



2018 NAMS Annual Meeting Scientific Program

(As of July 18, 2018)

Innovation, Evidence, and Individualization: Moving Menopause Management Forward

Tuesday, October 2, 2018

12:30 PM–1:00 PM	Registration for Translational Science Symposium (Note: Separate Registration Fee From Annual Meeting)
1:00 PM–5:00 PM	Utian Translational Science Symposium <i>New Therapies for Leiomyomas: When Surgery May Not Be the Optimal Approach</i> Supported by grant funding from Allergan
1:00 PM–5:00 PM	Speakers and Topics TBA
5:00 PM–7:00 PM	Registration Desk Open

Wednesday, October 3, 2018

7:00 AM–7:00 PM	Registration Desk Open
7:30 AM–8:00 AM	Pre-Meeting Symposium Registration and Coffee Service (Note: Separate Registration Fee From Annual Meeting)
8:00 AM–1:00 PM	Pre-Meeting Symposium <i>Everything Your Patients Always Wanted to Know About Sex but YOU Were Afraid to Ask</i> Supported by grant funding from TherapeuticsMD
8:00 AM–8:05 AM	Welcome and Introductory Remarks Sheryl A Kingsberg, PhD NAMS President and Co-chair, 2018 Pre-Meeting Symposium Chief, Division of Behavioral Medicine University Hospitals Cleveland Medical Center MacDonald Women's Hospital Professor, Departments of Reproductive Biology and Psychiatry Case Western Reserve University School of Medicine Cleveland, Ohio
8:05 AM–8:30 AM	Epidemiology and Classification: Office-Based Assessment and Communication Skills Sharon J Parish, MD Professor of Medicine, Clinical Psychiatry, Weill Cornell Medicine Attending Physician, New York Presbyterian, Westchester Division White Plains, New York

Wednesday, October 3, 2018 (continued)

8:30 AM–9:00 AM	<p><i>The Biology in the Biopsychosocial Approach to Treating HSDD in Postmenopausal Women</i></p> <p>Irwin Goldstein, MD, IF <i>Director, San Diego Sexual Medicine Director of Sexual Medicine, Alvarado Hospital Clinical Professor of Surgery, University of California San Diego, California</i></p>
9:00 AM–9:30 AM	<p><i>Pharmacologic and Nonpharmacologic Options for Arousal and Orgasm Issues in Postmenopausal Women</i></p> <p>Susan Kellogg Spadt, PhD, CRNP, IF, FCST, CSC <i>Director of Female Sexual Medicine, Center for Pelvic Medicine Drexel University College of Medicine Widener University College of Human Service Professions Academic Urology Center for Pelvic Medicine Philadelphia, Pennsylvania</i></p>
9:30 AM–10:00 AM	<p><i>The Psychosocial in the Biopsychosocial Approach to Treating HSDD, Arousal, and Orgasm Issues in Postmenopausal Women</i></p> <p>Sheryl A Kingsberg, PhD</p>
10:00 AM–10:15 AM	Q&A With Audience
10:15 AM–10:40 AM	Refreshment Break
10:40 AM–11:10 AM	<p><i>The Role of the Physical Therapist in Female Sexual Function and Dysfunction</i></p> <p>Hollis Herman, DPT, PT, MS, OCS, WCS, BCB-PMD, IF, CSC, PRPC <i>Doctor of Physical Therapy Orthopedic and Women’s Health Clinical Specialist and Certified Pelvic Rehabilitation Practitioner HealthyWomen HealthyMen Physical Therapy Co-founder, Herman and Wallace Pelvic Rehabilitation Institute Cambridge, Massachusetts</i></p>
11:10 AM–11:40 AM	<p><i>Treatment Options for Sexual Problems Resulting From Genitourinary Syndrome of Menopause</i></p> <p>Jan L Shifren, MD, NCMP <i>Director, Midlife Women’s Health Center Massachusetts General Hospital Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Boston, Massachusetts</i></p>
11:40 AM–11:50 AM	Q&A With Audience
11:50 AM–12:05 PM	Break and Box Lunch Distribution
12:05 PM–12:25 PM	<p><i>Testosterone for HSDD in Postmenopausal Women: Clinical Perspectives From Sexual Medicine</i></p> <p>Irwin Goldstein, MD, IF</p>
12:25 PM–12:45 PM	<p><i>Testosterone for HSDD in Postmenopausal Women: Clinical Perspectives From Gynecology</i></p> <p>Jan L Shifren, MD, NCMP</p>
12:45 PM–1:00 PM	Q&A With Audience

