



2019 ANNUAL MEETING
SEPTEMBER 25-28, 2019

CHICAGO, ILLINOIS
 HYATT REGENCY



NAMS At 30: Making Menopause Mainstream

(As of September 19, 2019)

Tuesday, September 24, 2019	
2:00 PM–5:00 PM	<p>***SOLD OUT***</p> <p>Menopause 101: Building the Foundation <i>Supported in part by grant funding from Lupin Pharmaceuticals, Inc.</i> Registration fee for Menopause 101 is separate from the Annual Meeting</p>
	<p>Lauren Streicher, MD, NCMP—Moderator <i>Clinical Professor of Obstetrics and Gynecology Feinberg School of Medicine, Northwestern University Medical Director, Northwestern Medicine Center for Sexual Medicine and Menopause Chicago, Illinois</i></p>
2:00 PM–2:20 PM	<p>Menopause 101: Pathophysiology JoAnn V Pinkerton, MD, NCMP <i>Professor of Obstetrics and Gynecology and Division Director of Midlife Health The University of Virginia Health System Charlottesville, Virginia Executive Director Emeritus, The North American Menopause Society</i></p>
2:20 PM–2:40 PM	<p>Bone Health 101 Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP <i>Professor, Department of Family and Community Medicine University of Toronto Toronto, Ontario, Canada</i></p>
2:40 PM–3:00 PM	<p>Cardiovascular Health 101 Chrisandra L Shufelt, MD, MS, FACP, NCMP <i>Associate Director Barbra Streisand Women’s Heart Center and Preventive and Rehabilitative Cardiac Center Director, Women’s Hormone and Menopause Program Associate Professor of Medicine Cedars-Sinai Medical Center Los Angeles, California</i></p>
3:00 PM–3:20 PM	<p>Mood and Cognition 101 Claudio N Soares, MD, PhD, FRCPC, MBA <i>Professor and Head, Department of Psychiatry Queen’s University School of Medicine Executive Director, Research and Innovation, Providence Care Hospital Executive Lead, Strategy and New Partnerships Canadian Biomarker Integration Network in Depression (CAN-BIND) St. Michael’s Hospital Toronto, Ontario, Canada</i></p>
3:20 PM–3:40 PM	<p>Hot Flashes 101: Nonhormone Management Lisa C Larkin, MD, FACP, NCMP, IF <i>Lisa Larkin and Associates Founder and CEO Ms Medicine Internal Medicine and Women’s Health Cincinnati, Ohio</i></p>

Tuesday, September 24, 2019 (continued)

<p>3:40 PM–4:00 PM</p>	<p>Hormone Management 101: Orals Versus Transdermals Denise Black, MD, FRCSC <i>Assistant Professor</i> <i>Department of Obstetrics, Gynecology, and Reproductive Sciences</i> <i>University of Manitoba</i> <i>Winnipeg, Manitoba, Canada</i></p>
<p>4:00 PM–4:20 PM</p>	<p>Sexual Health 101 Lisa A Chism, DNP, APRN, BC, NCMP, FAANP <i>Clinical Director, Women’s Wellness Clinic</i> <i>Sexual Health Counselor and Educator</i> <i>Karmanos Cancer Institute</i> <i>Adjunct Assistant Professor, Department of Surgery</i> <i>Wayne State University School of Medicine</i> <i>Detroit, Michigan</i></p>
<p>4:20 PM–5:00 PM</p>	<p>Q&A With Audience Lauren Streicher, MD, NCMP—Moderator Denise Black, MD Lisa A Chism, DNP, APRN, BC, NCMP, FAANP Lisa C Larkin, MD, FACP, NCMP, IF JoAnn V Pinkerton, MD, NCMP Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP Chrisandra L Shufelt, MD, MS, FACP, NCMP Claudio N Soares, MD, PhD, MBA</p>

Wednesday, September 25, 2019

<p>8:00 AM–1:00 PM</p>	<p>Pre-Meeting Symposium—Perimenopause <i>Supported in part by grant funding from</i> <i>KaNdy Therapeutics Ltd.</i> Registration fee for the Pre-Meeting Symposium is separate from the Annual Meeting</p>
<p>8:00 AM–8:05 AM</p>	<p>Welcome and Introductory Remarks Cynthia A Stuenkel, MD, NCMP <i>Co-Chair, 2019 Pre-Meeting Symposium</i> <i>Clinical Professor, Department of Medicine</i> <i>University of California, San Diego</i> <i>La Jolla, California</i></p>
<p>8:05 AM–8:25 AM</p>	<p>Understanding the Perimenopause: Setting the Stage Cynthia A Stuenkel, MD, NCMP</p>
<p>8:25 AM–8:50 AM</p>	<p>Physiology of the Menopause Transition: The Hormone Milieu Nanette F Santoro, MD <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology</i> <i>University of Colorado School of Medicine</i> <i>Aurora, Colorado</i></p>
<p>8:50 AM–9:15 AM</p>	<p>Recognizing and Managing Irregular Menstrual Bleeding in the Menopause Transition: What’s Abnormal? When and How to Investigate? When and How to Intervene? Shannon K Laughlin-Tommaso, MD <i>Consultant, Department of Surgery</i> <i>Chair and Consultant, Division of Gynecology, Department of Obstetrics and Gynecology</i> <i>Associate Professor of Obstetrics and Gynecology</i> <i>Mayo Clinic</i> <i>Rochester, Minnesota</i></p>

