



# NAMS 2017 Annual Meeting

Philadelphia Marriott Downtown ■ October 11–14, 2017



During the 2017 NAMS Annual Meeting, two “Meet the Experts” CME Breakfast Sessions will be offered at a small additional fee. Participants will be eligible to receive 1 hour of CME credit through NAMS. Sign up for tables (see topics and moderators below) when you register to attend the Annual Meeting.

## Tables Are Limited to 9 Participants—Sign Up Today!

**New Members Only:** During the Friday, October 12, CME Breakfast Session, there will be two **New Members Only** tables for those who joined NAMS during 2017.

These tables are hosted by Dr. JoAnn Pinkerton and Dr. Marla Shapiro.

This special New Member event and CME credit are offered at no charge to eligible participants!

Contact NAMS ([members@menopause.org](mailto:members@menopause.org)) for more details.

Thursday, October 12, 2017—7:00 AM to 8:00 AM		
#	Moderator	Discussion Topic
1	<b>Diana L Bitner, MD, NCMP</b> <i>Director, Midlife and Menopause Health Services Spectrum Health Assistant Professor Michigan State University College of Human Medicine Grand Rapids, MI</i>	<b><i>Building a Midlife and Menopause Practice</i></b>  <b>-SOLD OUT-</b>
2	<b>Vivien Brown, MDCM, CCFP, FCFP, NCMP</b> <i>Assistant Professor Department of Family and Community Medicine University of Toronto Toronto, ON, Canada</i>	<b><i>Immunization Guidelines for Midlife Women</i></b>
3	<b>Mindy S Christianson, MD</b> <i>Assistant Professor Division of Reproductive Endocrinology and Infertility Department of Gynecology and Obstetrics Johns Hopkins University School of Medicine Baltimore, MD</i>	<b><i>Primary Ovarian Insufficiency: Management Update</i></b>  <b>-SOLD OUT-</b>
4	<b>Danette Conklin, PhD</b> <i>Clinical Psychologist Director, Midlife Women University Hospitals of Cleveland Medical Center Assistant Professor, Department of Psychiatry Case Western Reserve University Cleveland, OH</i>	<b><i>Managing the Age Rage: How Psychologists Use Cognitive Behavior Therapy to Help Patients Cope With Psychosocial Factors Affecting Menopause</i></b>  <b>-SOLD OUT-</b>
5	<b>Tobias J De Villiers, MBChB, MMed, FCOG, FRCOG</b> <i>Department of Obstetrics and Gynaecology Stellenbosch University Stellenbosch, Western Cape, South Africa</i>	<b><i>Osteoporosis: Who to Treat and How</i></b>  <b>-SOLD OUT-</b>

