



2015 ANNUAL MEETING

September 30–October 3 • Caesars Palace



2015 NAMS Annual Meeting Scientific Program

(as of August 26, 2015)

What Happens at NAMS Doesn't Stay at NAMS: Education Changes Practice

Wednesday, September 30, 2015

7:00 AM–7:00 PM	Registration Desk Open
7:30 AM–8:00 AM	Pre-Meeting Symposium Registration and Continental Breakfast <i>(Note: Separate Registration Fee From Annual Meeting)</i>
8:00 AM–1:00 PM	Pre-Meeting Symposium Midlife Sexuality—Not an Oxymoron <i>Supported in part by grant funding from</i> EndoCeutics Inc. Laclede Inc. Palatin Technologies, Inc. Shionogi Inc.
8:00 AM–8:10 AM	Welcome and Introductory Remarks Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Chair, 2015 Scientific Program Committee Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital Reading, PA</i>
8:10 AM–9:45 AM	Part 1
	Sheryl A. Kingsberg, PhD—Moderator <i>Chief, Division of Behavioral Medicine Department of Obstetrics and Gynecology MacDonald Women's Hospital University Hospitals Case Medical Center Professor, Departments of Reproductive Biology and Psychiatry Case Western Reserve University School of Medicine Cleveland, OH</i>
8:10 AM–8:35 AM	General Approach to Sexuality and Assessment Stanley E. Althof, PhD <i>Professor Emeritus Case Western Reserve University School of Medicine Executive Director Center for Marital and Sexual Health of South Florida West Palm Beach, FL</i>

Wednesday, September 30, 2015 (continued)

8:35 AM–9:00 AM	<p><i>Chronic Medical Conditions and Implications on Female Sexuality—Cancer and Others</i></p> <p>Michael L. Krychman, MDCM <i>Executive Director Southern California Center for Sexual Health and Survivorship Medicine Newport Beach, CA Associate Clinical Professor University of California, Irvine Irvine, CA</i></p>
9:00 AM–9:25 AM	<p><i>STIs and Elder Sexuality</i></p> <p>Barbara Levy, MD, FACOG, FACS <i>Vice President, Health Policy The American Congress of Obstetricians and Gynecologists Washington, DC</i></p>
9:25 AM–9:45 AM	<p>Interactive Panel Discussion With Q&A</p> <ul style="list-style-type: none"> — Stanley E. Althof, PhD — Michael L. Krychman, MDCM — Barbara Levy, MD, FACOG, FACS
9:45 AM–10:10 AM	<p>Coffee Break</p>
10:10 AM–11:45 AM	<p>Part 2</p>
	<p>Jan L. Shifren, MD, NCMP—Moderator <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Director, Mass General Midlife Women’s Health Center Massachusetts General Hospital Boston, MA</i></p>
10:10 AM–10:35 AM	<p><i>Sexual Moisturizers, Lubricants, and Enhancers—Making Clinical Recommendations</i></p> <p>Susan Kellogg Spadt, PhD, CRNP, IF, FCST, CSC <i>Director of Female Sexual Medicine, Center for Pelvic Medicine Drexel University College of Medicine Widener University College of Human Service Professions Academic Urology Center for Pelvic Medicine Philadelphia, PA</i></p>
10:35 AM–11:00 AM	<p><i>The Pharmacologic Treatment Considerations for Low Desire in Women</i></p> <p>Roya L. Rezaee, MD, FACOG <i>Assistant Professor Department of Reproductive Biology Codirector, Program for Sexual Health and Vulvovaginal Disorders Medical Director, Women’s Health Center MacDonald Women’s Hospital Department of Obstetrics and Gynecology University Hospitals Case Medical Center Cleveland, OH</i></p>

Wednesday, September 30, 2015 (continued)