Wednesday, October 3, 2018 (continued)

1:00 PM–3:00 PM	2019 Scientific Program Committee Meeting <i>Members of the 2019 Scientific Program Committee Only</i>
2:00 PM–4:00 PM	NAMS Certified Menopause Practitioner (NCMP) Competency Examination
2:00 PM–3:15 PM	NAMS Education Committee Meeting
4:30 PM–4:45 PM	Welcome and Introductory Remarks
4:30 PM–4:35 PM	Sheryl A Kingsberg, PhD <i>NAMS President</i> <i>Chief, Division of Behavioral Medicine</i> <i>University Hospitals Cleveland Medical Center</i> <i>MacDonald Women’s Hospital</i> <i>Professor, Departments of Reproductive Biology and Psychiatry</i> <i>Case Western Reserve University School of Medicine</i> <i>Cleveland, Ohio</i>
4:35 PM–4:45 PM	Gloria A Richard-Davis, MD, NCMP <i>Chair, NAMS 2018 Scientific Program Committee</i> <i>Division Director, Reproductive Endocrinology and Infertility</i> <i>University of Arkansas Medical Sciences</i> <i>Department of Obstetrics and Gynecology</i> <i>Little Rock, Arkansas</i>
4:45 PM–6:15 PM	Plenary Symposium 1—Presidential Symposium <i>Sexual Desire: Wired for Wild?</i> <i>Supported in part by grant funding from</i> <i>TherapeuticsMD</i>
	Sheryl A Kingsberg, PhD—Moderator <i>NAMS President</i> <i>Chief, Division of Behavioral Medicine</i> <i>University Hospitals Cleveland Medical Center</i> <i>MacDonald Women’s Hospital</i> <i>Professor, Departments of Reproductive Biology and Psychiatry</i> <i>Case Western Reserve University School of Medicine</i> <i>Cleveland, Ohio</i>
4:45 PM–5:15 PM	<i>Understanding Sexual Drive</i> James G Pfaus, PhD, IF <i>Professor, Department of Psychology</i> <i>Concordia University</i> <i>Montreal, Quebec, Canada</i>
5:15 PM–5:45 PM	<i>Sex & Drugs & Rock & Roll</i> Sheryl A Kingsberg, PhD
5:45 PM–6:15 PM	Q&A With Audience
6:15 PM–8:00 PM	President’s Reception

