

The North American Menopause Society (NAMS) encourages all consumers and healthcare providers to utilize its education and clinical practice materials. Many materials are provided free of charge, others at deeply discounted prices, often thanks to unrestricted educational grants (with the grantors having no control over content).

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## CONSUMER EDUCATION MATERIALS

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### **Menopause Guidebook, 6th Edition**

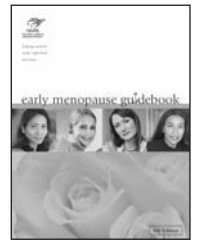
(ISBN 0-9701251-3-5)

Affordable in all practices (as low as \$1 plus shipping), this attractive 64-page resource is the most complete discussion available anywhere (published 10/06). Can be viewed on the NAMS Web site. Contact the National Braille Press (617/266-6160) for the 2-volume braille version, available free of charge.

### **Early Menopause Guidebook, 6th Edition**

(ISBN 0-9701251-7-8)

This unique 72-page resource is for women with special needs: those reaching menopause earlier than the typical age, either spontaneously or through medical means (published 10/06). Can be viewed on the NAMS Web site.



### **Menopause Flashes® Consumer E-Newsletter**

This monthly consumer e-newsletter is sent free of charge to all who subscribe. Each issue contains fun-to-read original articles and book reviews from NAMS. Patients (and their healthcare providers) can subscribe on the NAMS Web site at:

**[www.menopause.org/newsletter.aspx](http://www.menopause.org/newsletter.aspx)**

Healthcare providers may download from that Web address a free promotional flyer to distribute to patients.

### **Web Site InfoCard**

Providers are urged to order a supply of these handy cards (published in 7/07) so women in their practice can be aware of all that's available on the NAMS award-winning Web site.




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## PROVIDER E-NEWSLETTERS

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All NAMS members are encouraged to subscribe to the following e-newsletters provided free of charge as a benefit of membership:

- *First to Know*®. Monthly issues featuring the latest scientific research news with expert commentary.
- *Menopause e-Consult*®. Quarterly issues presenting challenging clinical cases and questions with expert opinions and answers.
- *Flashes*®. Monthly e-newsletter with Society news and notices.

Providers who are not NAMS members may view *First to Know* and *Menopause e-Consult* back issues posted in the Other Healthcare Professionals sector of the NAMS Web site, and may subscribe to the following complimentary e-newsletter:

- *NAMS e-News*. Quarterly e-newsletter for nonmembers with Society news and notices.

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## CLINICAL PRACTICE MATERIALS

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### **Menopause Practice: A Clinician's Guide, 3rd Edition** (ISBN 978-0-9701251-8-7)

Updated 10/07, this practical textbook of 336 pages is the Society's leading professional resource, also offering 25 hours of CME through 10/31/09.



### **Bioidentical HT Monograph**

This evidence-based overview of bioidentical HT and hormone testing, as presented by seven experts during the 10/06 NAMS Postgraduate Course, can be ordered as a printed 32-page highlights monograph published 3/07.



### **How to Develop a Menopause Discussion Group**

This practical 36-page booklet outlines ways to help build a menopause practice through offering menopause discussion groups (published 2/02).

### **Webcast of NAMS 2008 Annual Meeting**

View all the presentations, Webcast free of charge, at:  
[www.menopause.org/meetings/webcast.aspx](http://www.menopause.org/meetings/webcast.aspx)

### **NAMS/Medscape Collaborations**

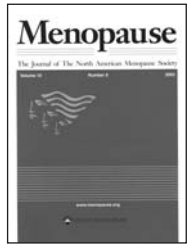
A growing number of educational initiatives developed by NAMS, many offering CME, are available free of charge on the Medscape Web site. For details, go to:  
[www.menopause.org/MS.aspx](http://www.menopause.org/MS.aspx)

### **Charts of HT Products**

Download charts of all hormone therapy products available in the United States and Canada at:  
[www.menopause.org/edumaterials/hormoneprimer.aspx](http://www.menopause.org/edumaterials/hormoneprimer.aspx)

### **NAMS Position Statements**

The Society's official position statements are published in its journal, *Menopause*, then posted on the NAMS Web site for free download, each with a free PowerPoint slide set. The current titles include the following, which are available for sale in reprint form. Publication dates and current CME offerings are noted.



"Treatment of menopause-associated vasomotor symptoms" (1/04)

"Role of testosterone therapy in postmenopausal women" (9/05)

"Management of osteoporosis in postmenopausal women" (5/06)

"Role of calcium in peri- and postmenopausal women" (11/06)

"Role of local vaginal estrogen for treatment of vaginal atrophy" (5/07)

"Estrogen and progestogen use in postmenopausal women" (7/08)

### **Menopause Special Issues**

The Society also publishes special issues to the journal. These original articles reflect the opinions of the authors, not necessarily those of the Society.

"Update on sexuality at menopause and beyond: normative, adaptive, problematic, dysfunctional" (11/04)

"Surgical menopause" (5/07)

"Breast cancer prevention" (7/08; offers 3.5 CME hours until 6/30/09)

### **Menopause Health Questionnaire**

View and download this patient intake questionnaire from the NAMS Web site. It can be printed in whole or in part, then completed by patients to provide information about their menopause experience and general health to their healthcare providers (published 6/05).