**Thursday, October 12, 2017—7:00 AM to 8:00 AM**

#	Moderator	Discussion Topic
6	<p><b>Susan M Domchek, MD</b>  <i>Director, Basser Center for BRCA                      Basser Professor of Oncology                      University of Pennsylvania                      Philadelphia, PA</i></p>	<p><b><i>Updates on Genetic Testing</i></b>   <b>-SOLD OUT-</b></p>
7	<p><b>Samar R El Khoudary, PhD, MPH, BPharm, FAHA</b>  <i>Associate Professor of Epidemiology                      University of Pittsburgh                      Pittsburgh, PA</i></p>	<p><b><i>Good Cholesterol and Menopause</i></b></p>
8	<p><b>C Neill Epperson, MD</b>  <i>Professor of Psychiatry and Obstetrics and Gynecology                      Director, Penn PROMOTES Research on Sex and Gender in Health                      University of Pennsylvania                      Philadelphia, PA</i></p>	<p><b><i>Managing Cognitive Complaints During Menopause</i></b>   <b>-SOLD OUT-</b></p>
9	<p><b>Cynthia Evans, MD, FACOG, NCMP</b>  <i>Professor, Department of Obstetrics and Gynecology                      The Ohio State University College of Medicine                      Columbus, OH</i></p>	<p><b><i>Primary Ovarian Insufficiency</i></b>   <b>-SOLD OUT-</b></p>
10	<p><b>Stephanie S Faubion, MD, FACP, NCMP, IF</b>  <i>Director, Executive and International Medicine                      Director, Office of Women’s Health                      Associate Professor of Medicine                      Division of General Internal Medicine                      Mayo Clinic                      Rochester, MN</i></p>	<p><b><i>Hormone Management of Migraine in Perimenopause</i></b>   <b>-SOLD OUT-</b></p>
11	<p><b>Nicole G Jaff, PhD, NCMP</b>  <i>Menopause Counselor, Women’s Health                      Wits Donald Gordon Medical Centre                      Honorary Lecturer, Department of Chemical Pathology, Faculty of Health Sciences, University of the Witwatersrand                      Research Scientist, Atrium Foundation                      Johannesburg, South Africa</i></p>	<p><b><i>My Healthcare Provider Says Menopause Isn’t a Disease, But Sometimes it Sure Feels Like One: Identifying and Treating Psychological Issues in Midlife Women</i></b>   <b>-SOLD OUT-</b></p>
12	<p><b>Anita M Kelsey, MD, FACC, FASE</b>  <i>Associate Chief of Cardiology                      Saint Francis Hospital and Medical Center                      Associate Professor of Medicine                      University of Connecticut                      Hartford, CT</i></p>	<p><b><i>Ischemic Heart Disease in Women</i></b>   <b>-SOLD OUT-</b></p>
13	<p><b>Cheryl Cox Kinney, MD, FACOG</b>  <i>Obstetrician and Gynecologist                      Center for Female Health and Hormone Disorders                      Medical City Dallas                      Dallas, TX</i></p>	<p><b><i>Weight Loss for the Menopause Patient: What’s New and What Works?</i></b>   <b>-SOLD OUT-</b></p>
14	<p><b>Lisa C Larkin, MD, NCMP</b>  <i>Lisa Larkin and Associates                      Internal Medicine and Women’s Health                      Director, Women’s Corporate Health, Tri Health                      Cincinnati, OH</i></p>	<p><b><i>Individualized Breast Cancer Risk Assessment</i></b>   <b>-SOLD OUT-</b></p>

**Thursday, October 12, 2017—7:00 AM to 8:00 AM**

#	Moderator	Discussion Topic
15	<p><b>Kathryn Macaulay, MD, NCMP</b>  <i>Clinical Professor, Department of Reproductive Medicine                      University of California, San Diego Health System                      San Diego, CA</i></p>	<p><b><i>Contraception During Perimenopause-</i></b>   <b>-SOLD OUT-</b></p>
16	<p><b>Mary Jane Minkin, MD, NCMP</b>  <i>Clinical Professor                      Department of Obstetrics, Gynecology, and Reproductive Sciences                      Yale University School of Medicine                      New Haven, CT</i></p>	<p><b><i>Menopause Management in Survivors of Breast Cancer</i></b>   <b>-SOLD OUT-</b></p>
17	<p><b>Susan D Reed, MD, MPH</b>  <i>Research Director, Women’s Reproductive Health Research Program                      Professor, Department of Obstetrics, Gynecology, and Epidemiology                      University of Washington School of Medicine                      Chief of Service, Obstetrics and Gynecology, Harborview Medical Center                      Seattle, WA</i></p>	<p><b><i>Vaginal Health</i></b>   <b>-SOLD OUT-</b></p>
18	<p><b>Wen Shen, MD, MPH</b>  <i>Assistant Professor of Gynecology and Obstetrics                      Johns Hopkins University School of Medicine                      Baltimore, MD</i></p>	<p><b><i>Menopause and Chronic Illness</i></b>   <b>-SOLD OUT-</b></p>
19	<p><b>Chrisandra L Shufelt, MD, MS, FACP, NCMP</b>  <i>Associate Director, Barbra Streisand Women’s Heart Center and                      Preventive and Rehabilitative Cardiac Center                      Director, Women’s Hormone and Menopause Program                      Associate Professor of Medicine, Cedars-Sinai Medical Center                      Los Angeles, CA</i></p>	<p><b><i>Hormone Therapy and the Heart: What You Need to Know</i></b>   <b>-SOLD OUT-</b></p>
20	<p><b>Ann L Steiner, MD, FACOG, NCMP</b>  <i>Clinical Professor of Obstetrics and Gynecology                      Director and Founder, Menopause Clinic, Dickens Center for Women                      Perelman School of Medicine, University of Pennsylvania                      Philadelphia, PA</i></p>	<p><b><i>Providing Menopause Education for Residents and Establishing a Teaching Program</i></b>   <b>-SOLD OUT-</b></p>
21	<p><b>Lauren Streicher, MD, NCMP</b>  <i>Medical Director, Center for Sexual Health                      Northwestern Medicine Center                      Associate Clinical Professor of Obstetrics and Gynecology                      Feinberg School of Medicine, Northwestern University                      Chicago, IL</i></p>	<p><b><i>Postmenopause Orgasmic Dysfunction: Finding the Elusive “O”</i></b>   <b>-SOLD OUT-</b></p>
22	<p><b>Holly L Thacker, MD, FACP, CCD, NCMP</b>  <i>Professor and Director, Center for Specialized Women’s Health                      Obstetrics, Gynecology, and Women’s Health Institute                      Cleveland Clinic Lerner College of Medicine of CWRU                      Executive Director, Speaking of Women’s Health                      Cleveland, OH</i></p>	<p><b><i>What You Need to Know About Prescribing Flibanserin for Female Sexual Interest/Arousal Disorder and What’s New in Pelvic Floor Stimulation for Female Sexual Dysfunction</i></b></p>
23	<p><b>Melissa Wellons, MD, MHS</b>  <i>Assistant Professor                      Medicine Division of Diabetes, Endocrinology, and Metabolism                      Vanderbilt University Medical Center                      Nashville, TN</i></p>	<p><b><i>The Role of Antimüllerian Hormone Measurement in Menopause Medicine</i></b>   <b>-SOLD OUT-</b></p>
24	<p><b>Wendy L Wolfman, MD, FRCS(C), FACOG, NCMP</b>  <i>Professor, Department of Obstetrics and Gynecology                      University of Toronto                      Director, Menopause Unit, Mount Sinai Hospital                      Toronto, ON, Canada</i></p>	<p><b><i>Optimizing Hormone Therapy</i></b>   <b>-SOLD OUT-</b></p>