Wednesday, September 25, 2019 (continued)

9:15 AM–9:40 AM	<p>Contraception During the Menopause Transition: Choices and Challenges Amanda Black, MD, MPH, FRCSC <i>Professor and Dr Elaine Jolly Chair in Women’s Health Research Department of Obstetrics and Gynecology University of Ottawa Medical Director, Shirley E. Greenberg Women’s Health Centre Ottawa, Ontario, Canada</i></p>
9:40 AM–10:00 AM	<p>Q&A With Audience Panel Case Discussions</p>
10:00 AM–10:25 AM	<p>Refreshment Break</p>
10:25 AM–10:50 AM	<p>The Complex Web of Hot Flashes, Sleep Disruption, Depression, and Well-being Hadine Joffe, MD, MSc <i>Executive Director, Mary Horigan Connors Center for Women’s Health and Gender Biology Paula A Johnson Associate Professor of Psychiatry in the Field of Women’s Health, Harvard Medical School Vice Chair for Psychiatry Research, Department of Psychiatry Brigham and Women’s Hospital, Dana Farber Cancer Institute Harvard Medical School Boston, Massachusetts</i></p>
10:50 AM–11:15 AM	<p>Metabolic Changes During the Menopause Transition: Truth or Consequences? Rasa Kazlauskaitė, MD, MSc, FACE <i>Associate Professor, Department of Medicine Director, Diabetes Technology Program, Division of Endocrinology and Metabolism Rush University Medical Center Chicago, Illinois</i></p>
11:15 AM–11:40 AM	<p>Reproductive Challenges in Perimenopause H Irene Su, MD, MSCE <i>Associate Professor, Obstetrics, Gynecology, and Reproductive Sciences University of California, San Diego San Diego, California</i></p>
11:40 AM–12:00 PM	<p>Q&A With Audience Panel Case Discussions</p>
12:00 PM–12:15 PM	<p>Break and Box Lunch Distribution</p>
12:15 PM–12:40 PM	<p>Managing a Healthy Menopause Transition: The Portal to the Second Half of Life Cynthia A Stuenkel, MD, NCMP</p>
12:40 PM–1:00 PM	<p>Q&A With Audience Full Panel</p>
1:00 PM–3:00 PM	<p>2020 Scientific Program Committee Meeting Nanette F Santoro, MD—Chair, 2020 Scientific Program Committee</p>
2:00 PM–4:00 PM	<p>NAMS Certified Menopause Practitioner (NCMP) Competency Examination</p>
3:00 PM–4:00 PM	<p>NAMS Education Committee Meeting</p>
4:30 PM–4:45 PM	<p>Welcome and Introductory Remarks</p>
4:30 PM–4:35 PM	<p>NAMS President James H Liu, MD, NCMP <i>Arthur H Bill Professor and Chair Department of Obstetrics and Gynecology, University Hospitals/MacDonald Women's Hospital Department of Reproductive Biology, Case Western Reserve University School of Medicine Cleveland, Ohio</i></p>

Wednesday, September 25, 2019 (continued)

4:35 PM–4:45 PM	<p>NAMS 2019 Scientific Program Chair Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP <i>Professor, Department of Family and Community Medicine</i> <i>University of Toronto</i> <i>Toronto, Ontario, Canada</i></p>
4:45 PM–6:15 PM	<p>Plenary Symposium 1—Presidential Symposium—<i>Progestogens: A Necessary Evil?</i> <i>Supported in part by grant funding from</i> <i>Pfizer Inc.</i> <i>TherapeuticsMD</i> James H Liu, MD, NCMP, NAMS 2018-2019 President—Moderator</p>
4:45 PM–5:05 PM	<p><i>Progesterone Versus Progestins: Clinical Dilemmas and Concerns</i> James H Liu, MD, NCMP <i>Arthur H Bill Professor and Chair</i> <i>Department of Obstetrics and Gynecology</i> <i>University Hospitals/MacDonald Women's Hospital</i> <i>Department of Reproductive Biology</i> <i>Case Western Reserve University School of Medicine</i> <i>Cleveland, Ohio</i></p>
5:05 PM–5:25 PM	<p><i>What About the Brain? Progesterone Versus Progestins</i> David Rubinow, MD <i>Assad Meymandi Distinguished Professor and Chair, Department of Psychiatry</i> <i>Professor of Medicine</i> <i>Director, Innovation and Entrepreneurship</i> <i>School of Medicine</i> <i>University of North Carolina at Chapel Hill</i> <i>Chapel Hill, North Carolina</i></p>
5:25 PM–5:45 PM	<p><i>Anti-Inflammatory Actions of Progesterone</i> Sam Mesiano, PhD <i>William H Weir Professor of Reproductive Biology, Case Western Reserve University School of Medicine</i> <i>Department of Obstetrics and Gynecology, University Hospitals of Cleveland</i> <i>Cleveland, Ohio</i></p>
5:45 PM–6:15 PM	<p>Q&A With Audience</p>
6:15 PM–8:00 PM	<p>President's Reception <i>Supported by the Premier Partner of the 2019 Annual Meeting</i> TherapeuticsMD</p>