### **NAMS Menopause Practitioner Examination Materials**

All licensed healthcare providers are urged to obtain and maintain this prestigious credential. Download the *Candidate Handbook* and *Credential Maintenance Application* for 2009 from the NAMS Web site:  
[www.menopause.org/compexam.aspx](http://www.menopause.org/compexam.aspx)



ITEM	View On Web	Download From Web (www.menopause.org)		Purchase / Ship Hard Copy Materials to U.S. Address			
		Member	Non-member	Member	Non-member	Quantity	Total
<b>CONSUMER EDUCATION MATERIALS</b>							
<b>Menopause Guidebook, 6th Edition</b>							
Single copy	Free	Free	Free	\$15	\$20		\$
Bundle of 25	—	—	—	\$115	\$140		\$
Bundle of 100	—	—	—	\$240	\$300		\$
Bundle of 500	—	—	—	\$920	\$1,170		\$
Braille edition	N/A	N/A	N/A	Free (call 617/266-6160)			—
<b>Early Menopause Guidebook, 6th Edition</b>							
Single copy	Free	Free	Free	\$15	\$20		\$
Bundle of 25	—	—	—	\$115	\$140		\$
Bundle of 100	—	—	—	\$240	\$300		\$
<b>Web Site InfoCard</b>							
Bundle of 100	—	—	—	\$30	\$40		\$
<b>CLINICAL PRACTICE MATERIALS</b>							
<b>Menopause Practice, 3rd Ed.</b>	N/A	N/A	N/A	\$85	\$95		\$
<b>Menopause Discussion Group</b>	N/A	N/A	N/A	\$20	\$30		\$
<b>NAMS Position Statements</b>							
- Vasomotor Symptoms	Free	Free	Free	\$14	\$25		\$
- Testosterone	Free	Free	Free	\$14	\$25		\$
- Osteoporosis	Free	Free	Free	\$14	\$25		\$
- Calcium	Free	Free	Free	\$14	\$25		\$
- Vaginal Estrogen	Free	Free	Free	\$14	\$25		\$
- Hormone Therapy	Free	Free	Free	\$14	\$25		\$
<b>Menopause Special Issues</b>							
- Postmenopausal Sexual Health	N/A	N/A	N/A	\$24	\$30		\$
- Surgical Menopause	N/A	N/A	N/A	\$24	\$30		\$
- Breast Cancer Prevention	N/A	N/A	N/A	\$24	\$30		\$
<b>Bioidentical HT Monograph</b>	N/A	N/A	N/A	\$20	\$30		\$
<b>Menopause Health Questionnaire</b>	Free	\$25	\$50	N/A	N/A	—	—
<b>TOTAL ORDER</b>							\$

Help support the Society's Mission by adding a tax-deductible donation to the NAMS Foundation, a §501(c)(3) nonprofit organization (Tax ID 20-552-5393). \$ \_\_\_\_\_

**GRAND TOTAL** \$ \_\_\_\_\_

## How to Order and Terms of Purchase

### How to Order Printed Materials:

You may purchase printed materials through this Order Form or through the NAMS Store on the Society's Web site ([www.menopause.org](http://www.menopause.org)).

- All prices include shipping and handling, using standard shipping methods. If you are requested rush shipping (within 5 days), please contact NAMS for a custom quotation.
- All prices are for shipping to locations within the United States. If shipping outside the United States, NAMS will provide a custom quotation.
- If you want to order larger quantities than those listed, NAMS will provide a custom quotation.

### How to Order Online Materials:

Many of NAMS educational materials are provided free via e-mail or are available for viewing on the NAMS Web site ([www.menopause.org](http://www.menopause.org)). Other materials can be downloaded as a PDF from the Web site and can then you can print them for distribution. Some of the templates require a fee before downloading.

### How to Place Your Order:

All orders for NAMS educational materials require prepayment prior to shipping.

- Orders paid for with checks or credit/debit card can be placed through the mail.
- Orders paid by credit/debit card may be placed via fax.
- Credit card orders may also be placed through the NAMS Web Store.
- No telephone orders will be taken.
- Credit/debit cards will be debited by NAMS upon receipt of your order. Your statement shall indicate that a payment was made to "North American Menopause Society."
- These prices include sales tax. You are responsible for any additional taxes, duties, or surcharges upon receipt.

### Refunds:

It is NAMS policy that no refunds will be made. However, in the event that your order cannot be shipped within 30 days, NAMS will provide a refund—either by processing a credit to your credit/debit card account or, if you paid by check, by sending you a refund check.

### Remit to:

The North American Menopause Society  
Post Office Box 94527  
Cleveland, OH 44101-4527, USA

Telephone: 440/442-7550  
Fax: 440/442-2660

E-Mail: [info@menopause.org](mailto:info@menopause.org)  
Web: [www.menopause.org](http://www.menopause.org)

### Method of Payment:

- Make your check payable to The North American Menopause Society (or NAMS) in U.S. funds drawn on a U.S. bank. (Any bank fees NAMS incurs regarding payment will be billed.)
- Charge to American Express, VISA, MasterCard, or Discover.

- Check Enclosed     American Express  
 VISA     MasterCard     Discover

Credit Card #: \_\_\_\_\_

CVS/CWZ (Security Code on Card): \_\_\_\_\_

Name on Card: \_\_\_\_\_

Cardholder's City, State/Province: \_\_\_\_\_

Cardholder's Country, Zip/Postal Code: \_\_\_\_\_

Card Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

### Shipping Information:

Ship to Name	
Address (Not a P.O. Box)	
City	State/Province
Zip/Country Code	Country
Telephone	Fax
E-Mail	

- I would like to receive special offers and information about NAMS via e-mail.  
 Please use my e-mail address to correspond regarding this order only.  
 E-mail addresses will not be shared with third parties.

To receive the NAMS member discount, provide your NAMS member I.D. here \_\_\_\_\_.  
(If membership I.D. is not known or if you want to join NAMS now and save, contact NAMS.)