#	Moderator	Discussion Topic
1	<p><b>David F Archer, MD, NCMP</b>  <i>Professor of Obstetrics and Gynecology                      Director, Clinical Research Center                      Eastern Virginia Medical School                      Department of Obstetrics and Gynecology                      Norfolk, VA</i></p>	<p><b><i>A Biologic Window of the Menopause: The Vagina</i></b></p>
2	<p><b>Lisa Astalos Chism, DNP, APRN, NCMP, FAANP</b>  <i>Clinical Director, Women’s Wellness Clinic                      Sexual Health Counselor and Educator                      Karmanos Cancer Institute                      Adjunct Assistant Professor, Department of Surgery                      Wayne State University School of Medicine                      Detroit, MI</i>                      —and—  <p><b>Diane Todd Pace, PhD, APRN, FNP-BC, NCMP, FAANP</b>  <i>Associate Professor and Director, Special Academic Programs                      Department of Health Promotion and Disease Prevention                      University of Tennessee Health Science Center, College of Nursing                      Memphis, TN</i></p> </p>	<p><b><i>Integrating Sexual Health Into Your Practice</i></b>                      -SOLD OUT-</p>
3	<p><b>J Christopher Gallagher, MD</b>  <i>Professor, Department of Medicine                      Director of Bone Metabolism Unit                      Division of Endocrinology                      Creighton University School of Medicine                      Omaha, NE</i></p>	<p><b><i>Vitamin D: A Cure for Everything?</i></b>                      -CANCELED-</p>
4	<p><b>Steven R Goldstein, MD, FACOG, CCD, NCMP</b>  <i>Professor of Obstetrics and Gynecology                      Director of Gynecologic Ultrasound                      Co-Director Bone Densitometry and Body Composition                      New York University School of Medicine                      New York, NY</i></p>	<p><b><i>Tissue Selective Estrogen Complexes: Not Your Mother’s Hormone Therapy</i></b></p>
5	<p><b>Howard N Hodis, MD</b>  <i>Harry J Bauer and Dorothy Bauer Rawlins Professor of Cardiology                      Professor of Medicine and Preventive Medicine                      Professor of Molecular Pharmacology and Toxicology                      Director, Atherosclerosis Research Unit                      Division of Cardiovascular Medicine                      Keck School of Medicine, University of Southern California                      Los Angeles, CA</i></p>	<p><b><i>Preventing Coronary Heart Disease and Reducing Mortality With Hormone Therapy in Young Postmenopausal Women: The Latest Data</i></b>                      -SOLD OUT-</p>
6	<p><b>Hadine Joffe, MD, MSc</b>  <i>Associate Professor of Psychiatry, Harvard Medical School                      Vice Chair for Psychiatry Research                      Director of Division of Women’s Mental Health                      Department of Psychiatry, Brigham and Women’s Hospital                      Director of Psycho-Oncology Research                      Department of Psychosocial Oncology and Palliative Care                      Dana Farber Cancer Institute                      Boston, MA</i></p>	<p><b><i>Complex Menopause Symptom Management in Survivors of Cancer</i></b>                      -SOLD OUT-</p>