Thursday, October 4, 2018

7:00 AM–6:00 PM	Registration Desk Open
6:45 AM–8:00 AM	Menopause Editorial Board Meeting and Breakfast
7:00 AM–8:00 AM	Meet the Experts CME Breakfast Sessions <i>(Note: Additional Fee From Annual Meeting Registration)</i>
7:15 AM–8:15 AM	Continental Breakfast for Registrants
8:15 AM–9:15 AM	Keynote Address
	Introduced by Gloria A Richard-Davis, MD, NCMP <i>Chair, NAMS 2018 Scientific Program Committee Division Director, Reproductive Endocrinology and Infertility University of Arkansas Medical Sciences Department of Obstetrics and Gynecology Little Rock, Arkansas</i>
8:15 AM–9:00 AM	Cell Aging and Women's Healthy Aging Elissa Epel, PhD <i>Professor, Department of Psychiatry University of California San Francisco, California</i>
9:00 AM–9:15 AM	Q&A With Audience
9:15 AM–10:45 AM	Plenary Symposium 2—Breast Health <i>Supported in part by grant funding from TherapeuticsMD</i>
	Lisa C Larkin, MD, FACP, NCMP, IF—Moderator <i>Lisa Larkin and Associates Internal Medicine and Women's Health Cincinnati, Ohio</i>
9:15 AM–9:35 AM	Who Needs Genetic Testing for Breast Cancer? Holly J Pederson, MD <i>Director, Medical Breast Services, Cleveland Clinic Associate Professor of Medicine, Case Comprehensive Cancer Center Cleveland, Ohio</i>
9:35 AM–9:55 AM	What's New in Breast Cancer Genetics Nadine M Tung, MD <i>Associate Professor of Medicine, Harvard Medical School Director, Cancer Risk and Prevention Program, Beth Israel Deaconess Medical Center Boston, Massachusetts</i>
9:55 AM–10:15 AM	Point-of-Care Management of GSM in Women With or at High Risk for Breast Cancer Stephanie S Faubion, MD, FACP, NCMP, IF <i>Director, Executive and International Medicine Director, Office of Women's Health Associate Professor of Medicine Division of General Internal Medicine Mayo Clinic Rochester, Minnesota</i>

Thursday, October 4, 2018 (continued)

10:15 AM–10:45 AM	Q&A With Audience
10:45 AM–11:30 AM	Refreshment Break
11:00 AM–11:30 AM	Product Theater <i>Supported by TherapeuticsMD</i>
11:30 AM–12:30 PM	Plenary Symposium 3—A Scientific Update on Alzheimer Disease and Women <i>Supported in part by grant funding from TherapeuticsMD</i>
	Pauline M Maki, PhD—Moderator <i>Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Program Senior Director of Research, UIC Center for Research on Women and Gender University of Illinois at Chicago Chicago, Illinois</i>
11:30 AM–11:50 AM	Perimenopause as a Neurologic Transition State: Emergence of Vulnerabilities to Neurodegenerative Disease Roberta Diaz Brinton, PhD <i>Director, Center for Innovation in Brain Science Professor, Departments of Pharmacology and Neurology College of Medicine, University of Arizona Tucson, Arizona</i>
11:50 AM–12:10 PM	A Scientific Update on Alzheimer Disease: Etiology, Diagnosis, and Treatment Mark W Bondi, PhD, ABPP/CN <i>Past-President, The Society for Clinical Neuropsychology, American Psychological Association Professor of Psychiatry, University of California San Diego School of Medicine Director, Neuropsychological Assessment Unit, VA San Diego Healthcare System San Diego, California</i>
12:10 PM–12:30 PM	Q&A With Audience
12:30 PM–12:45 PM	Box Lunches Distributed
12:45 PM–2:15 PM	Plenary Symposium 4—Vasomotor Symptoms and Hot Flashes <i>Supported in part by grant funding from KaNDy Therapeutics Ltd. TherapeuticsMD</i>
	Rebecca C Thurston, PhD—Moderator <i>Director, Women’s Biobehavioral Health Laboratory Professor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science University of Pittsburgh Pittsburgh, Pennsylvania</i>
12:45 PM–1:15 PM	KNDy Neurons, Neurokinin 3 Receptor Signaling and the Etiology of Hot Flashes Naomi E Rance, MD, PhD <i>Professor and Associate Head Department of Pathology University of Arizona, College of Medicine Tucson, Arizona</i>

Thursday, October 4, 2018 (continued)

