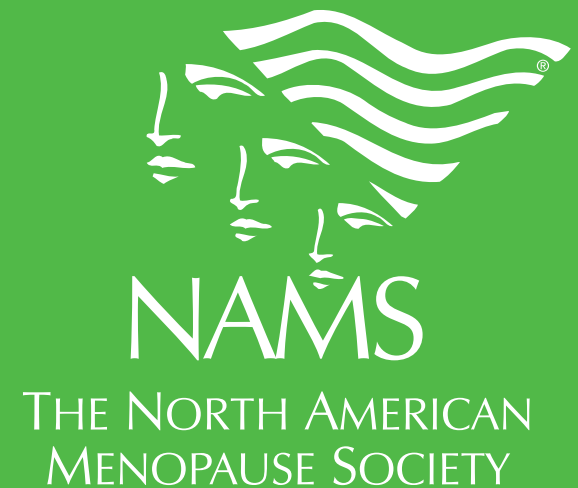


Better Care — Better Lives for Women



From the Executive Director



2012 brought forth many great accomplishments at NAMS, including the launch of the NAMS/APGO Menopause Curriculum, designed to provide training in up-to-date, contemporary menopause management. The module has already facilitated training the next generation of menopause practitioners and is also extremely useful to practicing clinicians.

A big milestone this year was the creation of the first member-initiated endowment—the NAMS/Irwin J. Kerber Membership Scholarship Endowment. It was made possible through the generosity of a loyal member of NAMS. We thank both the donor and Dr. Kerber for their support.

Based on a suggestion made at the Town Hall business meeting, NAMS *Practice Pearls* were introduced. This new series of clinical overviews and perspectives tackles challenging problems in the care of women at midlife and beyond.

Another major initiative was the complete makeover and redesign of the NAMS website (www.menopause.org). The new website presents valuable educational materials and resources for healthcare professionals and for all women and clearly delineates the two populations on the home page. The consumer blog, *MenoPause*, has launched on the website, and posts have included information on new research findings that are very relevant to midlife women's health, along with summaries of these studies. NAMS also revived the *MenoNotes* series of patient handouts that can be easily downloaded from the NAMS website.

After 10 years of debate regarding the risks and benefits of hormone therapy, we came together with 15 top medical organizations and prepared a statement of agreement regarding the benefits of hormone therapy for symptomatic menopausal women. This statement was designed to assist women and their clinicians in making informed decisions about the use of hormone therapy when appropriate.

Another keystone production for NAMS is our highly successful Annual Meeting and Pre-Meeting Symposium. We are proud of a growing NAMS membership, our scientific journal, *Menopause*, and delivery of our message to thousands through collaborations with Medscape, the Association of Professors of Gynecology and Obstetrics, and new partnerships with Haymarket Medical Education and *Journal Watch Women's Health*. Through the hard work and dedication of our Foundation Board, we held a delightful donor event during the Annual Meeting. We especially thank Drs. Tara Allmen and Lisa Larkin, who were instrumental in orchestrating the event, as well as all who attended.

I sincerely thank all of our members, generous donors and grantors, and our staff in the Central Office for making 2012 a year in which we can all be very proud.

Best regards,

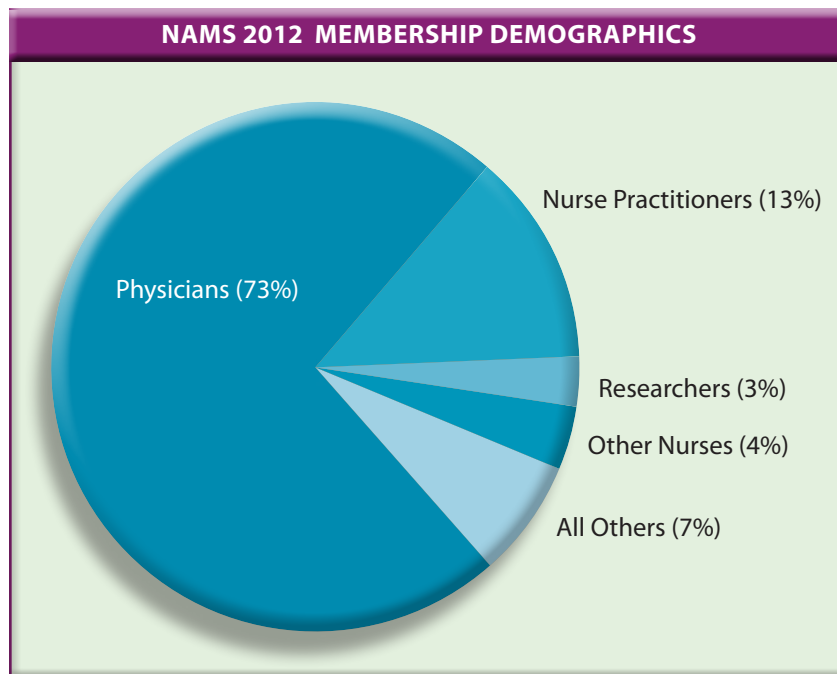
A handwritten signature in black ink that reads "Margery Gass". The signature is fluid and cursive, with the first name "Margery" and last name "Gass" clearly distinguishable.