11:00 AM–11:25 AM	<p><i>Internet Sex, Compulsive Sexuality, Pornography—Are Women Immune?</i></p> <p>Stanley E. Althof, PhD <i>Professor Emeritus Case Western Reserve University School of Medicine Executive Director Center for Marital and Sexual Health of South Florida West Palm Beach, FL</i></p>
11:25 AM–11:45 AM	<p>Interactive Panel Discussion With Q&A</p> <ul style="list-style-type: none"> — Susan Kellogg Spadt, PhD, CRNP, IF, CST — Roya L. Rezaee, MD, FACOG — Stanley E. Althof, PhD
11:45 AM–12:00 PM	Break and Box Lunch Distribution
12:00 PM–1:00 PM	<i>Part 3: Making It Practical</i>
	<p>Peter F. Schnatz, DO, FACOG, FACP, NCMP—Moderator <i>Chair, 2015 Scientific Program Committee Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital Reading, PA</i></p>
12:00 PM–12:25 PM	<p><i>Office-Based Sexuality Assessment and Counseling for the Menopause Practitioner</i></p> <p>Susan Kellogg Spadt, PhD, CRNP, IF, FCST, CSC <i>Director of Female Sexual Medicine, Center for Pelvic Medicine Drexel University College of Medicine Widener University College of Human Service Professions Academic Urology Center for Pelvic Medicine Philadelphia, PA</i></p>
12:25 PM–1:00 PM	<p>Interactive Panel Discussion With Q&A</p> <ul style="list-style-type: none"> — Stanley E. Althof, PhD — Sheryl A. Kingsberg, PhD — Michael L. Krychman, MDCM — Susan Kellogg Spadt, PhD, CRNP, IF, CST — Barbara Levy, MD, FACOG, FACS — Roya L. Rezaee, MD, FACOG — Jan L. Shifren, MD, NCMP
1:00 PM–3:00 PM	2016 Scientific Program Committee Meeting
1:00 PM–2:30 PM	Mentorship Program Meeting
2:00 PM–4:00 PM	Menopause Practitioner Competency Examination
2:00 PM–2:50 PM	Professional Education Committee Meeting
3:00 PM–3:50 PM	Consumer Education Committee Meeting

Wednesday, September 30, 2015 (continued)

4:30 PM–4:45 PM	Welcome and Introductory Remarks
4:30 PM–4:35 PM	<p>Pauline M. Maki, PhD <i>NAMS President Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Research Director, UIC Center for Research in Women and Gender University of Illinois at Chicago Chicago, IL</i></p>
4:35 PM–4:45 PM	<p>Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Chair, 2015 Scientific Program Committee Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital Reading, PA</i></p>
4:45 PM–6:15 PM	<p>Plenary Symposium 1—Presidential Symposium <i>The Female Brain: Menopause and Aging</i> <i>Supported in part by grant funding from Pfizer Inc.</i></p>
	<p>Pauline M. Maki, PhD—Moderator <i>NAMS President Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Research Director, UIC Center for Research in Women and Gender University of Illinois at Chicago Chicago, IL</i></p>
4:45 PM–5:05 PM	<p><i>Sex Differences in the Brain</i></p> <p>Larry Cahill, PhD <i>Professor, Neurobiology and Behavior School of Biological Sciences University of California, Irvine Irvine, CA</i></p>
5:05 PM–5:25 PM	<p><i>Women and Brain Aging</i></p> <p>Pauline M. Maki, PhD <i>NAMS President Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Research Director, UIC Center for Research in Women and Gender University of Illinois at Chicago Chicago, IL</i></p>
5:25 PM–5:45 PM	<p><i>Exercising Your Mind and Brain</i></p> <p>Arthur F. Kramer, PhD <i>Director, Beckman Institute for Advanced Science and Technology Swanlund Chair and Professor of Psychology and Neuroscience University of Illinois Champaign, IL</i></p>
5:45 PM–6:15 PM	Panel and Audience Discussion

Wednesday, September 30, 2015 (continued)

6:15 PM–8:00 PM	President’s Reception <i>Supported by the Premier Partner of the 2015 Annual Meeting</i> Noven Pharmaceuticals
8:00 PM–9:00 PM	Educational Program for Recipients of Pfizer Medical Residents, Fellows, and DNs In-Training Awards