1:15 PM–1:45 PM	<p>Recent Advances in the Treatment of Vasomotor Symptoms: KNDy May Be the New Sweet Spot</p> <p>Susan D Reed, MD, MPH <i>Research Director, Women's Reproductive Health Research Program Professor and Vice Chair, Department of Obstetrics and Gynecology Adjunct Professor, Epidemiology University of Washington School of Medicine Seattle, Washington</i></p>
1:45 PM–2:15 PM	Q&A With Audience
2:15 PM–3:00 PM	Refreshment Break
2:30 PM–3:00 PM	<p>Product Theater</p> <p><i>Supported by Radius Health, Inc.</i></p>
3:00 PM–4:30 PM	<p>Plenary Symposium 5—Genitourinary Syndrome of Menopause</p> <p><i>Supported in part by grant funding from TherapeuticsMD</i></p>
	<p>Risa Kagan, MD, FACOG, CCD, NCMP—Moderator <i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences University of California East Bay Physicians Medical Group Berkeley, California</i></p>
3:00 PM–3:30 PM	<p>Vaginal Estrogen Safety and Labeling: State of the Science</p> <p>Carolyn J Crandall, MD, MS, NCMP <i>Professor of Medicine David Geffen School of Medicine at the University of California Los Angeles, California</i></p>
3:30 PM–4:00 PM	<p>Review of Lasers for Genitourinary Syndrome of Menopause</p> <p>Eric R Sokol, MD <i>Co-director Urogynecology and Pelvic Reconstructive Surgery Associate Professor of Obstetrics and Gynecology and Urology Stanford University School of Medicine Stanford, California</i></p>
4:00 PM–4:30 PM	Q&A With Audience
4:30 PM–5:45 PM	Concurrent Session 1—Oral Abstract Presentations
4:30 PM–5:45 PM	Concurrent Session 2—Oral Abstract Presentations
4:30 PM–5:45 PM	Concurrent Session 3—Canadian Leadership Session—Menopause: Before and After Its Time
	<p>Chui Kin Yuen, MD, FRCS(C), FACOG, MBA—Moderator <i>Executive Director, SIGMA Canadian Menopause Society Vancouver, British Columbia, Canada</i></p>
4:30 PM–4:55 PM	<p>Is It Menopause at Age 25 to 40?</p> <p>Wendy L Wolfman, MD, FRCS(C), FACOG, NCMP <i>Professor, Department of Obstetrics and Gynecology University of Toronto Director, Menopause Unit, Mount Sinai Hospital Toronto, Ontario, Canada</i></p>

Thursday, October 4, 2018 (continued)

4:55 PM–5:20 PM	<p>Is It Menopause at Age 65 to 80?</p> <p>Elaine Jolly, OC, MD, FRCSC <i>Medical Director, Women’s Health Program, the Ottawa Hospital Professor of Obstetrics and Gynecology, University of Ottawa Ottawa, Ontario, Canada</i></p>
5:20 PM–5:45 PM	<p>Q&A With Audience</p>
4:30 PM–5:45 PM	<p>Concurrent Session 4—How to Build a Menopause Practice</p> <p>Diana L Bitner, MD, NCMP, FACOG—Moderator <i>Director, Midlife and Menopause Health Services, Spectrum Health Assistant Professor, Michigan State University College of Human Medicine Grand Rapids, Michigan</i></p> <p>Ann L Steiner, MD, NCMP, FACOG—Moderator <i>Clinical Professor of Obstetrics and Gynecology Director and Founder, Menopause Clinic, Dickens Center for Women Perelman School of Medicine, University of Pennsylvania Philadelphia, Pennsylvania</i></p>
6:00 PM–7:00 PM	<p>Poster Session and Wine and Cheese Reception <i>Supported by grant funding from TBA</i></p>
7:15 PM–8:15 PM	<p>Recognition Reception <i>By Invitation Only</i></p>

Friday, October 5, 2018

7:00 AM–5:30 PM	<p>Registration Desk Open</p>
6:45 AM–7:45 AM	<p>Trauma-Informed Care Breakfast Session: Inspired by the #MeToo Movement <i>(Note: Additional Fee From Annual Meeting Registration)</i></p> <p>Lisa Astalos Chism, DNP, APRN, NCMP, FAANP—Moderator <i>Clinical Director, Women’s Wellness Clinic Sexual Health Counselor and Educator Karmanos Cancer Institute Adjunct Assistant Professor, Department of Surgery Wayne State University School of Medicine Detroit, Michigan</i></p> <p>Allison Johnson, LMFT <i>Licensed Marriage and Family Therapist and Clinical Services Manager Center for Community Solutions San Diego, California</i></p>
7:00 AM–8:30 AM	<p>Continental Breakfast for Registrants</p>
7:55 AM–8:30 AM	<p>NAMS Annual Membership Town Hall</p>