Margery Gass, MD, NCMP
Executive Director

Our Mission

To promote the health and quality of life of all women during midlife and beyond through an understanding of menopause and healthy aging.

The NAMS Mission is being fulfilled through the work of dedicated health professionals from multiple disciplines who comprise the membership of the Society. At year-end 2012, our 1,968 members from 50 countries included primarily physicians (73%), with most being obstetricians-gynecologists or reproductive endocrinologists, followed by nurse practitioners (13%) and many other healthcare specialists and research scientists focused on the field of menopause.



Highlights of 2012

NAMS continued to serve as a unique forum in which our members work together to translate the latest findings into clinical practice answers for their peers and the millions of postmenopausal women in the United States and around the world. In 2012, many educational programs were initiated or expanded.

- *NAMS 2012 Hormone Therapy Position Statement* published in *Menopause*.
- New *Menopause Basics* slide set, containing more than 200 up-to-date, referenced, full-color slides about the basics of menopause was launched.
- Three CME activities were launched in collaboration with Medscape regarding menopausal symptoms and available treatments and therapies.
- Full makeover and redesign of the NAMS website was completed.
- First NAMS member-initiated endowment was established—NAMS/Irwin J. Kerber Membership Scholarship Endowment.
- First NAMS *Practice Pearl* was published.
- Issued a statement on the risks and benefits of hormone therapy. Endorsed by 15 top medical organizations and published in *Menopause*.
- Findings from the KEEPS trial were first presented at the Society's Annual Meeting.
- NAMS/APGO Menopause Curriculum launched.
- NAMS consumer book, *The Menopause Guidebook*, was published and has received rave reviews.
- iPad app for *Menopause* was developed and is available to all subscribers.
- STRAW+10 Workshop report published in *Menopause*.
- *MenoNotes* series returned.
- NAMS followers on Twitter and Facebook continued to grow.

Our Donors

NAMS extends its sincere appreciation to the following donors who have generously supported the NAMS Mission. You have touched the lives of many women. *NAMS is a 501(c)(3) nonprofit scientific organization.*

Champions

(\$10,000-\$24,999)

Tara I. Allmen, MD, FACOG, NCMP

William H. Thie Fund of

The Greater Cincinnati Foundation

In honor of Dr. Joann H. Kersh

Leaders

(\$5,000-\$9,999)

Drs. Margery & Frederick Gass

Margaret W. Wong, Esq.

Advocates

(\$1,000-\$4,999)

Maria E. Bleszynski, MD, FRCS(C), NCMP

Steven R. Goldstein, MD, FACOG, CCD, NCMP

In memory of Kenneth Kleinman, Esq.

