



Menopause

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JoAnn V. Pinkerton, MD, FACOG, NCMP, James H. Liu, MD, NCMP,
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Stephanie S. Faubion, MD, MBA, FACP, NCMP, IF, and
JoAnn E. Manson, MD, DrPH, FACP, NCMP

Symposium Report

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Workshop on normal reference ranges for estradiol in postmenopausal women, September 2019, Chicago, Illinois

Richard J. Santen, MD, JoAnn V. Pinkerton, MD, FACOG, NCMP,
and James H. Liu, MD, NCMP, Alvin M. Matsumoto, MD, FACP,
Roger A. Lobo, MD, FACOG, Susan R. Davis, MBBS, FRACP, PhD, FAHMS,
and James A. Simon, MD, CCD, NCMP, IF, FACOG

The Workshop on Normal Ranges for Estradiol in Postmenopausal Women was organized to review existing analytical methodologies for measuring estradiol in postmenopausal women and to assess whether the existing data and study cohorts were suitable in establishing normal postmenopause ranges. The anticipated outcome of the workshop was to develop recommendations for establishing normal ranges generated with a standardized and certified assay that could be adopted by clinical and research communities.

Editorials

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Adding up the healthcare costs when estrogen therapy is avoided after hysterectomy
Philip M. Sarrel, MD

(continued)

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Is metabolically healthy obesity really healthy?

Sybil L. Crawford, PhD

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Menopause and society: the association of educational level, social status, and financial status with positive versus negative perceptions about menopause

Annekathryn Goodman, MD, MPH

Original Studies

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The Women's Health Initiative Estrogen-alone Trial had differential disease and medical expenditure consequences across age groups

Macarius M. Donneyong, PhD, MPH, Teng-Jen Chang, MSc, PhD, Joshua A. Roth, PhD, MHA, McKenna Guilds, BS, Daniel Ankrah, PhD, MPH, Mehdi Najafzadeh, PhD, MSc, MA, Wendy Y. Xu, PhD, Rowan T. Chlebowski, MD, PhD, Karen Margolis, MD, MPH, and JoAnn E. Manson, MD, DrPH

This analysis examined the impact of the Women's Health Initiative (WHI) Hormone Therapy (HT) trials on the utilization of estrogen-alone among women who had undergone hysterectomy in the US. The data show that the WHI estrogen alone (ET) results were extrapolated across postmenopausal women of all ages and the subsequent decline in ET utilization had adverse effects in younger women but favorable effects in older women.

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Incidence of diabetes according to metabolically healthy or unhealthy normal weight or overweight/obesity in postmenopausal women: the Women's Health Initiative

Amber R. Cordola Hsu, PhD, MPH, Susan L. Ames, PhD, MA, Bin Xie, PhD, MS, Darleen V. Peterson, PhD, MPH, MA, Lorena Garcia, DrPH, MPH, Scott B. Going, PhD, Lawrence S. Phillips, MD, JoAnn E. Manson, MD, DrPH, Hoda Anton-Culver, PhD, and Nathan D. Wong, PhD, MPH

Among postmenopausal women, metabolically unhealthy normal weight and metabolically healthy overweight/obese confer an approximate doubling in the risk and metabolically unhealthy overweight/obese more than a four-fold increased risk for developing diabetes.

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Knowledge and attitudes associated with menopause among women aged 45 to 60 years: a pilot study among rural and urban women in Bangladesh

Md. Golam Dostogir Harun, MPH, MSS, Umme Salema, MPH, MSS, Aluddin Chowdhury ABM, PhD, MSS, Md. Imdadul Haque, MPH, MSS, Mohammad Abdullah Heel Kafi, MSc, Md. Shahajahan, PhD, MSc, and Sabrina Sharmin, MPH, MSS

Public health messaging to increase awareness and knowledge about menopause should be undertaken to overcome stigma and shame associated with menopause in Bangladesh.

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Family history of premature myocardial infarction modifies the associations between bilateral oophorectomy and cardiovascular disease mortality in a US national cohort of postmenopausal women

Duke Appiah, PhD, MPH, Chike C. Nwabuo, MD, MPH, Damilola R. Owoade, MPH, Jaffer Samad, MPH, Imo Ebong, MD, MS, and Stephen J. Winters, MD

This study showed that the risk of heart disease mortality, cardiovascular disease mortality, or all-cause mortality in women with bilateral oophorectomy was modified by a family history of premature myocardial infarction. This observed risk was higher in women undergoing bilateral oophorectomy at younger ages (< 45 years) than those who had this procedure at older ages.