Thursday, October 1, 2015

7:00 AM–6:00 PM	Registration Desk Open
6:45 AM–8:00 AM	Menopause Editorial Board Meeting and Breakfast
7:00 AM–8:00 AM	Meet the Experts Breakfast Sessions
7:15 AM–8:15 AM	Participant Continental Breakfast
8:15 AM–9:00 AM	Keynote Address
	Introduced by Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Chair, 2015 Scientific Program Committee</i> <i>Associate Chairman and Residency Program Director</i> <i>Department of Obstetrics and Gynecology</i> <i>The Reading Hospital</i> <i>Reading, PA</i>
8:15 AM–9:00 AM	Why Hospitals Should Fly—The Ultimate Flight Plan to Patient Safety and Quality Care John J. Nance, JD <i>Founding Board Member and Executive Committee Member</i> <i>National Patient Safety Foundation</i> <i>Aerospace Analyst, ABC World News</i> <i>Seattle, WA</i>
9:00 AM–10:30 AM	Plenary Symposium 2—Perimenopausal Contraception <i>Supported in part by grant funding from</i> Bayer HealthCare Pfizer Inc.
	Marcie K. Richardson, MD—Moderator <i>Director, Menopause Consultation Service</i> <i>Harvard Vanguard Medical Associates</i> <i>Assistant Clinical Professor, Obstetrics and Gynecology</i> <i>Harvard Medical School</i> <i>Boston, MA</i>
9:00 AM–9:20 AM	Contraceptive Needs of Older Reproductive-Aged Women Amanda Black, MD, MPH, FRCSC <i>Associate Professor, University of Ottawa</i> <i>Department of Obstetrics and Gynecology</i> <i>Shirley E. Greenberg Women’s Health Center</i> <i>The Ottawa Hospital</i> <i>Ottawa, ON, Canada</i>

Thursday, October 1, 2015 (continued)

9:20 AM–9:40 AM	<p>Contraceptive Options for Perimenopausal Women With Health Challenges</p> <p>Anita L. Nelson, MD <i>Professor, Department of Obstetrics and Gynecology David Geffen School of Medicine at University of California, Los Angeles Torrance, CA</i></p>
9:40 AM–10:00 AM	<p>Transitioning From Contraception to Postmenopausal Hormone Therapy</p> <p>Petra M. Casey, MD, NCMP <i>Associate Professor Department of Obstetrics and Gynecology Mayo Clinic Rochester, MN</i></p>
10:00 AM–10:30 AM	Panel and Audience Discussion
10:30 AM–11:15 AM	Refreshment Break
10:30 AM–10:45 AM	<p>Stretch for Health <i>Supported by grant funding from Vertical Pharmaceuticals, LLC</i></p>
10:45 AM–11:15 AM	<p>Product Theater <i>Supported by Pfizer Inc.</i></p>
11:15 AM–12:15 PM	<p>Plenary Symposium 3—The Bimanual Examination: Pro and Con <i>Supported in part by grant funding from Pfizer Inc.</i></p>
	<p>Steven R. Goldstein, MD, FACOG, CCD, NCMP—Moderator <i>Professor Department of Obstetrics and Gynecology New York University School of Medicine New York, NY</i></p>
11:15 AM–11:30 AM	<p>The Bimanual Pelvic Examination—Pro</p> <p>Barbara Levy, MD, FACOG, FACS <i>Vice President, Health Policy The American Congress of Obstetricians and Gynecologists Washington, DC</i></p>
11:30 AM–11:45 AM	<p>Routine Screening Bimanual Examination in Asymptomatic Women—The Case Against</p> <p>Molly Cooke, MD, MACP <i>Professor of Medicine Director of Education for Global Health Sciences University of California, San Francisco San Francisco, CA</i></p>
11:45 AM–11:50 AM	<p>Pro Rebuttal</p> <p>Barbara Levy, MD, FACOG, FACS</p>
11:50 AM–11:55 AM	<p>Con Rebuttal</p> <p>Molly Cooke, MD</p>
11:55 AM–12:15 PM	Panel and Audience Discussion

