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The North American Menopause Society Answers Menopause Questions

CLEVELAND, Ohio (August 26, 2010)—September is National Menopause Awareness Month in the United States. Congress designated this special month to draw attention to the large challenge that menopause poses for many women and to reinforce the need women and their healthcare providers have for accurate, unbiased menopause-related information. The North American Menopause Society (NAMS) provides this information so that women can make informed decisions that will lead to improved health and quality of life at menopause and beyond.

“While each woman’s experience of menopause is unique, one thing is true for all women,” said Margery L.S. Gass, MD, NCMP, NAMS Executive Director. “Menopause presents an ideal opportunity to evaluate personal health and improve health practices. Taking informed steps will transform and enhance every woman’s sense of well-being, not only around menopause but for the rest of her life.”

Now in its 21st year, NAMS is singularly qualified to serve as the definitive menopause resource for answers to menopause questions, thanks to its multidisciplinary membership of 2,000 professionals representing a variety of disciplines including clinical and basic science experts from medicine, nursing, psychology, pharmacy, complementary and alternative medicine, anthropology, and sociology.

- Healthcare providers can look to NAMS for the most current research and how to apply that research to clinical practice. The NAMS 2010 Annual Meeting, convening in Chicago on October 6-9, will bring the latest menopause news to 1,500 healthcare providers.
- Women can look to NAMS to help them understand truth, not trends, about the menopause transition. The NAMS Web site (www.menopause.org) provides a wealth of information.
- The media can also look to NAMS for facilitating enlightening interviews with world-class experts in the field.

For interviews, contact Ms. Judy Cerne or Ms. Laura Lytle at McKinney Advertising & Public Relations by phone 216/621-5133 or e-mail (jcerne@mckinneyad.com, llytle@mckinneyad.com).

The Mission of NAMS, a nonprofit scientific organization, is to promote the health and quality of life of women through an understanding of menopause. The Society’s membership of over 2,000

professionals representing a variety of disciplines—including clinical and basic science experts from medicine, nursing, pharmacy, anthropology, sociology, psychology, and complementary/alternative medicine—makes NAMS uniquely qualified to serve as the definitive resource for health professionals and the public for accurate, unbiased information about menopause. (www.menopause.org)

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