Thursday, September 26, 2019

7:00 AM–8:00 AM	<p>Meet the Experts CME Breakfast Sessions ***SOLD OUT*** <i>Additional registration fee applies</i></p>
7:00 AM–8:00 AM	<p>Continental Breakfast for Registrants of the Annual Meeting</p>
8:15 AM–9:15 AM	<p>Keynote Address—<i>Practitioner Stress and Burnout</i></p>
	<p>Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP—Moderator <i>Professor, Department of Family and Community Medicine</i> <i>University of Toronto</i> <i>Toronto, Ontario, Canada</i></p>
8:15 AM–9:00 AM	<p><i>Addressing Practitioner Stress and Burnout: Turning Burnout Into Joy</i> Mamta Gautam, MD, MBA, FRCPC, CCPE, CPE <i>Department of Psychiatry, University of Ottawa</i> <i>Psychiatrist, Psychosocial Oncology Program, The Ottawa Hospital</i> <i>Ottawa, Ontario, Canada</i></p>
9:00 AM–9:15 AM	<p>Q&A With Audience</p>

Thursday, September 26, 2019 (continued)

<p>9:15 AM–10:45 AM</p>	<p>Plenary Symposium 2—Hormone Therapy <i>Supported in part by grant funding from</i> Daré Bioscience Pfizer Inc. TherapeuticsMD</p>
	<p>Lila E Nachtigall, MD, NCMP—Moderator <i>Professor of Obstetrics and Gynecology</i> <i>Co-Director, Interdisciplinary Menopause Section</i> <i>New York University School of Medicine</i> <i>New York, New York</i></p>
<p>9:15 AM–9:35 AM</p>	<p>The History of Hormones: Have We Delivered What We Promised? Wulf H Utian, MD, PhD, DSc(Med), FRCOG, FACOG, FICS <i>Professor Emeritus, Case Western Reserve University School of Medicine</i> <i>Honorary Past President, International Menopause Society</i> <i>Chairman, Scientific Advisory Board, Rapid Medical Research</i> <i>Cleveland, Ohio</i> <i>Honorary Trustee and Executive Director Emeritus, The North American Menopause Society</i></p>
<p>9:35 AM–9:55 AM</p>	<p>What the KEEPS and ELITE Studies Have Taught Us Virginia M Miller, PhD <i>Professor, Departments of Surgery, Physiology, and Biomedical Engineering</i> <i>Director, Women’s Health Research Center</i> <i>Mayo Clinic</i> <i>Rochester, Minnesota</i></p>
<p>9:55 AM–10:15 AM</p>	<p>Hormone Therapy: What Are We Doing in 2019? JoAnn V Pinkerton, MD, NCMP <i>Professor of Obstetrics and Gynecology and Division Director of Midlife Health</i> <i>The University of Virginia Health System</i> <i>Charlottesville, Virginia</i> <i>Executive Director Emeritus, The North American Menopause Society</i></p>
<p>10:15 AM–10:45 AM</p>	<p>Q&A With Audience</p>
<p>10:45 AM–11:30 AM</p>	<p>Refreshment Break</p>
<p>11:00 AM–11:30 AM</p>	<p>Product Theater <i>Supported by</i> TherapeuticsMD</p>
<p>11:30 AM–12:30 PM</p>	<p>Plenary Symposium 3—Hormones and the Brain <i>Supported in part by grant funding from</i> Pfizer Inc. TherapeuticsMD</p>
<p></p>	<p>Stephanie S Faubion, MD, MBA, FACP, NCMP, IF—Moderator <i>Medical Director, The North American Menopause Society</i> <i>Penny and Bill George Director, Mayo Clinic Center for Women’s Health</i> <i>Professor of Medicine, Division of General Internal Medicine</i> <i>Mayo Clinic</i> <i>Rochester, Minnesota</i></p>
<p>11:30 AM–11:50 AM</p>	<p>Perimenopausal Depression Guidelines Pauline M Maki, PhD <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology</i> <i>Director of Women’s Mental Health Research</i> <i>Associate Director of the Center for Research on Women and Gender</i> <i>Program Director of the K12 BIRCWH Program</i> <i>University of Illinois at Chicago</i> <i>Chicago, Illinois</i></p>

Thursday, September 26, 2019 (continued)

11:50 AM–12:10 PM	<i>What Happens After Menopause? (The WHAM Study): The Psychological Outcomes</i> Martha Hickey, MBChB, FRCOG, FRANZCOG, MD <i>Professor, Department of Obstetrics and Gynaecology The Royal Women's Hospital Parkville, Victoria, Australia</i>
12:10 PM–12:30 PM	Q&A With Audience
12:30 PM–12:45 PM	Box Lunches Distributed
12:45 PM–2:15 PM	Plenary Symposium 4—<i>Lessons From the VITamin D and Omega-3 Trial (VITAL)</i> <i>Supported in part by grant funding from Pfizer Inc. TherapeuticsMD</i>
	Nanette F Santoro, MD—Moderator <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Aurora, Colorado</i>
12:45 PM–1:20 PM	<i>Vitamin D and Omega-3 Fatty Acids: Do They Prevent Cancer or Cardiovascular Disease?</i> JoAnn E Manson, MD, DrPH, FACP, NCMP <i>Chief, Division of Preventive Medicine Brigham and Women's Hospital Professor of Medicine and the Michael and Lee Bell Professor of Women's Health Harvard Medical School Professor, Harvard TH Chan School of Public Health Boston, Massachusetts</i>
1:20 PM–1:55 PM	<i>Vitamin D and Omega-3 Fatty Acids: Do They Have Benefits for Mood, Depression, or Cognition?</i> Olivia I Okereke, MD, MS <i>Director, Geriatric Psychiatry Department of Psychiatry, Massachusetts General Hospital Associate Professor of Psychiatry, Harvard Medical School Associate Professor, Department of Epidemiology, Harvard TH Chan School of Public Health Boston, Massachusetts</i>
1:55 PM–2:15 PM	Q&A With Audience
2:15 PM–3:00 PM	Refreshment Break
2:30 PM–3:00 PM	Product Theater <i>Supported by TherapeuticsMD</i>
3:00 PM–4:30 PM	Plenary Symposium 5—<i>Osteoporosis</i> <i>Supported in part by grant funding from Pfizer Inc. Radius Health, Inc. TherapeuticsMD</i>
	Risa Kagan, MD, FACOG, CCD, NCMP—Moderator <i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences University of California Sutter East Bay Medical Foundation Berkeley, California</i>
3:00 PM–3:30 PM	<i>Bad to the Bone: The Expanding List of Medications Associated with Osteoporosis</i> Nelson B Watts, MD, FACP, MACE, CCD <i>Director, Mercy Health Osteoporosis and Bone Health Services Cincinnati, Ohio</i>

