



Contacts:

Judy Cerne, President & CEO

Laura Lytle, Senior Account Manager

McKinney-Cerne Inc

Phone: 440-352-2081 / Fax: 440-352-2087

Email: jcerne@mckinneyad.com, llytle@mckinneyad.com

Women's Cardiology Authority Dr. Lori Mosca to Speak at NAMS Symposium
Leads Expert Line-up at 2011 NAMS Annual Meeting

CLEVELAND, OH (August 2, 2011)—When discussing heart health in women, why not go straight to the person who wrote the book? That's what The North American Menopause Society (NAMS) has done in tapping Lori Mosca, MD, MPH, PhD, to present on the topic at its 22nd Annual Meeting in Washington, DC, September 21–24, 2011.

In this case the “book” is the American Heart Association (AHA) guidelines for cardiovascular disease prevention in women. Dr. Mosca has been the lead author of each set of these authoritative women-specific AHA guidelines since they were first issued in 1999—including the latest version published earlier this year.

Dr. Mosca also has chaired the AHA National Women's Heart Disease and Stroke Campaign and is the author of the consumer book *Heart to Heart: A Personal Plan for Creating a Heart-Healthy Family* (HCI Books). Day to day, she serves as Director of Preventive Cardiology at New York-Presbyterian Hospital and Professor of Medicine at Columbia University Medical Center.

Since cardiovascular health is so central to midlife women's well-being, Dr. Mosca is a natural to present “State of the Heart 2011—New Guidelines for Prevention” as the lead speaker in the plenary symposium, “Cardiovascular Disease in Postmenopausal Women: Getting to the Heart of the Matter,” at the NAMS Annual Meeting on Thursday, September 22.

Dr. Mosca will be joined by expert cardiologist co-presenters Martha Gulati, MD, of The Ohio State University, and Emma A. Meagher, MD, of the University of Pennsylvania Health System, to explore all aspects of preventive cardiology in women for the 1,200+ multidisciplinary clinicians and researchers who will attend the NAMS Annual Meeting.

Many Other World-Expert Speakers

This is just one of the NAMS meeting's many sessions featuring world experts on a range of midlife women's health issues, including (among others):

- *Jonathan L. Tilly, PhD*, of Harvard School and Massachusetts General Hospital, on the potential to “turn back the clock” on ovarian aging

Location

5900 Landerbrook Drive
Suite 390
Mayfield Heights, OH 44124

Telephone: 440/442-7550

Fax: 440/442-2660

E-Mail: info@menopause.org

Web Site: www.menopause.org

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- *Susan R. Davis, MBBS, PhD*, from Monash University, Melbourne, Australia, on the health effects of androgens on libido and beyond
- *JoAnn E. Manson, MD, DrPH, NCMP*, of Harvard Medical School and Brigham & Women's Hospital, on the very latest risk-benefit considerations surrounding hormone therapy

Visit the scientific program (<http://www.menopause.org/meetings/sciprogram.pdf>) to see the full slate of national and international expert speakers at the 2011 NAMS Annual Meeting. They'll be covering the spectrum of midlife women's health, each with the charge of updating the latest scientific evidence and applying it to everyday clinical practice.

To arrange interviews with any Annual Meeting speakers, contact Judy Cerne or Laura Lytle by phone (440-352-2081) or email (jcerne@mckinneyad.com or llytle@mckinneyad.com).

Founded in 1989, The North American Menopause Society (NAMS) is North America's leading nonprofit organization dedicated to promoting the health and quality of life of all women during midlife and beyond through an understanding of menopause and healthy aging. Its multidisciplinary membership of 2,000 leaders in the field—including clinical and basic science experts from medicine, nursing, sociology, psychology, nutrition, anthropology, epidemiology, pharmacy, and education—makes NAMS uniquely qualified to serve as the definitive resource for health professionals and the public for accurate, unbiased information about menopause and healthy aging.

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Note: Advance registration is required for all media for the 2011 Annual Meeting. Registration is complimentary to members of the media. Please contact Judy Cerne or Laura Lytle at McKinney-Cerne Inc by phone (440-352-2081) or email (jcerne@mckinneyad.com or llytle@mckinneyad.com) to confirm your attendance and/or to arrange interviews with speakers regarding their presentations.

Members of the scientific and consumer media interested in attending are urged to make travel reservations early. Hotel reservations should be made directly with the Gaylord National in Washington, DC, at 301-965-4000 or via the link on the NAMS website at <http://www.menopause.org/meetings/venue.aspx>. Note: A room reservation does not qualify as registration for the Annual Meeting.