Drs. Risa Kagan & Richard Stern

In memory of Amanda Jaclyn Berger

Lisa C. Larkin, MD, NCMP

Pauline M. Maki, PhD

JoAnn E. Manson, MD, DrPH, NCMP

In memory of Theresa Manson

(Advocates, continued)

Diane Pace, PhD, FNP-BC, CCD, FAANP, NCMP

Isaac Schiff, MD

Jan L. Shifren, MD, FACOG, NCMP

In honor of Shayna Gochberg

Michelle P. Warren, MD, NCMP

Supporters

(\$500-\$999)

Thomas B. Clarkson, DVM

Dr. Henry & Mrs. Lynn Hess

In honor of Dr. Tara Allmen

Dr. & Mrs. Andrew M. Kaunitz

In memory of Amanda Jaclyn Berger

JoAnn V. Pinkerton, MD, NCMP

Peter F. Schnatz, DO, FACOG, FACP, NCMP

Marla Shapiro, MDCM, CCFP, MHSc, FRCP, FCFP, NCMP

In memory of Amanda Jaclyn Berger

Dr. & Mrs. Wulf Utian

Joanna D. Wilson, DO, NCMP

Nancy Fugate Woods, PhD, RN

Friends

(\$1-\$499)

Alia A. Al-hadi, MD

Ilene Alt, WHNP-BC, NCMP

In honor of Rita Holz

Uma Ananth, MD, NCMP

Rafael B. Arias, MD, FACOG, NCMP

Elizabeth Attias, ScD

In recognition of the Leon Speroff Award

Katherine M. Bachman, MD

Gloria A. Bachmann, MD

In honor of Dr. Wulf Utian

I. Cori Baill, MD, NCMP

Ms. Diana Baumohl

In recognition of the Thomas Clarkson Award

Kay R. Beadle, MSN, ANP, NCMP

Susan J. Beil, MD

Maureen L. Beurskens, MD, NCMP

In honor of William McDonald, MD

Ewa A. Bilinski, MD

In honor of Irena Jarosz

Diana L. Bitner, MD

Martha J. Brewer, MD, NCMP

Rebecca C. Brightman, MD

Ms. Martha Burton

Laura Carinci, MD, FACOG, NCMP

Patricia I. Carney, MD, FACOG, NCMP

Allen G. Charles, MD

Lisa Chism, DNP, APRN, BC, FAANP, NCMP

(Friends, continued)