Thursday, September 26, 2019 (continued)

3:30 PM–4:00 PM	<p>Individualizing Osteoporosis Treatment Michael R McClung, MD, FACP, FASBMR <i>Founding Director, Oregon Osteoporosis Center</i> <i>Adjunct Professor of Medicine, Oregon Health and Science University</i> <i>Portland, Oregon</i> <i>Professorial Fellow, Mary MacKillop Center for Health Research, Australian Catholic University</i> <i>Melbourne, Victoria, Australia</i></p>
4:00 PM–4:30 PM	<p>Q&A With Audience</p>
4:30 PM–5:45 PM	<p>Concurrent Session 1—Oral Abstract Presentations Mary S Farhi, MD, MPH, NCMP—Moderator</p>
4:30 PM–4:45 PM	<p><i>Vasomotor Symptoms and Risk of Cardiovascular Disease Events in the Study of Women’s Health Across the Nation</i> Rebecca C Thurston, PhD</p>
4:45 PM–5:00 PM	<p><i>Comparison of Cardiovascular Risk Factors Between Two Atherosclerosis Measures in Postmenopausal Women</i> Roksana Karim, PhD</p>
5:00 PM–5:15 PM	<p><i>Associations of Endogenous Sex Hormones with Carotid Plaque Burden and Characteristics in Midlife Women</i> Yamnia Cortés, PhD, MPH, FNP</p>
5:15 PM–5:30 PM	<p><i>Novel Atherogenic Associations Unveiled by Ion Mobility Lipoprotein Particle Fractionation and Measurement of Subclinical Atherosclerosis Composition in Postmenopausal Women</i> Roksana Karim, PhD</p>
5:30 PM–5:45 PM	<p><i>The Cardiovascular Cost of Silence: Relationships Between Self-Silencing and Carotid Plaque in Midlife Women</i> Karen Jakubowski, MS</p>
4:30 PM–5:45 PM	<p>Concurrent Session 2—Oral Abstract Presentations Jewel M Kling, MD, MPH, NCMP, FACP—Moderator</p>
4:30 PM–4:45 PM	<p><i>Relationship of Hot Flashes With Sleep Quality and Daytime Functioning in Perimenopausal and Menopausal Women</i> Russel M Walters, PhD</p>
4:45 PM–5:00 PM	<p><i>Menopausal Symptoms, Menopausal Stage, and Cognitive Functioning in Black Urban African Women</i> Nicole G Jaff, PhD, NCMP</p>
5:00 PM–5:15 PM	<p><i>Lorcaserin for Management of Weight and Hot Flashes in Midlife Women</i> Ekta Kapoor, MBBS, FACP, NCMP</p>
5:15 PM–5:30 PM	<p><i>Child Maltreatment and Vasomotor Symptoms Among Midlife Women</i> Mary Carson, BS</p>
5:30 PM–5:45 PM	<p><i>Child Abuse and Vasomotor Symptoms Over Midlife</i> Mary Carson, BS</p>
4:30 PM–5:45 PM	<p>Concurrent Session 3—Canadian Leadership Session Organized by The Federation of Medical Women of Canada</p>
	<p>Kathee D Andrews, MD, MCFP, NCMP—Moderator <i>President, Federation of Medical Women of Canada</i> <i>Family Physician, Medisys Corporate Health</i> <i>Toronto, Ontario, Canada</i></p>

Thursday, September 26, 2019 (continued)