Friday, October 5, 2018 (continued)

8:30 AM–9:30 AM	NAMS/Pfizer Wulf H Utian Endowed Lecture
	<p>Introduced by</p> <p>Wulf H Utian, MD, PhD, DSc(Med), FRCOG, FACOG, FICS <i>Honorary Founding President and Executive Director Emeritus, NAMS Professor Emeritus, Reproductive Biology, Case Western Reserve University School of Medicine Honorary Past President, International Menopause Society Chairman, Scientific Advisory Board, Rapid Medical Research Cleveland, Ohio</i></p>
8:30 AM–9:15 AM	<p>Advances in Osteoporosis in the Last 40 Years</p> <p>J Chris Gallagher, MD <i>Professor of Medicine Creighton University School of Medicine Omaha, Nebraska</i></p>
9:15 AM–9:30 AM	Q&A With Audience
9:30 AM–11:00 AM	<p>Plenary Symposium 6—Bone Health <i>Supported in part by grant funding from Radius Health, Inc. TherapeuticsMD</i></p>
	<p>Carolyn J Crandall, MD, MS, NCMP—Moderator <i>Professor of Medicine David Geffen School of Medicine at the University of California Los Angeles, California</i></p>
9:30 AM–10:00 AM	<p>Goal-directed Management of Osteoporosis</p> <p>Steven R Cummings, MD, FACP <i>Professor Emeritus, Department of Medicine University of California San Francisco, California</i></p>
10:00 AM–10:30 AM	<p>Bone Turnover Markers in Clinical Practice</p> <p>Douglas Bauer, MD <i>Professor, Department of Medicine University of California San Francisco, California</i></p>
10:30 AM–11:00 AM	Q&A With Audience
11:00 AM–11:45 AM	Refreshment Break
11:15 AM–11:45 AM	<p>Product Theater <i>Supported by Amag Pharmaceuticals</i></p>
11:45 AM–12:45 PM	<p>Plenary Symposium 7—Cardiovascular Disease <i>Supported in part by grant funding from TherapeuticsMD</i></p>
	<p>Chrisandra L Shufelt, MD, MS, FACP, NCMP—Moderator <i>Associate Director, Barbra Streisand Women’s Heart Center and Preventive and Rehabilitative Cardiac Center Director, Women’s Hormone and Menopause Program Associate Professor of Medicine, Cedars-Sinai Medical Center Los Angeles, California</i></p>

Friday, October 5, 2018 (continued)

11:45 AM–12:05 PM	<p>Update on Heart Failure: Ivabradine and Sacubitril-Valsartan</p> <p>Michelle M Kittleson, MD, PhD <i>Director, Heart Failure Research Director, Post-Graduate Education in Heart Failure and Transplantation Associate Professor of Medicine Smidt Heart Institute at Cedars-Sinai Los Angeles, California</i></p>
12:05 PM–12:25 PM	<p>Hypertension Guidelines</p> <p>Martha Gulati, MD, MS, FACC, FAHA, FASPC <i>Chief of Cardiology University of Arizona College of Medicine Editor-in-Chief, CardioSmart, The American College of Cardiology Physician Executive Director, Banner University Medicine Heart Institute Phoenix, Arizona</i></p>
12:25 PM–12:45 PM	Q&A With Audience
12:45 PM–1:00 PM	Box Lunches Distributed
1:00 PM–2:00 PM	Top-Scoring Abstract Presentations
2:00 PM–3:30 PM	<p>Plenary Symposium 8—Obesity and Weight Loss <i>Supported in part by grant funding from TherapeuticsMD</i></p>
	<p>Nanette F Santoro, MD—Moderator <i>Professor and E. Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Aurora, Colorado</i></p>
2:00 PM–2:30 PM	<p>Behavioral Weight Loss Using Lifestyle Modification</p> <p>Holly Wyatt, MD <i>Associate Professor, Department of Medicine Division of Endocrinology, Metabolism, and Diabetes University of Colorado, Anschutz Medical Campus Aurora, Colorado</i></p>
2:30 PM–3:00 PM	<p>EMPOWIR Study Findings</p> <p>Ruth Freeman, MD <i>Professor of Medicine and Obstetrics and Gynecology Montefiore Medical Center Bronx, New York</i></p>
3:00 PM–3:30 PM	Q&A With Audience
3:30 PM–4:15 PM	Refreshment Break
4:15 PM–5:30 PM	Concurrent Session 1—Oral Abstract Presentations
4:15 PM–5:30 PM	Concurrent Session 2—Oral Abstract Presentations