Elizabeth Contestabile, RNC, BScN,
NCMP

Christine L. Cook, MD

*In recognition of the
Thomas Clarkson Award*

Tulay Darstek, MD, NCMP

Thomas D. Dayspring, MD, FACP,
NCMP

Sharon Y. de Edwards, MD, FACOG,
NCMP

Barbara A. Dehn, RN, MS, NP, NCMP

Ms. Kathryn M. DeMarco

Ms. Carolyn Develen

Janet L. Dietrich, MD, NCMP

Josef Donat, MD, DSc

Ms. Sharon Ecke

Julia F. Schlam Edelman, MD,
FACOG, NCMP

Esther Eisenberg, MD, MPH

Ahmed M. El-Minawi, MD, PhD

Morris M. Elstein, MD, FACOG

Charles Farris, Jr., MD, NCMP

Robyn B. Faye, MD, FACOG, NCMP

Marcha P. Flint, PhD, PsyD

Mary S. Fulghum, MD

Ms. Karen L. Giblin

Terry M. Gibbs, DO, CCD, NCMP

Georgina E. Hale, MD, PhD

*In recognition of the
Thomas Clarkson Award*

Lexine M. Hebets, MD

Victor W. Henderson, MD, MS

Donna Holmes, PhD

Theresa Holstein, MD, NCMP

Suzanne M. Hutchinson-Davies,

WHNP-BC, NCMP

Nancy R. Jasper, MD, NCMP

In honor of Rogerio Lobo, MD

Belinda H. Jenks, PhD

D. Marina Johnson, MD

Gwenda C. Jonas, MD

Mr. George Jones

Nilza Kallos, MD, NCMP

Ms. Terri Keever

Sharon S. Kelley, MD, PhD

Irwin J. Kerber, MD, NCMP

Joann H. Kersh, MD

Elizabeth W. Killebrew, MD, NCMP

Karen E. Knapp, MD

Suzan Kovarick, MD, FACOG, NCMP

Andrew H. Krinsky, MD, FACOG,
NCMP

Shelagh B. Larson, WHNP, NCMP

Susan V. Lincoln, MD, NCMP

*In memory of
Veronica Ravnika, MD*

Edward S. Linn, MD, NCMP

*In recognition of the
Leon Speroff Award*

In honor of Barbara Z. Linn

James H. Liu, MD

Sharon A. Lynch-Miller, MD

Kathryn M. Macaulay, MD, NCMP

Ashima D. Mehta, MD, NCMP

David C. Miller, MD, DABPM, NCMP

Lovera W. Miller, MD, FACOG, NCMP

Ms. Rachel Miller

Mary Jane Minkin, MD, NCMP

Meredith V. Morgan, MD, NCMP

Mitsuo Nakai, MD

*In recognition of the
Leon Speroff Award*

Ms. Mary A. Nance

Takeyoshi Ohkura, MD, PhD

Valerie A. Omicioli, MD, MS, NCMP

Pamela A. Payne, MSN, RNP, NMCP

Barbara A. Peters, MD, NCMP

Ricki Pollycove, MD, MHS, NCMP

David J. Portman, MD

Audrey Prefer, MD, FACOG, NCMP

In honor of Jean Prefer

Paula A. Randolph, MD, NCMP

Robert L. Reid, MD

Gloria A. Richard-Davis, MD, FACOG

Martha K. Richardson, MD

Miriam B. Rosenthal, MD

*In recognition of the
Ann Voda Award*

Marilyn L. Rothert, PhD, RN, FAAN

Ronald J. Ruggiero, PharmD

Mr. James Schoeneck

Janice M. Shier, MD, NCMP

Lynnette Leidy Sievert, PhD

James A. Simon, MD, CCD, NCMP,
FACOG

Susan K. Soni, MD, FACOG, NCMP

Lauren Streicher, MD, NCMP

Cynthia A. Stuenkel, MD, NCMP

Aaron Tabor, MD

Ms. Elizabeth Tipps

Catherine F. Vanderloos, MD, NCMP

Eduardo A. Vergara, MD, NCMP

Elizabeth J. Watt, BSc, MD, CCFP,
FCFP, NCMP

In honor of

Victoria June (Lines) Watt

Mr. Kevin Weber

Ms. Shay Weisbrich

Barbara A. Wezenter, MD, NCMP

Patricia Whitcombe, MD, NCMP

Carla J. Williams, MD

Ms. Sherry Williams

Michael Wolfson, MD

Vak Yeong Yoo, MD

Ying Zhao, MD

*Every attempt has been made to accurately list all supporters. Please accept our apologies for any errors or omissions
and notify the NAMS Central Office so that we may correct our records.*

Our Financial Performance

NAMS Statement of Activities

	For the year ended December 31, 2012	For the year ended December 31, 2011
Membership Fees	\$ 445,773	\$ 440,663
Contributions and Grants	1,186,317	1,881,404
Meeting Fees and Exhibits	670,904	802,186
Competency Exam Fees	78,960	90,500
Royalty Income	297,305	283,740
Sales of Educational Materials	96,261	99,723
Investment/Interest Income	118,307	132,616
Net Realized and Unrealized Gains on Investments	302,598	(215,615)
Other	27,974	684,161
Revenue and Support	\$ 3,224,399	\$ 4,199,378
Membership Activities	\$ 256,017	\$ 251,653
Educational Activities	2,512,726	1,896,181
Management and General	668,191	671,406
Fundraising	129,756	155,293
Expenses	\$ 3,566,690	\$ 2,974,533
Change in Net Assets	\$ (342,291)	\$ 1,224,845

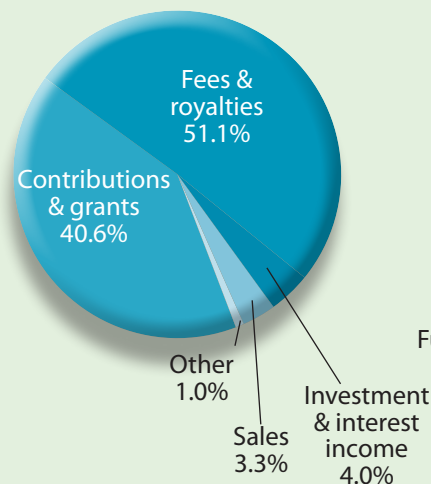
This financial information is extracted from the audited financial statements available at the NAMS Central Office.