Thursday, October 1, 2015 (continued)

12:15 PM–12:30 PM	Box Lunches Distributed
12:30 PM–2:00 PM	Plenary Symposium 4—<i>Diabetes Management in Postmenopausal Women</i> <i>Supported in part by grant funding from Pfizer Inc.</i>
	Marla Shapiro, MDCM, CCFP, MHSc, FRCP(C), FCFP, NCMP, C.M.—Moderator <i>Associate Professor Department of Family and Community Medicine University of Toronto Toronto, ON, Canada</i>
12:30 PM–12:50 PM	<i>What Is the Effect of Menopause on Diabetes Risk?</i> Franck Mauvais-Jarvis, MD, PhD <i>Price-Goldsmith Professor Department of Medicine, Section of Endocrinology Director, Tulane Diabetes Research Program Tulane University Health Sciences Center New Orleans, LA</i>
12:50 PM–1:10 PM	<i>Some Newer Treatment Options for Type 2 Diabetes</i> Robert G. Josse, MD, BS <i>Professor, Department of Medicine Professor, Department of Nutritional Sciences University of Toronto Toronto, ON, Canada</i>
1:10 PM–1:30 PM	<i>Hypoglycemic Agents and Insulin: How to Choose Among the Options</i> Jane E.B. Reusch, MD <i>Professor of Medicine and Biochemistry Division of Endocrinology, Metabolism, and Diabetes Associate Director, Center for Women's Health Research University of Colorado Denver, CO</i>
1:30 PM–2:00 PM	Panel and Audience Discussion
2:00 PM–2:45 PM	Refreshment Break
2:00 PM–2:15 PM	Stretch for Health <i>Supported by grant funding from Vertical Pharmaceuticals, LLC</i>
2:15 PM–2:45 PM	Product Theater <i>Supported by Kimberly-Clark</i>
2:45 PM–4:15 PM	Plenary Symposium 5—<i>Osteoporosis: What's New and On the Horizon?</i> <i>Supported in part by grant funding from Amgen Inc. Merck & Co., Inc. Pfizer Inc.</i>
	Xuezhi (Daniel) Jiang, MD, PhD, FACOG, NCMP—Moderator <i>Assistant Professor Sidney Kimmel Medical College of Thomas Jefferson University Department of Obstetrics and Gynecology Clerkship Director The Reading Hospital Reading, PA</i>

Thursday, October 1, 2015 (continued)

2:45 PM–3:05 PM	<p><i>What's New and On the Horizon in Screening, Drug Holidays, Supplements, and Conservative Therapy?</i></p> <p>Nelson B. Watts, MD <i>Director Mercy Health Osteoporosis and Bone Health Services Cincinnati, OH</i></p>
3:05 PM–3:25 PM	<p><i>What's New and On the Horizon for Prescription Therapies?</i></p> <p>Michael McClung, MD <i>Founding Director Oregon Osteoporosis Center Portland, OR</i></p>
3:25 PM–4:15 PM	<p>Post Session Panel With Q&A</p> <p>Panelists</p> <p>Carolyn J. Crandall, MD, MS, NCMP <i>Professor of Medicine David Geffen School of Medicine at University of California, Los Angeles Los Angeles, CA</i></p> <p>Risa Kagan, MD, FACOG, CCD, NCMP <i>Clinical Professor Department of Obstetrics, Gynecology and Reproductive Sciences University of California, San Francisco Berkeley, CA</i></p> <p>Michael McClung, MD <i>Founding Director Oregon Osteoporosis Center Portland, OR</i></p> <p>Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Chair, 2015 Scientific Program Committee Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital Reading, PA</i></p> <p>Nelson B. Watts, MD <i>Director Mercy Health Osteoporosis and Bone Health Services Cincinnati, OH</i></p>
4:30 PM–5:45 PM	<p>Concurrent Session 1—Presentation of Top Abstracts</p>
4:30 PM–5:45 PM	<p>Concurrent Session 2—Presentation of Top Abstracts</p>
4:30 PM–5:45 PM	<p>Concurrent Session 3—NAMS Film Festival</p> <p>George A. Helmrich, MD, CCD, NCMP—Moderator <i>Chief Medical Officer Baptist Easley Hospital Easley, SC</i></p>