**Friday, October 13, 2017—6:45 AM to 7:45 AM**

#	Moderator	Discussion Topic
7	<p><b>Risa Kagan, MD, FACOG, CCD, NCMP</b>  <i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences                      University of California, San Francisco                      East Bay Physicians Medical Group                      Berkeley, CA</i></p>	<p><b><i>Optimal Menopause Therapies: Hormone Therapy, Tissue Selective Estrogen Complexes, Selective Estrogen Receptor Modulators, and Selective Serotonin Reuptake Inhibitors</i></b>  <b>-SOLD OUT-</b></p>
8	<p><b>Sheryl A Kingsberg, PhD</b>  <i>Chief, Division of Behavioral Medicine                      University Hospitals Case Medical Center                      MacDonald Women’s Hospital                      Professor, Departments of Reproductive Biology and Psychiatry                      Case Western Reserve University School of Medicine                      Cleveland, OH</i></p>	<p><b><i>Satisfying the Sexual Concerns of Your Postmenopausal Patient: From Assessment to Treatment</i></b>  <b>-SOLD OUT-</b></p>
9	<p><b>Michael L Krychman, MDCM</b>  <i>Executive Director                      Southern California Center for Sexual Health and Survivorship Medicine                      Newport Beach, CA                      Associate Clinical Professor                      University of California, Irvine                      Irvine, CA</i></p>	<p><b><i>What’s Hot in Sexual Medicine for the 21st Century: New Innovations and Cutting-Edge Developments</i></b>  <b>-SOLD OUT-</b></p>
10	<p><b>James H Liu, MD, NCMP</b>  <i>Arthur H. Bill Professor and Chair                      Department of Obstetrics and Gynecology                      University Hospitals Case Medical Center                      MacDonald Women’s Hospital                      Department of Reproductive Biology                      Case Western Reserve University School of Medicine                      Cleveland, OH</i></p>	<p><b><i>Clinical Strategies to Reduce the Risks of Hormone Therapy</i></b>  <b>-SOLD OUT-</b></p>
11	<p><b>Diane Madfes, MD, PC</b>  <i>Dermatologist and Assistant Clinical Professor                      Department of Dermatology                      Mt Sinai Medical Center                      New York, NY</i></p>	<p><b><i>Menopause Changes in the Skin: What to Do About It</i></b>  <b>-SOLD OUT-</b></p>
12	<p><b>Pauline M Maki, PhD</b>  <i>Professor of Psychiatry and Psychology                      Director, Women’s Mental Health Research Program                      Senior Director of Research, UIC Center for Research on Women and Gender                      University of Illinois at Chicago                      Chicago, IL</i></p>	<p><b><i>Cognition and the Menopause Transition</i></b>  <b>-SOLD OUT-</b></p>
13	<p><b>Michael R McClung, MD</b>  <i>Founding Director                      Oregon Osteoporosis Center                      Portland, OR</i></p>	<p><b><i>Current Issues in Osteoporosis</i></b>  <b>-CANCELED-</b></p>
14	<p><b>Lila E Nachtigall, MD, NCMP</b>  <i>Professor of Obstetrics and Gynecology                      Co-Director, Interdisciplinary Menopause Section                      New York University School of Medicine                      New York, NY</i></p>	<p><b><i>Probable Cause for Weight Gain After Menopause</i></b>  <b>-SOLD OUT-</b></p>