<p>4:30 PM–4:45 PM</p>	<p><i>Women Clinicians and Leadership Roles</i> Mamta Gautam, MD, MBA, FRCPC, CCPE <i>Department of Psychiatry, University of Ottawa Psychiatrist, Psychosocial Oncology Program, The Ottawa Hospital Ottawa, Ontario, Canada</i></p>
<p>4:45 PM–5:00 PM</p>	<p><i>HPV and Midlife Women</i> Vivien Brown, MDCM, CCFP, FCFP, NCMP <i>Assistant Professor Department of Family and Community Medicine University of Toronto Toronto, Ontario, Canada</i></p>
<p>5:00 PM–5:15 PM</p>	<p><i>Refugee Women’s Health: A Canadian Perspective</i> Praseedha Janakiram, MD, CCFP <i>Staff Physician, Crossroads Clinic, Women’s College Hospital Assistant Professor, Department of Family and Community Medicine Program Co-Director, Enhanced Skills in Global Health and Vulnerable Populations Program Lead, Toronto Addis Ababa Academic Collaboration in Family Medicine University of Toronto Toronto, Ontario, Canada</i></p>
<p>5:15 PM–5:30 PM</p>	<p><i>Wisdom and Reconciliation: Allies in Healing—Supporting Indigenous Women Through Strengthening Medical Systems</i> Jan E Christilaw, MD, FRCS, MHSc <i>Clinical Professor, Obstetrics and Gynecology, University of British Columbia Women’s Health Director, Canadian Network of International Surgery Special Advisor, Women’s Health, British Columbia Women’s Hospital Member, Order of Canada Vancouver, British Columbia, Canada</i></p>
<p>5:30 PM–5:45 PM</p>	<p>Q&A With Audience</p>
<p>4:30 PM–5:45 PM</p>	<p>Concurrent Session 4—Updates from the MsFLASH Clinical Trials Network</p>
<p>4:30 PM–5:30 PM</p>	<p><i>MsFLASH: Introduction and Background</i> Katherine A Guthrie, PhD—Moderator <i>Member, Public Health Sciences Division Fred Hutchinson Cancer Research Center Seattle, Washington</i></p> <p><i>More Than Skin Deep: Genitourinary Syndrome of Menopause and the Vaginal Mucosal Environment</i> Caroline M Mitchell, MD, MPH <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Investigator, Vincent Center for Reproductive Biology Massachusetts General Hospital Boston, Massachusetts</i></p> <p><i>The Vaginal Microbiota and Metablome in Menopause</i> Sujatha Srinivasan, PhD <i>Senior Staff Scientist, Vaccine and Infectious Disease Division Fred Hutchinson Cancer Research Center Seattle, Washington</i></p>

Thursday, September 26, 2019 (continued)

	<p><i>Diagnosing Postmenopausal Bacterial Vaginosis: Amsel's, Nugent's, and the Vaginal Microbiome</i> Susan D Reed, MD, MPH <i>Research Director, Women's Reproductive Health Research Program Professor and Vice Chair, Department of Obstetrics and Gynecology Adjunct Professor, Epidemiology University of Washington School of Medicine Seattle, Washington</i></p>
5:30 PM–5:45 PM	Q&A With Audience
6:00 PM–7:00 PM	Poster Session and Wine and Cheese Reception
7:15 PM–8:15 PM	<p>Recognition Reception <i>By Invitation Only</i></p>

Friday, September 27, 2019

6:45 AM–7:45 AM	<p>Meet the Experts CME Breakfast Sessions ***SOLD OUT*** <i>Additional registration fee applies</i></p>
6:45 AM–7:45 AM	Continental Breakfast for Registrants of the Annual Meeting
7:55 AM–8:30 AM	NAMS Annual Membership Town Hall
8:30 AM–9:30 AM	<p>NAMS/Pfizer Wulf H Utian Endowed Lecture— <i>The New Frontier: Averting Menopause at 22 for Pediatric Cancer Survivors</i></p>
	<p>Wulf H Utian, MD, PhD, DSc(Med), FRCOG, FACOG, FICS—Moderator <i>Professor Emeritus, Case Western Reserve University School of Medicine Honorary Past President, International Menopause Society Chairman, Scientific Advisory Board, Rapid Medical Research Cleveland, Ohio Honorary Trustee and Executive Director Emeritus, The North American Menopause Society</i></p>
8:30 AM–9:15 AM	<p>Teresa K Woodruff, PhD <i>Dean and Associate Provost for Graduate Education, Graduate School at Northwestern University Thomas J. Watkins Professor of Obstetrics and Gynecology, Vice Chair for Research, and Chief of the Division of Reproductive Science in Medicine Department of Obstetrics and Gynecology, Feinberg School of Medicine Professor of Molecular Biosciences, Weinberg College of Arts and Sciences Professor of Biomedical Engineering, McCormick School of Engineering Director of the Center for Reproductive Science and Founder and Director of the Women's Health Research Institute Director of the Oncofertility Consortium Northwestern University Chicago, Illinois</i></p>
9:15 AM–9:30 AM	Q&A With Audience
9:30 AM–11:00 AM	<p>Plenary Symposium 6— <i>Women and Their Microbes</i> <i>Supported in part by grant funding from Lupin Pharmaceuticals, Inc. Pfizer Inc. TherapeuticsMD</i></p>
	<p>Dragana Skokovic-Sunjic, RPh, BSc, Pharm, NCMP—Moderator <i>Clinical Pharmacist Hamilton Family Health Team Hamilton, Ontario, Canada</i></p>

Friday, September 27, 2019 (continued)

