



## **CME Mission Statement**

(Updated January 2021)

The overall Mission of The North American Menopause Society (NAMS) is to promote the health and quality of life of all women during midlife and beyond through an understanding of menopause and healthy aging to all healthcare providers managing the healthcare of women, regardless of specialty or provider type.

Through its continuing medical education activities, NAMS is committed to advancing and encouraging the interchange of information and to providing authoritative, independent, current, and scientifically validated education and information to those who provide healthcare to midlife and older women and to women themselves. The Society's educational activities, via multiple delivery formats, cover all aspects of menopause and related care, including

- Issues for women at all stages of the menopause spectrum—perimenopause, menopause, and postmenopause
- Normal physiology and clinical evaluation
- Management of other common clinical issues for midlife women including, among others, vasomotor symptoms, sexual function, mood, cognition, sleep, genitourinary syndrome of menopause, and urogynecologic health
- Current and accurate information on all treatment options including hormone and nonhormone therapies
- Evidence-based information on the connection between menopause and treatment options for other midlife health issues including cardiovascular disease, osteoporosis, breast, and ovarian cancer

As the preeminent professional organization for healthcare providers and researchers involved in midlife women's health across North America and perhaps the world, NAMS expects that its education efforts will result in improvement in provider knowledge, competence, performance, skills, and attitudes regarding menopause and healthy aging in women by providing the most up-to-date, evidence-based, unbiased, and comprehensive education on these topics, optimizing translation of the latest scientific findings to clinical practice. NAMS also promotes research through scientific meetings and mentorship programs so that menopause science will continue to advance and improve women's health and quality of life in the future. NAMS continues to play a pivotal role in empowering midlife and older women to make more informed health decisions by providing education to the public, including members of the media.