



On Thursday, October 4, the following “Meet the Experts” breakfast sessions will be offered at a small additional charge. Participants will be eligible to receive 1 hour of CME credit.

Sign-up for a table (topics and moderators below) when you register to attend the Annual Meeting.

**Tables on Thursday Are Limited to 9 Participants—Sign-Up Today!**

On Friday, October 5, a special breakfast session on *Trauma-Informed Care* (#MeToo) will be offered at a small additional charge. Participants will be eligible to receive 1 hour of CME credit. Sign-up for this breakfast session when you register to attend the Annual Meeting.

**New Members Only:** For those who joined NAMS during 2018, you may attend 1 CME breakfast session at no charge. Seating for the Thursday, October 4, tables are limited and based on availability. Register early to attend. Contact NAMS ([members@menopause.org](mailto:members@menopause.org)) for more details.

Thursday, October 4, 2018—7:00 AM to 8:00 AM		
#	Moderator	Discussion Topic
1	<b>Laurie Arnold Tompkins, WHNP, MSN-BC, NCMP</b> <i>Assistant Professor of Obstetrics and Gynecology Department of Obstetrics and Gynecology Vanderbilt University School of Medicine Nashville, Tennessee</i>	<b><i>Genitourinary Syndrome of Menopause</i></b>
2	<b>Mindy S Christianson, MD, CCFP, FCFP, NCMP</b> <i>Assistant Professor and Associate Fellowship Director Division of Reproductive Endocrinology and Infertility Department of Gynecology and Obstetrics Johns Hopkins University School of Medicine Baltimore, Maryland</i>	<b><i>Primary Ovarian Insufficiency: A Clinical Update</i></b>
3	<b>Danette Conklin, PhD</b> <i>Clinical Psychologist Director, Midlife Women University Hospitals of Cleveland Medical Center Assistant Professor, Department of Psychiatry Case Western Reserve University Cleveland, Ohio</i>	<b><i>The Links Between Perceived Stress, Menopause, and Mood Symptoms</i></b>
4	<b>Tobie de Villiers, MBChB, MMed, FCOG, FRCOG</b> <i>Department of Gynecology Stellenbosch University Cape Town, South Africa</i>	<b><i>The Gynaecologist and Bone Health</i></b>
5	<b>Mary Segars Dolan, MD, MPH, FACOG, NCMP</b> <i>Associate Professor, Department of Obstetrics and Gynecology Director of Midlife and Menopause Medicine Emory University School of Medicine Atlanta, Georgia</i>	<b><i>The Well Woman Exam: What Does the Evidence Show Should be Done?</i></b>
6	<b>Samar R El Khoudary, PhD, MPH, BPharm, FAHA</b> <i>Associate Professor of Epidemiology University of Pittsburgh Pittsburgh, Pennsylvania</i>	<b><i>Cardiovascular Disease Risk in Women: Does Menopause Matter?</i></b>

**Thursday, October 14, 2018—7:00 AM to 8:00 AM**

#	Moderator	Discussion Topic
7	<p><b>Cynthia B Evans, MD, FACOG, NCMP</b>  <i>Professor, Department of Obstetrics and Gynecology  The Ohio State University College of Medicine  Columbus, Ohio</i></p>	<p><b><i>Premature Ovarian Insufficiency</i></b></p>
8	<p><b>Irwin Goldstein, MD, IF</b>  <i>Director, San Diego Sexual Medicine  Director of Sexual Medicine, Alvarado Hospital  Clinical Professor of Surgery, University of California, San Diego  San Diego, California</i></p>	<p><b><i>Persistent Genital Arousal Disorder and Other Orgasm Dysfunctions in Menopausal Women</i></b></p>
9	<p><b>Nicole Jaff, PhD, NCMP</b>  <i>Research Scientist, Faculty of Health Sciences  Department of Clinical Pathology  University of the Witwatersrand  The Aurum Institute  Johannesburg, South Africa</i></p>	<p><b><i>Is Estrogen Therapy the Answer for Menopausal Depression?</i></b></p>
10	<p><b>Melissa O Juliano, DO, NCMP</b>  <i>Director, Women’s Health Program  Director, Breast Health Program  Chair, Family Practice Department  OhioHealth Mansfield Hospital  Mansfield, Ohio</i></p>	<p><b><i>How to Incorporate the Practice of Menopause into Your Daily Medical Clinic: Pearls and Tips for All Practitioners</i></b></p>
11	<p><b>Cheryl C Kinney, MD, FACOG</b>  <i>Obstetrician and Gynecologist  Center for Female Health and Hormone Disorders  Medical City Dallas  Dallas, Texas</i></p>	<p><b><i>Defying Estrogen Denials: How to Compose Appeal and Rebuttal Letters to Insurance Companies and Medicare</i></b></p>
12	<p><b>Lisa Larkin, MD, FACP, NCMP, IF</b>  <i>Lisa Larkin and Associates  Internal Medicine and Women’s Health  Director, Women’s Corporate Health, Tri Health  Cincinnati, Ohio</i></p>	<p><b><i>Breast Cancer Risk Assessment and Prevention for the Women’s Health Clinician</i></b></p>
13	<p><b>Sara E Looby, PhD, ANP-BC</b>  <i>Assistant Professor, Harvard Medical School  Department of Nursing  Massachusetts General Hospital  Boston, Massachusetts</i></p>	<p><b><i>Menopause in Women with HIV</i></b></p>
14	<p><b>Kathryn M Macaulay, MD, NCMP</b>  <i>Director, UCSD Menopause Health Program  Clinical Professor of Obstetrics, Gynecology, and Reproductive Sciences  University of California, San Diego Health  La Jolla, California</i></p>	<p><b><i>Managing Patients on Long-term Hormone Therapy: Balancing Risks and Benefits</i></b></p>
15	<p><b>Jean Marino, APRN-CNP, MSN, NCMP</b>  <i>University Hospitals Cleveland Medical Center  Department of Obstetrics and Gynecology  Cleveland, Ohio</i></p>	<p><b><i>How to Start a Menopause Discussion Group</i></b></p>
16	<p><b>Mary Jane Minkin, MD, NCMP</b>  <i>Clinical Professor  Department of Obstetrics, Gynecology, and Reproductive Sciences  Yale University School of Medicine  New Haven, Connecticut</i></p>	<p><b><i>Menopause Management in Survivors of Gynecologic Cancers</i></b></p>
17	<p><b>Sharon J Parish, MD, NCMP</b>  <i>Professor of Medicine, Clinical Psychiatry, Weill Cornell Medicine  Attending Physician, New York Presbyterian, Westchester Division  White Plains, New York</i></p>	<p><b><i>Update in the Treatment of Female Sexual Disorders: Focus on Pharmacotherapy</i></b></p>

