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**The North American Menopause Society (NAMS) Recognizes
Contributions to the Field of Menopause**

Award Recipients for 2009 Announced

CLEVELAND (August 17, 2009)—The North American Menopause Society (NAMS) is pleased to announce the recipients of the Society's 2009 awards that recognize outstanding contributions to the field of menopause. Recipients will be acknowledged during the NAMS 20th Annual Meeting in San Diego, California, on September 30-October 3, 2009.

Awards will be presented to six individuals recognizing their clinical contributions or scientific investigation. Recognition will also be given to an outstanding media professional and NAMS Certified Menopause Practitioner (NCMP), four new investigators for their abstract submissions to the Annual Meeting, and a total of ten medical residents who have demonstrated an interest in the field of menopause and women's health. In addition, one award will also be given to the best paper published in the Society's journal, *Menopause*.

"These NAMS awards represent the Society's commitment to enhancing women's health. In honoring outstanding researchers, health professionals, and the media, the Society strongly confirms its role in stimulating and acknowledging quality research and health care," said NAMS Executive Director, Wulf H. Utian, MD, PhD, DSc(Med), NCMP. "NAMS appreciates the generous unrestricted financial support from grantors and Lippincott Wilkins & Wilkins (publishers of *Menopause*) that make these awards possible."

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The recipients of the 2009 NAMS Awards are as follows:

2009 NAMS/Duramed Pharmaceuticals, Inc. Menopause and Sleep Research Award:
Recognizing an individual whose research has made a contribution toward increasing the understanding of sleep and sleep disorders in peri- and postmenopausal women:

Paivi Polo-Kantola, MD, PhD, Turku, Finland

2009 NAMS/Duramed Pharmaceuticals, Inc. Vasomotor Research Award:
Recognizing an individual whose research has made a contribution toward increasing the understanding of menopause-related vasomotor symptoms:

Rebecca C. Thurston, PhD, Pittsburgh, PA

2009 NAMS/Upsher-Smith Laboratories, Inc. ET/EPT Research Award:
Recognizing an individual whose body of research has advanced the understanding of the role of hormone therapy—either estrogen alone (ET) or combined estrogen-progestogen (EPT)—for peri- and postmenopausal women:

David F. Archer, MD, NCMP, Norfolk, VA

2009 NAMS/Upsher-Smith Laboratories, Inc. Vitamin D Research Award:
Recognizing an individual whose body of research has advanced the understanding of the role of vitamin D—either endogenous or exogenous—for peri- and postmenopausal women:

Michael F. Holick, MD, Boston, MA

2009 NAMS/Warner Chilcott Perimenopausal Contraception Research Award:
Recognizing an individual whose research has advanced the understanding of perimenopausal contraception:

Regine Sitruk-Ware, MD, New York, NY

2009 NAMS/Wyeth Pharmaceuticals SERM Research Award:
Recognizing an individual whose research has advanced the understanding of the use of selective estrogen-receptor modulators (SERMs) in postmenopausal women for any indication, including but not limited to osteoporosis:

Roberta Diaz Brinton, PhD, Los Angeles, CA

2009 NAMS Media Award:
Recognizing a media professional whose body of work, through any consumer media outlet (ie, print, television, radio, Internet), has served to expand the knowledge and understanding of menopause:

Ms. Carolyn R. Schatz, Harvard Women's Health Watch

2009 NAMS Best Paper Award:
Recognizing the best paper published in the NAMS official journal *Menopause* during 2008:

Walter A. Rocca, MD, MPH, Rochester, MN

“Long-term risk of depressive and anxiety symptoms after early bilateral oophorectomy”

2009 NAMS Certified Menopause Practitioner of the Year Award

Recognizing one current NAMS Certified Menopause Practitioner (NCMP) for outstanding work to their patients:

Wendy L. Wolfman, MD, NCMP, Toronto, ON, Canada

2009 NAMS New Investigator Awards:

Recognizing the outstanding abstract submissions of four investigators who have achieved their degree within the past seven years:

Adriana Aparecida F. Carbonel, MS, Sao Paulo, Brazil

Beth A. Prairie, MD, MPH, Pittsburgh, PA

Rebecca C. Thurston, PhD, Pittsburgh, PA

Pauliina Tuomikoski, MD, Helsinki, Finland

2009 NAMS/Duramed Pharmaceuticals, Inc. Medical Residents Excellence Awards

Recognizing a total of ten physicians who are currently in their residencies in obstetrics and gynecology or primary care who have demonstrated excellence in their work to date in the field of menopause:

Stacie H. Elfrink, MD, Oklahoma City, OK

Rebecca L. Flyckt, MD, Cleveland, OH

Jamie Kroft, MD, Toronto, ON, Canada

Trevin C. Lau, MD, Boston, MA

Deirdre Lum, MD, Berkeley, CA

Jennifer MacIsaac, MD, Ottawa, ON, Canada

Nkechinyere A. Nwaobasi, MD, Nashville, TN

Kyoko Okamura, MD, MPH, Boston, MA

Michael L. Sprague, MD, Louisville, KY

Pauliina Tuomikoski, MD, Helsinki, Finland

The Society extends its congratulations to all of this year's outstanding award recipients.

Founded in 1989, The North American Menopause Society (NAMS) is the world's leading nonprofit organization dedicated to promoting the health and quality of life of women through an understanding of menopause. The Society's multidisciplinary membership of over 2,000 professionals includes experts from medicine, nursing, sociology, psychology, anthropology, epidemiology, nutrition, pharmacy, education, and basic science—allowing NAMS to be the preeminent resource on all aspects of menopause to healthcare providers and the public (www.menopause.org).

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