9:30 AM–10:00 AM	<p><i>The Human Microbiome in Precision Medicine</i> Jack A Gilbert, PhD <i>Professor, Department of Pediatrics and Scripps Institution of Oceanography University of California, San Diego, School of Medicine San Diego, California</i></p>
10:00 AM–10:30 AM	<p><i>The Vagina Dialogues: Vaginal Microbiota and Menopause</i> Caroline M Mitchell, MD, MPH <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Investigator, Vincent Center for Reproductive Biology Massachusetts General Hospital Boston, Massachusetts</i></p>
10:30 AM–11:00 AM	<p>Q&A With Audience</p>
11:00 AM–11:45 AM	<p>Refreshment Break <i>Supported by Astellas Pharma US</i></p>
11:15 AM–11:45 AM	<p>Product Theater <i>Supported by Amgen USA</i></p>
11:45 AM–12:45 PM	<p>Plenary Symposium 7—Prevention and Screening <i>Supported in part by grant funding from Pfizer Inc. TherapeuticsMD</i></p>
	<p>Rebecca C Thurston, PhD—Moderator <i>Director, Women’s Biobehavioral Health Laboratory Professor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science University of Pittsburg Pittsburgh, Pennsylvania</i></p>
11:45 AM–12:05 PM	<p><i>Prevention and Screening in Colorectal Cancer</i> Cynthia M Yoshida, MD, AGAF <i>Professor, Division of Gastroenterology and Hepatology Department of Medicine University of Virginia Charlottesville, Virginia</i></p>
12:05 AM–12:25 PM	<p><i>Breast Cancer Prevention: The Importance of Lifestyle</i> Jewel M Kling, MD, MPH, NCMP, FACP <i>Associate Professor of Medicine Associate Chair for Research, Women’s Health Internal Medicine Mayo Clinic Arizona Scottsdale, Arizona</i></p>
12:25 PM–12:45 PM	<p>Q&A With Audience</p>
12:45 PM–1:00 PM	<p>Box Lunches Distributed</p>
1:00 PM–2:00 PM	<p>Top-Scoring Abstract Presentations Chrisandra L Shufelt, MD, MS, FACP, NCMP—Moderator</p>
1:00 PM–1:15 PM	<p><i>Effect of the Neurokinin 3 Receptor Antagonist Fezolinetant on Menopausal Vasomotor Symptoms and Patient-Reported Outcomes: Results of a Randomized, Placebo-Controlled, Double-Blind, Dose-Ranging Study</i> Nanette F Santoro, MD</p>
1:15 PM–1:30 PM	<p><i>“How Much Desire Should I Have?” A Qualitative Study of Low Libido in Postmenopausal Women</i> Holly N Thomas, MD</p>

Friday, September 27, 2019 (continued)

1:30 PM–1:45 PM	Military Sexual Trauma in a National Sample of Postmenopausal Women Veterans: Prevalence and Comorbidities Carolyn Gibson, PhD, MPH
1:45 PM–2:00 PM	Postmenopausal Pellet versus FDA Approved Hormonal Therapy: An Assessment of Serum Estradiol and Testosterone Levels Xuezhi Jiang, MD, PhD
2:00 PM–3:30 PM	Plenary Symposium 8—Health Outcomes of Lifestyle and Prevention <i>Supported in part by grant funding from Pfizer Inc. TherapeuticsMD</i>
	Lubna Pal, MBBS, FRCOG, MSc, NCMP—Moderator <i>Professor and REI Fellowship Director Director, Programs for Menopause and PCOS Division of Reproductive Endocrinology and Infertility Associate Chair for Education, Department of Obstetrics, Gynecology, and Reproductive Sciences Yale School of Medicine New Haven, Connecticut</i>
2:00 PM–2:30 PM	Alcohol Use in Midlife Women Connie B Newman, MD, FACP, FAHA, FAMWA <i>Adjunct Professor of Medicine, Division of Endocrinology and Metabolism New York University School of Medicine New York, New York</i>
2:30 PM–3:00 PM	Aspirin for the Primary Prevention of Cardiovascular Disease: What Do the ACC/AHA Guidelines Recommend? Erin D Michos, MD, MHS, FACC, FAHA, FASE <i>Associate Professor of Medicine and Epidemiology Associate Director, Preventive Cardiology Director of Women’s Cardiovascular Health Ciccarone Center for the Prevention of Heart Disease Johns Hopkins University School of Medicine Baltimore, Maryland</i>
3:00 PM–3:30 PM	Q&A With Audience
3:30 PM–4:15 PM	Refreshment Break
4:15 PM–5:30 PM	Concurrent Session 1—Oral Abstract Presentations Mary A Fischer, PhD, WHNP-BC, NCMP—Moderator
4:15 PM–4:30 PM	Growth of the Vulvar Vaginal Atrophy (VVA) Therapy Market Sheryl A Kingsberg, PhD
4:30 PM–4:45 PM	Postmenopausal Women Using a Softgel Estradiol Vaginal Insert to Treat Moderate to Severe Dyspareunia Were Satisfied with It and Preferred It Over a Previous Treatment Becky Lynn, MD
4:45 PM–5:00 PM	Treatment-related Sensitivity to Change and Minimal Clinically Important Change in the Day-to-Day Impact of Postmenopausal Vaginal Symptoms: Results from a Multicenter Randomized Trial Carolyn Gibson, PhD, MPH
5:00 PM–5:15 PM	Effect of Estradiol Dose and Serum Estradiol Level on Metabolic Measures in Early and Late Postmenopausal Women in the REPLENISH trial Intira Sriprasert, MD

