medicine University of Toronto Toronto, ON, Canada</i></p>	<p><i>NAMS 2017 Hormone Therapy Position Statement</i></p>