Thursday, October 1, 2015 (continued)

4:30 PM–6:00 PM	Concurrent Session 4—Presentations From Mexican Leadership
	<p>Dr. Fernando Sánchez Aguirre—Moderator and Introductions <i>President of AMEC Mexico City</i></p>
4:30 PM–4:45 PM	<p><i>Prevalencia, estado y seguimiento del síndrome metabólico en mujeres menopáusicas en la Ciudad de México</i></p> <p>Dr. Guillermo Federico Ortiz Luna <i>Coordinador de peri y postmenopausia, Instituto Nacional de Perinatología Chief of Peri and Postmenopausal Department, Nacional Institute of Perinatology (INPER) Mexico City</i></p>
4:45 PM–5:00 PM	<p><i>Experiencia de un hospital de tercer nivel en México (Instituto Nacional de Perinatología), para el manejo laparoscópico de las masas anexiales en la postmenopausia</i></p> <p>Dr. José Roberto Silvestri Tomassoni <i>Adscrito en ginecología Instituto Nacional de Perinatología/Gynecology Department National Institute of Perinatology (INPER) Mexico City</i></p>
5:00 PM–5:15 PM	<p><i>Aspectos éticos y legales del embarazo en la postmenopausia en México</i></p> <p>Dr. José Luis Castro López <i>Presidente del Colegio de Ginecólogos del Hospital Español de México President of the College of Gynecologists, Spanish Hospital of Mexico</i></p>
5:15 PM–5:30 PM	<p><i>Seguridad del uso de Verapride como terapia no hormonal</i></p> <p>Dr. Marcelino Hernández Valencia <i>Unidad de Investigación de enfermedades Endocrinas/Endocrine Research Unit National Medical Center, Instituto Mexicano del Seguro Social (IMSS) Mexico City</i></p>
5:30 PM–5:45 PM	<p><i>Medidas antropométricas en mujeres peri y postmenopáusicas y su relación con ansiedad de rasgo y estado</i></p> <p>Dra. Mónica Flores Ramos <i>Catedrático CONACYT, Comisionado al Instituto Nacional de Psiquiatría Ramón de la Fuente Muñiz Mexico City</i></p>
5:45 PM–6:00 PM	<p><i>Síndrome genitourinario en la menopausia/Menopausal syndrome genitourinary</i></p> <p>Dr. Víctor Manuel Vargas Hernández <i>Adscrito en ginecología Hospital Juárez de México Gynecology Department, Juarez Hospital of Mexico Mexico City</i></p>
6:00 PM–7:00 PM	<p>Poster Session and Wine and Cheese Reception <i>Supported in part by grant funding from Vertical Pharmaceuticals, LLC</i></p>
7:15 PM–8:15 PM	<p>Award Winners Reception <i>By Invitation Only</i></p>