Distribution of Revenue and Expenses Statement of Activities

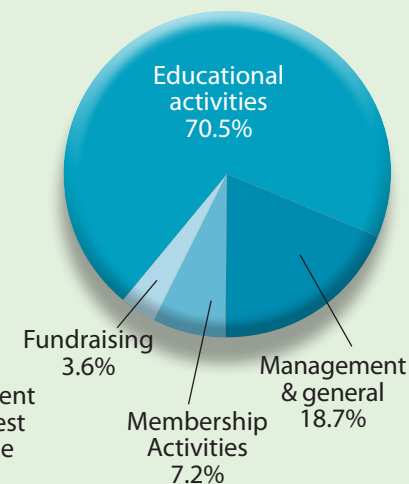
As of December 31, 2012

REVENUE

(Without realized and unrealized gains and losses on investments)



EXPENSES



NAMS Statement of Financial Position

	December 31, 2012	December 31, 2011
Cash	\$ 353,663	\$ 1,259,180
Investments (at fair value)	4,262,104	3,876,698
Other	223,163	116,650
Assets	\$ 4,838,930	\$ 5,252,528
Liabilities	\$ 164,780	\$ 236,087
Net Assets	\$ 4,674,150	\$ 5,016,441
Total Liabilities and Net Assets	\$ 4,838,930	\$ 5,252,528

Our Boards

NAMS Board of Trustees (year-end 2012)

Officers

Diane T. Pace, PhD, FNP, NCMP (*President*), University of Tennessee Health Science Center College of Nursing, Memphis, TN

Jan L. Shifren, MD, NCMP (*President-Elect*), Harvard Medical School, Boston, MA

JoAnn E. Manson, MD, DrPH, NCMP (*Immediate Past President*), Harvard Medical School, Boston, MA

Pauline M. Maki, PhD (*Treasurer*), University of Illinois at Chicago College of Medicine, Chicago, IL

Michelle P. Warren, MD, NCMP (*Secretary*), Columbia Presbyterian Medical Center, New York, NY

Margery L.S. Gass, MD, NCMP (*Executive Director*), Cleveland Clinic Center for Specialized Women's Health, Cleveland, OH

Members

Howard N. Hodis, MD, Keck School of Medicine, University of Southern California, Los Angeles, CA

Andrew M. Kaunitz, MD, FACOG, NCMP, University of Florida College of Medicine, Jacksonville, FL

Sheryl A. Kingsberg, PhD, Case Western Reserve University School of Medicine, Cleveland, OH

Gloria Richard-Davis, MD, FACOG, University of Arkansas Medical Sciences, Little Rock, AR

(Members, continued)

Peter F. Schnatz, DO, FACOG, FACP, NCMP, The Reading Hospital and Medical Center, Reading, PA

Marla Shapiro, MDCM, CCFP, MHSc, FRCP(C), FCFP, NCMP, University of Toronto, Toronto, Ontario, Canada

Lynnette Leidy Sievert, PhD, University of Massachusetts, Amherst, MA

Isaac Schiff, MD (*Editor-in-Chief, Menopause*), Harvard Medical School, Boston, MA

Wulf H. Utian, MD, PhD, DSc(Med) (*Executive Director Emeritus*), Case Western Reserve University School of Medicine, Cleveland, OH

NAMS Foundation Board of Directors (year-end 2012)

Nancy Fugate Woods, PhD, RN, FAAN (*President*), University of Washington School of Nursing, Seattle, WA

Marilyn L. Rothert, PhD, RN, FAAN (*Immediate Past President*), Michigan State University, East Lansing, MI

Tara I. Allmen, MD, FACOG, NCMP (*Treasurer*), Center for Menopause, Hormonal Disorders & Women's Health, New York, NY

Lisa Larkin, MD, FACP, NCMP, UC Health Women's Center, Cincinnati, OH

Margaret W. Wong, Esq., Margaret W. Wong & Associates, Cleveland, OH

Margery L.S. Gass, MD, NCMP (*NAMS Executive Director*), Cleveland Clinic Center for Specialized Women's Health, Cleveland, OH

Diane T. Pace, PhD, FNP, FAANP, NCMP (*NAMS President*), University of Tennessee Health Science Center College of Nursing, Memphis, TN



The North American Menopause Society (NAMS)
5900 Landerbrook Drive, Suite 390 • Mayfield Heights, Ohio 44124, USA
T: 440/442-7550 • F: 440/442-2660
Email: info@menopause.org • Website: www.menopause.org

May 2013