Friday, October 5, 2018 (continued)

4:15 PM–5:30 PM **Concurrent Session 3—Mexican Leadership Session**

Dr. Salvador Correu Reza—Moderator
Presidente
Asociación Mexicana para el Estudio del Clima A.C. (AMEC)
Ciudad de México
México

5:45 PM–6:45 PM **Donor Cocktail Party**

Saturday, October 6, 2018

7:00 AM–12:30 PM **Registration Desk Open**

7:00 AM–8:00 AM **Continental Breakfast for Registrants**

7:00 AM–8:00 AM **Society Board Meeting**

8:00 AM–8:15 AM **Announcement of Poster Prizes**

8:15 AM–9:15 AM **NAMS/Kenneth W Kleinman Endowed Lecture**

Introduced by

Marla Shapiro, CM, MDCM, CCFP, MHSC, FRCPC, FCFP, NCMP
Professor
Department of Family and Community Medicine
University of Toronto
Toronto, Ontario, Canada

8:15 AM–9:00 AM ***Improving Intergroup Civility and Navigating the Scientific Literature***

Matt Motyl, PhD
Assistant Professor of Psychology and Political Sciences
University of Illinois at Chicago
Chicago, Illinois

9:00 AM–9:15 AM **Q&A With Audience**

9:15 AM–10:30 AM **Plenary Symposium 9—*Sleep***
Supported in part by grant funding from
TherapeuticsMD

Hadine Joffe, MD, MSc—Moderator
Executive Director, Mary Horrigan Connors Center for Women’s Health and Gender Biology
Paula A. Johnson Associate Professor of Psychiatry in the Field of Women’s Health, Harvard Medical School
Vice Chair for Psychiatry Research, Department of Psychiatry
Brigham and Women’s Hospital, Dana Farber Cancer Institute
Harvard Medical School
Boston, Massachusetts

9:15 AM–9:45 AM ***Women and Sleep***

Phyllis C Zee, MD, PhD
Chief of Sleep Medicine in the Department of Neurology
Benjamin and Virginia T. Boshes Professor of Neurology, Sleep Medicine
Northwestern Medicine, Feinberg School of Medicine
Chicago, Illinois

Saturday, October 6, 2018 (continued)