Friday, October 2, 2015

7:00 AM–5:30 PM	Registration Desk Open
6:45 AM–7:45 AM	Meet the Experts Breakfast Sessions
7:00 AM–8:30 AM	Participant Continental Breakfast
7:55 AM–8:30 AM	NAMS Annual Membership Town Hall
8:30 AM–9:00 AM	NAMS/Pfizer Wulf H. Utian Endowed Lecture
	<p>Introduced by Wulf H. Utian, MD, PhD, DSc(Med) <i>Professor Emeritus, Case Western Reserve University School of Medicine</i> <i>Honorary Past President, International Menopause Society</i> <i>Chairman, Scientific Advisory Board, Rapid Medical Research</i> <i>Honorary Trustee and Executive Director Emeritus, NAMS</i> <i>Executive Director, NAMS</i> <i>Cleveland, OH</i></p>
8:30 AM–9:00 AM	<p><i>The Placebo Response in Clinical Trials and Treatment</i></p> <p>Cindy M. Meston, PhD <i>Professor, Clinical Psychology</i> <i>The University of Texas at Austin</i> <i>Director, The Sexual Psychophysiology Laboratory</i> <i>Austin, TX</i></p>
9:00 AM–10:30 AM	<p>Plenary Symposium 6—<i>Cardiovascular Disease in Women</i> <i>Supported in part by grant funding from</i> <i>Pfizer Inc.</i></p>
	<p>JoAnn E. Manson, MD, DrPH, NCMP—Moderator <i>Chief, Division of Preventive Medicine</i> <i>Brigham and Women’s Hospital</i> <i>Professor of Medicine and the</i> <i>Michael and Lee Bell Professor of Women’s Health</i> <i>Harvard Medical School</i> <i>Professor, Harvard School of Public Health</i> <i>Boston, MA</i></p>
9:00 AM–9:25 AM	<p><i>Primary Prevention of Heart Disease—What Works, What Doesn’t?</i></p> <p>Samia Mora, MD, MHS <i>Associate Professor of Medicine</i> <i>Brigham and Women’s Hospital</i> <i>Harvard Medical School</i> <i>Boston, MA</i></p>
9:25 AM–9:45AM	<p><i>Cardiovascular Disease and Postmenopausal Hormone Therapy</i></p> <p>Tomi S. Mikkola, MD <i>Associate Professor</i> <i>Department of Obstetrics and Gynecology</i> <i>Helsinki University Central Hospital</i> <i>Helsinki, Finland</i></p>

Friday, October 2, 2015 (continued)

9:45 AM–10:05 AM	<p>Primary Prevention of Coronary Heart Disease in Women: New Updates</p> <p>Howard N. Hodis, MD <i>Harry J. Bauer and Dorothy Bauer Rawlins Professor of Cardiology Professor of Medicine and Preventive Medicine Professor of Molecular Pharmacology and Toxicology Director, Atherosclerosis Research Unit Division of Cardiovascular Medicine Keck School of Medicine University of Southern California Los Angeles, CA</i></p>
10:05 AM–10:30 AM	<p>Panel and Audience Discussion</p>
10:30 AM–11:15 AM	<p>Refreshment Break</p>
10:30 AM–10:45 AM	<p>Stretch for Health <i>Supported by grant funding from Vertical Pharmaceuticals, LLC</i></p>
11:15 AM–12:15 PM	<p>Top Scoring Abstract Presentations</p>
11:15 AM–12:15 PM	<p>MsFLASH Research Network: Latest Findings</p> <p>Andrea Z. LaCroix, PhD—Moderator <i>Professor of Epidemiology MsFLASH DCC Principal Investigator Director, Women’s Health Center of Excellence Division of Epidemiology, Department of Family and Preventive Medicine University of California, San Diego, School of Medicine San Diego, CA</i></p>
11:15 AM–11:25 AM	<p>An RCT of Telephone-based Cognitive Behavioral Training for Insomnia in Midlife Women With Vasomotor Symptoms</p> <p>Susan M. McCurry, PhD <i>Research Professor Department of Psychosocial and Community Health Adjunct Research Professor, Psychiatry and Behavioral Sciences Northwest Research Group on Aging University of Washington, School of Nursing Seattle, WA</i></p>
11:25 AM–11:30 AM	<p>Q&A and Audience Discussion</p>
11:30 AM–11:40 AM	<p>Estrogen Metabolites and the Vaginal Microbiome Following 8 Weeks of Low-Dose Estradiol, Venlafaxine, or Placebo for Vasomotor Symptoms</p> <p>Caroline Mitchell, MD, MPH <i>Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Investigator, Vincent Center for Reproductive Biology Massachusetts General Hospital Boston, MA</i></p>
11:40 AM–11:45 AM	<p>Q&A and Audience Discussion</p>