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5:15 PM–5:30 PM	<i>Do Genetic Variations in Estrogen Transportation and Metabolism Affect the Severity of Menopausal Symptoms?</i> Ekta Kapoor, MBBS, FACP, NCMP
4:15 PM–5:30 PM	Concurrent Session 2—Oral Abstract Presentations Mary S Dolan, MD, MPH, FACOG, NCMP— <i>Moderator</i>
4:15 PM–4:30 PM	<i>Predictors of Bilateral Salpingo-oophorectomy at the Time of Hysterectomy and the Potential for Ovarian Preservation</i> Jellena Wong, MD, FRCSC
4:30 PM–4:45 PM	<i>Metabolic Predictors of Performance on Modified Mini Mental State (3MS) in a Randomized Trial</i> Lubna Pal, MBBS, FRCOG, MSc, NCMP
4:45 PM–5:00 PM	<i>Exploring Workability and Conditions to Improve Work Participation Among Female Healthcare Workers Aged 45-60 Years</i> Ingrid Pinas, MD, PhD
5:00 PM–5:15 PM	<i>Age at Menopause and Mortality in Taiwan: A Cohort Analysis</i> Te Yi Shen
5:15 PM–5:30 PM	<i>Changes in Self-perceived Breast Cancer Risk, Risk Factor Awareness and Risk-reducing Behaviors after a Breast Cancer Education Session and Individualized Risk Assessment</i> Alexandra Magnante, MS
4:15 PM–5:30 PM	Concurrent Session 3—Mexican Leadership Session
	<p>Dr. Salvador Correu Reza—Moderator <i>President of AMEC Mexico City</i></p> <p><i>Perfil sintomático de mujeres con depresión mayor en diferentes etapas reproductivas</i> Dra. Monica Flores Ramos <i>Catedrático CONACYT, Comisionado al Instituto Nacional de Psiquiatría Ramón de la Fuente Muñiz Mexico City</i></p> <p><i>Composición corporal en menopausia con TH</i> Dr. Marcelino Hernández Valencia <i>Unidad de Investigación de Enfermedades Endocrinas/Endocrine Research Unit, National Medical Center, Instituto Mexicano del Seguro Social (IMSS) Mexico City</i></p> <p><i>Impacto de intervención en el estatus de comorbilidades perfil bioquímico y sintomatología en los estudios de STRAW9+10 en 741 pacientes</i> Dr. Guillermo Federico Ortiz Luna <i>Coordinador de peri y postmenopausia, Chief of Peri and Postmenopausal Department, Instituto Nacional de Perinatología (INPER) Mexico City</i></p> <p><i>Asociación de los niveles de vitamina D con sobre peso u obesidad en un grupo de población del instituto nacional de perinatología</i> Dra. Linda Sánchez Zelayeta <i>Residente de alta especialidad en peri y post menopausia, Resident of high specialty in peri and postmenopause Instituto Nacional de Perinatología (INPER) Mexico City</i></p>

Friday, September 27, 2019 (continued)

	<p>Análisis de la disfunción sexual en mujeres postmenopáusicas Dr. Horacio Méndez Serrano <i>Residente de biología de la reproducción humana, Resident of human reproduction biology</i> <i>Instituto Nacional de Perinatología (INPER)</i> <i>Mexico City</i></p>
4:15 PM–5:30 PM	<p>Concurrent Session 4—International Menopause Society Session Outcomes of the International Position Statement of Androgens in Women</p>
	<p>Session Chairs Jan L Shifren, MD, NCMP <i>Director, Midlife Women’s Health Center, Massachusetts General Hospital</i> <i>Vincent Trustees Professor of Obstetrics, Gynecology, and Reproductive Biology, Harvard Medical School</i> <i>Boston, Massachusetts</i></p> <p>Tobias de Villiers, MBChB, MMed, FCOG, FRCOG <i>Department of Gynaecology</i> <i>Stellenbosch University</i> <i>Cape Town, South Africa</i></p>
4:15 PM–4:20 PM	<p>Introduction and Need for Position Statement Susan R Davis, MBBS, FRACP, PhD, FAHMS <i>President International Menopause Society</i> <i>Melbourne, Australia</i></p>
4:20 PM–4:30 PM	<p>Measurement of Androgens in Women: Summary of Recommendations James H Liu, MD, NCMP <i>Arthur H Bill Professor and Chair</i> <i>Department of Obstetrics and Gynecology, University Hospitals/MacDonald Women’s Hospital</i> <i>Department of Reproductive Biology, Case Western Reserve University School of Medicine</i> <i>Cleveland, Ohio</i></p>
4:30 PM–4:50 PM	<p>Female Sexual Dysfunction and Recommended Terminology and Evidence of Association Between Testosterone Sharon J Parish, MD <i>Professor of Medicine, Clinical Psychiatry, Weill Cornell Medicine</i> <i>Professor of Clinical Medicine</i> <i>Director of Medical Services, New York Presbyterian, Westchester Division</i> <i>New York, New York</i></p>
4:50 PM–5:05 PM	<p>Testosterone for Women: What Are the Benefits? Susan R Davis, MBBS, FRACP, PhD, FAHMS <i>President International Menopause Society</i> <i>Melbourne, Australia</i></p>
5:05 PM–5:20 PM	<p>Testosterone for Women: What are the Adverse Effects and What Can We Offer Patients? Nick Panay, BSc, MBBS, FRCOG, MFSRH <i>Honorary Senior Lecturer, Imperial College</i> <i>Director, West London Menopause and PMS Centre at Queen Charlotte’s and Chelsea Westminster Hospitals</i> <i>London, England</i></p>
5:20 PM–5:30 PM	<p>Q&A With Audience</p>
5:45 PM–6:45 PM	<p>Donor Cocktail Party</p>