**Friday, October 13, 2017—6:45 AM to 7:45 AM**

#	Moderator	Discussion Topic
15	<p><b>Gloria A Richard-Davis, MD, FACOG, NCMP</b>  <i>Division Director, Reproductive Endocrinology and Infertility                      University of Arkansas Medical Sciences                      Department of Obstetrics and Gynecology                      Little Rock, AR</i></p>	<p><b><i>Emerging Technology: Its Effect on the Future of Women's Healthcare and Menopause Management</i></b></p>
16	<p><b>Martha K Richardson, MD</b>  <i>Director, Menopause Consultation Service                      Harvard Vanguard Medical Associates                      Boston, MA</i></p>	<p><b><i>Having the Conversation About Bioidenticals</i></b></p>
17	<p><b>Nanette F Santoro, MD</b>  <i>Professor and E. Stewart Taylor Chair of Obstetrics and Gynecology                      University of Colorado School of Medicine                      Denver, CO</i></p>	<p><b><i>It's Not Just the Hot Flashes: What Symptoms Can We Truly Attribute to Menopause?</i></b></p>
18	<p><b>Isaac Schiff, CM, MD</b>  <i>Joe Vincent Meigs Distinguished Professor of Gynecology                      Harvard Medical School                      Chief, Department of Obstetrics and Gynecology, Emeritus                      The Women's Care Division                      Massachusetts General Hospital                      Boston, MA</i></p>	<p><b><i>Update on Estrogen Therapy</i></b>   <b>-SOLD OUT-</b></p>
19	<p><b>Peter F Schnatz, DO, FACOG, FACP, NCMP</b>  <i>Associate Chairman and Residency Program Director                      Department of Obstetrics and Gynecology                      The Reading Hospital                      Reading, PA</i></p>	<p><b><i>Hormone Therapy and Coronary Artery Disease: What Do We Know 15 Years After the Women's Health Initiative?</i></b>   <b>-SOLD OUT-</b></p>
20	<p><b>Jan L Shifren, MD, NCMP</b>  <i>Director, Midlife Women's Health Center                      Massachusetts General Hospital                      Professor of Obstetrics, Gynecology, and Reproductive Biology                      Harvard Medical School                      Boston, MA</i></p>	<p><b><i>Everything You Wanted to Know About Sex at Midlife But Were Afraid to Ask</i></b>   <b>-SOLD OUT-</b></p>
21	<p><b>James A Simon, MD, CCD, NCMP, IF, FACOG</b>  <i>Clinical Professor, George Washington University                      Medical Director, Women's Health and Research Consultants                      Washington, DC</i></p>	<p><b><i>Nonhormone Treatment of Sexual Dysfunction in Postmenopausal Women</i></b>   <b>-SOLD OUT-</b></p>
22	<p><b>Claudio N Soares, MD, PhD, FRCPC, MBA</b>  <i>Professor of Psychiatry, Queen's University School of Medicine                      Kingston, Ontario, Canada                      Executive Lead, Canadian Biomarker Integration Network for Depression (CAN-BIND)                      St. Michael's Hospital, University of Toronto                      Toronto, Ontario, Canada</i></p>	<p><b><i>Managing Depression and Promoting Emotional Resilience: What Are the New Tools?</i></b>   <b>-SOLD OUT-</b></p>
23	<p><b>Cynthia A Stuenkel, MD, NCMP</b>  <i>Clinical Professor of Medicine                      University of California, San Diego                      La Jolla, CA</i></p>	<p><b><i>Comparing the Menopause Guidelines: How Are They Similar? How Do They Differ?</i></b></p>
24	<p><b>Rebecca C Thurston, PhD</b>  <i>Professor of Psychiatry and Clinical and Translational Science                      Director, Women's Biobehavioral Health Laboratory                      Director, Midlife Women's Behavioral Health Clinic                      University of Pittsburgh                      Pittsburgh, PA</i></p>	<p><b><i>Vasomotor Symptoms: What's the Latest?</i></b></p>

#	Moderator	Discussion Topic
25	<p><b>Michelle Warren, MD, NCMP</b>  <i>Medical Director                      Center for Menopause, Hormonal Disorders, and Women’s Health                      Professor of Medicine, Obstetrics, and Gynecology                      Wyeth Professor of Women’s Health                      Columbia Presbyterian Medical Center                      Department of Obstetrics and Gynecology                      New York, NY</i></p>	<p><b><i>Pitfalls in Starting and Stopping Hormone Therapy</i></b></p> <p><b>-SOLD OUT-</b></p>
26	<p><b>New Members Only Table</b>  <b>JoAnn V Pinkerton, MD, NCMP</b>  <i>Executive Director, The North American Menopause Society                      Professor of Obstetrics and Gynecology and                      Division Director of Midlife Health                      The University of Virginia Health System                      Charlottesville, VA</i></p>	<p><b><i>Bioidentical Hormone Therapy</i></b></p>
27	<p><b>New Members Only Table</b>  <b>Marla Shapiro, CM, MDCM, CCFP, MHSC, FRCPC, FCFP, NCMP</b>  <i>Professor                      Department of Family and Community Medicine                      University of Toronto                      Toronto, ON, Canada</i></p>	<p><b><i>NAMS 2017 Hormone Therapy Position Statement</i></b></p>