<p>9:45 AM–10:15 AM</p>	<p>Online Cognitive-Behavioral Therapy Treatment for Insomnia</p> <p>Lee M Ritterband, PhD <i>Jean and Ronald Butcher Eminent Scholars Professor Department of Psychiatry and Neurobehavioral Sciences Director, Center for Behavioral Health and Technology University of Virginia School of Medicine Charlottesville, Virginia</i></p>
<p>10:15 AM–10:30 AM</p>	<p>Q&A With Audience</p>
<p>10:30 AM–10:45 AM</p>	<p>Refreshment Break</p>
<p>10:45 AM–12:00 PM</p>	<p>Plenary Symposium 10—Four Updates on the MsFLASH Postmenopausal Vaginal Health Study: Quality of Life, Sexual Attitudes and Activities, Vaginal Inflammation, and the Vaginal Microbiome</p>
	<p>Katherine Adams Guthrie, PhD—Moderator <i>Member, Public Health Sciences Division Fred Hutchinson Cancer Research Center Seattle, Washington</i></p>
<p>10:45 AM–11:45 AM</p>	<p>Effects of Vaginal Estradiol Tablets and Moisturizer on Menopause-specific Quality of Life and Mood in Healthy Postmenopausal Women With Vaginal Symptoms: A Randomized Clinical Trial</p> <p>Susan J Diem, MD, MPH <i>Associate Professor of Medicine, Division of General Internal Medicine University of Minnesota Minneapolis, Minnesota</i></p> <p>Postmenopausal Sexual Attitudes and Activity: A Randomized Clinical Trial of Vaginal Estradiol Tablets, A Vaginal Moisturizer, and Placebo</p> <p>Susan D Reed, MD, MPH <i>Research Director, Women’s Reproductive Health Research Program Professor and Vice Chair, Department of Obstetrics and Gynecology Adjunct Professor, Epidemiology University of Washington School of Medicine Seattle, Washington</i></p> <p>Effect of Vaginal Estradiol, A Vaginal Moisturizer, and Placebo on Genital Inflammation in Postmenopausal Women With Moderate to Severe GSM</p> <p>Alissa Mitchell, BA <i>Lab Technician, Vincent Center for Reproductive Biology Massachusetts General Hospital Boston, Massachusetts</i></p> <p>Comparing Vaginal Microbiota in Postmenopausal Black Women and White Women: A Pilot Study</p> <p>Caroline Mitchell, MD, MPH <i>Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Investigator, Vincent Center for Reproductive Biology Massachusetts General Hospital Boston, Massachusetts</i></p>
<p>11:45 AM–12:00 PM</p>	<p>Q&A With Audience</p>

Saturday, October 6, 2018 (continued)

12:00 PM–1:00 PM

Plenary Symposium 11—*Top Things You Should Know This Year*

In this symposium, each member of a panel of menopause experts will briefly present findings from one recent standout article in the field of menopause and women's health. The highlighted articles will present new significant work that changes our understanding or practice of menopause medicine. At the conclusion, the panelists will entertain your questions.

*Supported in part by grant funding from
TherapeuticsMD*

Diane Todd Pace, PhD, APRN, FNP-BC, NCMP, FAANP—Moderator

*Professor and Director, Special Academic Programs, College of Nursing
Professor, College of Medicine, Department of Obstetrics and Gynecology
University of Tennessee Health Science Center
Memphis, Tennessee*

Panelists

Lisa Astalos Chism, DNP, APRN, NCMP, FAANP

*Clinical Director, Women's Wellness Clinic
Sexual Health Counselor and Educator
Karmanos Cancer Institute
Adjunct Assistant Professor, Department of Surgery
Wayne State University School of Medicine
Detroit, Michigan*

Steven R Goldstein, MD, FACOG, CCD, NCMP

*Professor of Obstetrics and Gynecology
Director of Gynecologic Ultrasound
Co-director Bone Densitometry and Body Composition
New York University School of Medicine
New York, New York*

Andrew M Kaunitz, MD, NCMP

*University of Florida Research Foundation Professor and Associate Chairman
Department of Obstetrics and Gynecology
University of Florida College of Medicine—Jacksonville
Director Menopause and Gynecologic Ultrasound Services
Southside Women's Health
Jacksonville, Florida*

JoAnn V Pinkerton, MD, NCMP

*Executive Director, The North American Menopause Society
Professor of Obstetrics and Gynecology and Division Director of Midlife Health
The University of Virginia Health System
Charlottesville, Virginia*

Ann L Steiner, MD, NCMP, FACOG

*Clinical Professor of Obstetrics and Gynecology
Director and Founder, Menopause Clinic, Dickens Center for Women
Perelman School of Medicine
University of Pennsylvania
Philadelphia, Pennsylvania*

Maida Taylor, MD, MPH, FACOG

*Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences
University of California
San Francisco, California*