Saturday, September 28, 2019

7:00 AM–8:00 AM	Continental Breakfast for Registrants of Annual Meeting
8:00 AM–8:15 AM	Announcement of Poster Prizes
8:15 AM–9:15 AM	NAMS/Kenneth W Kleinman Endowed Lecture— <i>Women, Ethics, and Cannabinoids</i>
	<p>Claudio N Soares, MD, PhD, FRCPC, MBA—Moderator <i>Professor and Head, Department of Psychiatry Queen’s University School of Medicine Executive Director, Research and Innovation, Providence Care Hospital Executive Lead, Strategy and New Partnerships Canadian Biomarker Integration Network in Depression (CAN-BIND) St. Michael’s Hospital Toronto, Ontario, Canada</i></p>
8:15 AM–9:00 AM	<p>Oyedeji Ayonrinde, FRCPsych, MBA <i>Associate Professor, Department of Psychiatry Queen’s University Medical Director, Early Psychosis Intervention Programme Kingston, Ontario, Canada</i></p>
9:00 AM–9:15 AM	Q&A With Audience
9:15 AM–10:30 AM	<p>Plenary Symposium 9—<i>Genitourinary Syndrome of Menopause</i> <i>Supported in part by grant funding from Amag Pharmaceuticals Cynosure, a Hologic Company Daré Bioscience Pfizer Inc. TherapeuticsMD</i></p>
	<p>Sheryl A Kingsberg, PhD—Moderator <i>Chief, Division of Behavioral Medicine University Hospitals Cleveland Medical Center MacDonald Women’s Hospital Professor, Departments of Reproductive Biology and Psychiatry Case Western Reserve University School of Medicine Cleveland, Ohio</i></p>
9:15 AM–9:45 AM	<p><i>When Sex Hurts</i> Andrew T Goldstein, MD, FACOG, IF <i>Director, The Center for Vulvovaginal Disorders Clinical Professor, George Washington University School of Medicine Past President, International Society for the Study of Women’s Sexual Health Washington, DC</i></p>
9:45 AM–10:15 AM	<p><i>Vulvar Disease and Management</i> Hope K Haefner, MD <i>Harold A Furlong Professor in Women’s Health, Gynecology Division Director University of Michigan Ann Arbor, Michigan</i></p>
10:15 AM–10:30 AM	Q&A With Audience
10:30 AM–10:45 AM	Refreshment Break

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<p>10:45 AM–11:45 AM</p>	<p>Plenary Symposium 10—<i>The Effect of Trauma on Women’s Health</i> <i>Supported in part by grant funding from Pfizer Inc. TherapeuticsMD</i></p>
	<p>Hadine Joffe, MD, MSc—Moderator <i>Executive Director, Mary Horrigan Connors Center for Women’s Health and Gender Biology Paula A Johnson Associate Professor of Psychiatry in the Field of Women’s Health, Harvard Medical School Vice Chair for Psychiatry Research, Department of Psychiatry Brigham and Women’s Hospital, Dana Farber Cancer Institute Harvard Medical School Boston, Massachusetts</i></p>
<p>10:45 AM–11:05 AM</p>	<p>Engaging Traumatized Women in Their Healthcare Annie Lewis-O’Connor, PhD, NP-BC, MPH, FAAN <i>Founder and Director, Women’s Coordinated Approach Recovery and Empowerment (CARE) Clinic Associate Scientist, Division of Women’s Health, Department of Medicine, Brigham and Women’s Hospital Co-Chair, Partners Healthcare Trauma-Informed Care Initiative Instructor in Medicine, Harvard Medical School Boston, Massachusetts</i></p>
<p>11:05 AM–11:25 AM</p>	<p>Resilience and Impact of Trauma on Brain Health Nomi Levy-Carrick, MD, MPhil <i>Associate Vice Chair, Ambulatory Services, Department of Psychiatry, Brigham Health Co-Chair, Partners HealthCare Trauma Informed Care Initiative Boston, Massachusetts</i></p>
<p>11:25 AM–11:45 AM</p>	<p>Q&A With Audience</p>
<p>11:45 AM–1:00 PM</p>	<p>Plenary Symposium 11—<i>Top Things You Should Know This Year</i> <i>Supported in part by grant funding from Pfizer Inc. TherapeuticsMD</i></p>
	<p>Diane T Pace, PhD, APRN, FNP-BC, NCMP, FAANP, FAAN—Moderator <i>Professor and Director, Special Academic Programs, College of Nursing Associate Professor, College of Medicine, Department of Obstetrics and Gynecology University of Tennessee Health Science Center Memphis, Tennessee</i></p>
	<p>Panelists:</p> <p>Brooke M Faight, DNP, WHNP-BC, NCMP, IF <i>Director of the Women’s Institute for Sexual Health (WISH) Division of Urology Associates Adjunct Faculty, Vanderbilt University School of Medicine Nashville, Tennessee</i></p> <p>Jewel M Kling, MD, MPH, NCMP, FACP <i>Associate Professor of Medicine Associate Chair for Research, Women’s Health Internal Medicine Mayo Clinic Arizona Scottsdale, Arizona</i></p> <p>Sharon J Parish, MD <i>Professor of Medicine, Clinical Psychiatry, Weill Cornell Medicine Professor of Clinical Medicine Director of Medical Services, New York Presbyterian, Westchester Division New York, New York</i></p>

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