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**LATEST POSITION ON HORMONE THERAPY FROM
THE NORTH AMERICAN MENOPAUSE SOCIETY**

CLEVELAND, Ohio (February 16, 2010)—Based on the best available evidence, “Estrogen and progestogen use in postmenopausal women: 2010 position statement of The North American Menopause Society” has just been released. Each section of the previous paper was reviewed by an Advisory Panel of seventeen clinicians and researchers expert in this area of women’s health using new studies and findings. The paper was then approved by the NAMS Board of Trustees.

Specifically, the sections on breast cancer, cognitive aging/decline and dementia, coronary heart disease, stroke, and discontinuance received special attention in light of recently published literature. New sections have been added on hormone therapy (HT) and ovarian and lung cancer.

“The latest NAMS position statement on HT discusses the application of recent research findings to everyday clinical practice. The Panel of renowned authorities clarified a broad spectrum of topics related to HT benefits and risks for postmenopausal women,” said Margery L.S. Gass, MD, NCMP, NAMS Executive Director.

This NAMS position statement has been endorsed by the American Medical Women’s Association (AMWA), the Asociación Mexicana para el Estudio del Climaterio (AMEC), The Endocrine Society, HealthyWomen (formerly the National Women’s Health Resource

—more—

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Center), the National Association of Nurse Practitioners in Women's Health (NPWH), and the Society of Obstetricians and Gynaecologists of Canada (SOGC), all of which had representatives participating fully in the editorial process.

The position statement will be published in the March/April 2010 issue of the Society's official journal, *Menopause*, but is now posted ahead of print on the publisher's Web site (www.menopausejournal.com), accessible by subscribers. A PDF is available without charge on the NAMS Web site at www.menopause.org/aboutmeno/consensus.aspx.

The Mission of NAMS, a nonprofit scientific organization, is to promote the health and quality of life of women through an understanding of menopause. The Society's membership of 2,000 professionals representing a variety of disciplines—including clinical and basic science experts from medicine, nursing, pharmacy, anthropology, sociology, psychology, and complementary/alternative medicine—makes NAMS uniquely qualified to serve as the definitive resource for health professionals and the public for accurate, unbiased information about menopause. (www.menopause.org)

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