

## 2022-2024 NAMS Mentor/Mentee Pairs

July 25, 2022

### Mentee

### Mentor



**Talia H Sobel, MD**  
Senior Associate Consultant  
Women's Health  
Internal Medicine  
Scottsdale, Arizona

*Areas of interest:* Sexual health disorders in midlife women, management of genitourinary syndrome of menopause, weight management in perimenopause and postmenopause.



**Alison Huang, MS, MAS, MPhil**  
Professor of Medicine, Urology,  
and Biostatistics  
University of California  
San Francisco  
San Francisco, California



**Sandra Sufian, PhD, MPH**  
Professor, History of Medicine  
and Disability  
Health Humanities  
University of Illinois at Chicago  
Chicago, Illinois

*Areas of interest:* Intersection of menopause transition and chronic/rare disease, hormone therapy and women with chronic illness, quality-of-life issues and menopause.



**Pauline M Maki, PhD**  
Professor of Psychiatry,  
Psychology, and Obstetrics and  
Gynecology  
Senior Director of Research,  
Center for Research on Women  
and Gender  
Associate Dean for Faculty  
Affairs  
University of Illinois College of  
Medicine  
Chicago, Illinois



**Amber Watts, PhD**  
Associate Professor of Clinical  
Psychology  
University of Kansas Alzheimer's  
Disease Center  
Director, BRANCH Lab  
Lawrence, Kansas

*Areas of interest:* Menopause changes as a risk factor for Alzheimer disease, lifestyle interventions for exercise and sleep in perimenopause and postmenopause, menopause education and support.



**Pallavi Khanna, MD, FACOG,  
NCMP**  
Associate Professor of Medicine,  
Obstetrics, and Gynecology  
University of Tennessee Health  
Science Center  
Memphis, Tennessee