**Thursday, October 14, 2018—7:00 AM to 8:00 AM**

#	Moderator	Discussion Topic
18	<b>Holly J Pederson, MD</b> <i>Director, Medical Breast Services, Cleveland Clinic</i> <i>Associate Professor of Medicine, Case Comprehensive Cancer Center</i> <i>Cleveland, Ohio</i>	<b>Breast Cancer Genetics</b>
19	<b>Susan D Reed, MD, MPH</b> <i>Research Director, Women’s Reproductive Health Research Program</i> <i>Professor and Vice Chair, Department of Obstetrics and Gynecology</i> <i>Adjunct Professor, Epidemiology</i> <i>University of Washington School of Medicine</i> <i>Seattle, Washington</i>	<b>Endometrial Hyperplasia in the Menopause Transition: Matching Treatment to the Risk of Progression to Cancer</b>
20	<b>Nancy Roberson Jasper, MD, FACOG, NCMP</b> <i>Assistant Clinical Professor</i> <i>Department of Obstetrics and Gynecology</i> <i>Columbia University Medical Center</i> <i>New York, New York</i>	<b>When You Think It’s Over and It’s Not: A Minimalist’s Approach to the Treatment of Perimenopausal Bleeding</b>
21	<b>Ann L Steiner, MD, FACOG, NCMP</b> <i>Clinical Professor of Obstetrics and Gynecology</i> <i>Director and Founder, Menopause Clinic, Dickens Center for Women</i> <i>Perelman School of Medicine, University of Pennsylvania</i> <i>Philadelphia, Pennsylvania</i>	<b>Providing Menopause Education and Establishing a Menopause Teaching Program for Residents and Trainees</b>
22	<b>Lauren Streicher, MD, NCMP</b> <i>Medical Director, Center for Sexual Health</i> <i>Northwestern Medicine Center</i> <i>Associate Clinical Professor of Obstetrics and Gynecology</i> <i>Feinberg School of Medicine, Northwestern University</i> <i>Chicago, Illinois</i>	<b>Postmenopause Orgasmic Dysfunction: Finding the Elusive “O”</b>
23	<b>Holly L Thacker MD, FACP, CCD, NCMP</b> <i>Professor and Director, Center for Specialized Women’s Health</i> <i>Obstetrics, Gynecology, and Women’s Health Institute</i> <i>Cleveland Clinic Lerner College of Medicine of CWRU</i> <i>Director, Women’s Health Fellowship</i> <i>Executive Director, Speaking of Women’s Health</i> <i>Cleveland, Ohio</i>	<b>Managing Hair Thinning in Peri- and Postmenopausal Women: The Menopause Specialist’s Perspective</b>
24	<b>Makeba Williams, MD, FACOG, NCMP</b> <i>Clinical Associate Professor</i> <i>Director, Division of General Obstetrics and Gynecology</i> <i>Director, UW Health Menopause Clinic</i> <i>Department of Obstetrics and Gynecology</i> <i>University of Wisconsin School of Medicine and Public Health</i> <i>Madison, Wisconsin</i>	<b>Shared Decision Making in Menopause Management</b>

**Friday, October 5, 2018—6:45 AM to 7:45 AM**

#	Moderator and Speakers	Discussion Topic
1	<b>Lisa Aсталos Chism, DNP, APRN, NCMP, FAANP—Moderator</b> <i>Clinical Director, Women’s Wellness Clinic</i> <i>Sexual Health Counselor and Educator, Karmanos Cancer Institute</i> <i>Adjunct Assistant Professor, Department of Surgery</i> <i>Wayne State University School of Medicine</i> <i>Detroit, Michigan</i>  <b>Allison Johnson, LMFT—Speaker</b> <i>Licensed Marriage and Family Therapist and Clinical Services Manager</i> <i>Center for Community Solutions</i> <i>San Diego, California</i>  <b>Additional Panelists from the Center for Community Solutions</b>	<b>Trauma-Informed Care (#MeToo)</b>