

Congratulations! You are about to read the most factual book on menopause in existence today. This textbook, *Menopause Practice: A Clinician's Guide*, 3rd edition, has been developed by the NAMS Professional Education Committee to meet the need for updated provider education. This textbook is published solely by The North American Menopause Society (NAMS) and is approved by the NAMS Board of Trustees. The book thus represents a collaborative input of dozens of experts in all modes of medical expertise. In its pages are practical recommendations to assist clinicians in every aspect of menopause management.

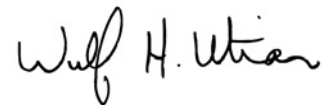
The need for menopause education has never been greater. The numbers of aging women are increasing worldwide to a record level. Every day in just North America alone, over 6,000 women reach menopause. Menopause presents an ideal opportunity to change and improve health practices and enhance quality of life for women.

In the research arena, new findings continue to add to our knowledge. Conflicting findings, however, may add to the challenges to inform our patients and impact their health decisions through menopause and beyond. That's where NAMS plays an important role. As the preeminent scientific organization addressing menopause, NAMS is committed to quality educational offerings.

Knowledge about and the need to manage menopause are increasing at a phenomenal pace. This book is state of the science. But, to maintain your expertise, I truly encourage you to join NAMS. The Society has multiple offerings that will keep you up to date and on the front lines.

Special thanks are owed to the experts who wrote the sections, as well as the NAMS Professional Education Committee, the NAMS Board of Trustees, and the editorial staff who all contributed so much of their knowledge, time, and energy. The Society is grateful to Novo Nordisk, Inc., for its generous grant that supported the textbook's development; please note that the grantor exercised absolutely no control over its contents.

Best wishes in your efforts. We know that menopause practitioners and their patients will benefit from *Menopause Practice*.



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