



CME Mission Statement

The overall Mission of The North American Menopause Society (NAMS) is to promote the health and quality of life of all women during midlife and beyond through an understanding of menopause and healthy aging to all healthcare providers managing the healthcare of women, regardless of specialty or provider type.

Through its continuing medical education activities, NAMS is committed to advancing and encouraging the interchange of information and to providing authoritative, independent, current, and scientifically validated education and information to those who provide healthcare to midlife and older women and to women themselves. The Society's educational activities, via multiple delivery formats, cover all aspects of menopause and related care, including

- Normal physiology and clinical evaluation
- Management of vasomotor symptoms and other common clinical issues of perimenopause and postmenopause
- Current, accurate information on all manner of treatment, including hormone and nonhormone therapies for vasomotor symptoms and the genitourinary syndrome of menopause
- Evidence-based information on connections between menopause and its treatment and other midlife health issues such as cardiovascular disease and breast and ovarian cancer

As the preeminent professional organization for midlife healthcare providers in North America and perhaps the world, NAMS expects that its education efforts will result in improvement in provider knowledge, competence, performance, skills, and attitudes regarding menopause and healthy aging in women by providing the most up-to-date, evidence-based, unbiased, and comprehensive education on these topics, optimizing translation of the latest scientific findings to their clinical practices. NAMS also promotes research through scientific meetings and mentorship programs so that menopause science will continue to advance and improve women's health and quality of life in the future. NAMS continues to play a pivotal role in empowering midlife and older women to make more informed health decisions by providing education to the public, including members of the media.