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Coexistence of metabolic syndrome and osteopenia associated with social inequalities and unhealthy lifestyle among postmenopausal women in South Korea: the 2008 to 2011 Korea National Health and Nutritional Examination Survey (KNHANES)

Hansongyi Lee, PhD, Jieun Kim, PhD, and Hyunjung Lim, PhD

Social inequities might contribute to Korean women having metabolic syndrome and osteopenia.

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Bacterial vaginosis diagnosis and treatment in postmenopausal women: a survey of clinician practices

Katrina S. Mark, MD, Beatriz Tenorio, MD, Christina A. Stennett, MPH, Khalil G. Ghanem, MD, PhD, and Rebecca M. Brotman, PhD, MPH

Methods used to evaluate postmenopausal women with vaginal symptoms vary. Future studies of post-menopausal women that differentiate diagnostic criteria between bacterial vaginosis (BV) and genitourinary syndrome of menopause and validate commercial molecular testing for BV in women over age 50 are needed.

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Do trends of adiposity and metabolic parameters vary in women with different ovarian reserve status? A population-based cohort study

Mina Amiri, PhD, Fahimeh Ramezani Tehrani, MD, Maryam Rahmati, PhD, Faezeh Firouzi, MD, and Feriedoun Azizi, MD

Women with lower ovarian reserve do not experience different over time trends of adiposity and glucose metabolism parameters during their reproductive life span.

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Baseline estrogen levels in postmenopausal women participating in the MAP.3 breast cancer chemoprevention trial

Harriet Richardson, PhD, Vikki Ho, PhD, Romain Pasquet, PhD, Ravinder J. Singh, PhD, Matthew P. Goetz, MD, Dongsheng Tu, PhD, Paul E. Goss, MD, PhD, and James N. Ingle, MD, on behalf of the MAP.3 Investigators

There was large inter-individual variability observed for estrone and estradiol that varied significantly by participant characteristics, but with small absolute differences except in the case of BMI.

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Cervical cancer survivors' attitudes and understanding of menopause and hormone therapy

Katherine Cotangco, DO, Quetzal A. Class, PhD, Timothy P. Johnson, PhD, and Rajul Kothari, MD

The data indicate that women are experiencing climacteric symptoms but are overall unmotivated to address symptoms using hormone therapy (HT). Factors such as symptom severity, fear of side effects, income level, or education level were not associated with acceptability of HT for premature menopause.

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Lung cancer aggressiveness in an intermittent hypoxia murine model of postmenopausal sleep apnea

Marta Torres, PhD, Miguel Ángel Martínez-García, MD, PhD,
Francisco Campos-Rodriguez, MD, PhD, David Gozal, MD, PhD,
Josep M. Montserrat, MD, PhD, Daniel Navajas, PhD, Ramon Farré, PhD,
and Isaac Almendros, PhD

Intermittent hypoxia mimicking obstructive sleep apnea and bilateral gonadectomy, as a menopause model, emerge as independent contributors promoting lung cancer malignancy through alterations in the immune response.

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Investigation of eNOS gene polymorphism exposes a genetic association between endothelial dysfunction and osteoporosis in postmenopausal women

Puneetpal Singh, MSc, PhD, Monica Singh, MSc, PhD, Srishti Valecha, MSc,
Rubanpal Khinda, MSc, Nitin Kumar, MSc, Sarabjit Mastana, MSc, PhD,
Surinderpal Singh, MBBS, MD, Pawan K. Juneja, MBBS, MD, and Taranpal Kaur, MBBS, MD
A susceptibility haplotype CTAAAT within the eNOS gene has been observed which is associated with almost double the risk of endothelial dysfunction associated osteoporosis compared to non-carriers. The study revealed that the genetic relationship of endothelial dysfunction and osteoporosis exists in postmenopausal osteoporotic women of Punjab, India.

Personal Perspective

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MsFLASH network vaginal health trial: absence of evidence is NOT evidence of absence

Vanessa A. Lukas, BA, and James A. Simon, MD

Conclusions from the MsFLASH Network Vaginal Health Trial recently reported are contrary to prior robust clinical trials that have evaluated hormone therapy for dyspareunia and vaginal dryness in postmenopausal women, and may lead to new barriers for women to receive prescription coverage for vaginal therapies when over-the-counter products are not effective.

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