Friday, October 2, 2015 (continued)

11:45 AM–11:55 AM	<p><i>Effects of Yoga Versus Usual Care on Heart Rate Variability and Salivary Cortisol in Women With Vasomotor Symptoms</i></p> <p>Katherine M. Newton, PhD <i>Director of Research and External Affairs Group Health Research Institute Seattle, WA</i></p> <p>Salene M. Wu Jones, PhD <i>Postdoctoral Fellow Group Health Research Institute Seattle, WA</i></p> <p>Susan D. Reed, MD, MPH <i>Professor, Department of Obstetrics and Gynecology Adjunct Professor, Department of Epidemiology Director, Women’s Reproductive Health Research Program University of Washington Seattle, WA</i></p>
11:55 AM–12:00 PM	<p>Q&A and Audience Discussion</p>
12:00 PM–12:10 PM	<p><i>Tolerability and Response to Low-Dose Gabapentin Among Midlife Women With Hot Flashes and Insomnia</i></p> <p>Lee S. Cohen, MD <i>Director, Center for Women’s Mental Health Massachusetts General Hospital Edmund and Carroll Carpenter Professor of Psychiatry Harvard Medical School Boston, MA</i></p>
12:10 PM–12:15 PM	<p>Q&A and Audience Discussion</p>
12:15 PM–12:30 PM	<p>Box Lunches Distributed</p>
12:30 PM–2:00 PM	<p>Plenary Symposium 7—<i>Gynecologic Update for the Menopausal Woman</i> <i>Supported in part by grant funding from Pfizer Inc.</i></p>
	<p>Lisa Chism, DNP, APRN, BC, NCMP, FAANP—Moderator <i>Clinical Director, Women’s Wellness Clinic Sexual Health Counselor and Educator Karmanos Cancer Institute Detroit, MI</i></p>
12:30 PM–12:50 PM	<p><i>Cervical Cancer Screening—Is It Ever Safe to Stop in Postmenopausal Women? What’s the Risk of Atypical Glandular Cells?</i></p> <p>Lisa C. Flowers, MD <i>Directory of Colposcopy and Anoscopy Services Emory University School of Medicine Associate Chief of Service, Obstetrics and Gynecology Grady Memorial Hospital Atlanta, GA</i></p>

Friday, October 2, 2015 (continued)

12:50 PM–1:10 PM	<p>Individualizing Management of Fibroids in the Perimenopause</p> <p>Ally Murji, MD, MPH, FRCS(C) <i>Assistant Professor, Minimally Invasive Gynecology University of Toronto Toronto, ON, Canada</i></p>
1:10 PM–1:30 PM	<p>Adnexal Masses in Menopausal Women—Surgery or Surveillance?</p> <p>Frederick R. Ueland, MD <i>Professor and Director of Gynecologic Oncology Vice Chair, Department of Obstetrics and Gynecology University of Kentucky Markey Cancer Center Lexington, KY</i></p>
1:30 PM–2:00 PM	<p>Panel and Audience Discussion</p>
2:00 PM–2:45 PM	<p>Refreshment Break</p>
2:00 PM–2:15 PM	<p>Stretch for Health <i>Supported by grant funding from Vertical Pharmaceuticals, LLC</i></p>
2:00 PM–3:00 PM	<p>Membership Committee Meeting</p>
2:45 PM–4:00 PM	<p>Plenary Symposium 8—BRCA Mutation Carriers—Screening, Risk-Reducing Surgery, and Managing Menopausal Symptoms <i>Supported in part by grant funding from Myriad Genetics, Inc. Pfizer Inc.</i></p>
	<p>Andrew M. Kaunitz, MD, FACOG, NCMP—Moderator <i>University of Florida Research Foundation Professor and Associate Chairman Department of Obstetrics and Gynecology University of Florida College of Medicine—Jacksonville Director Menopause and Gynecologic Ultrasound Services Southside Women’s Health Jacksonville, FL</i></p>
2:45 PM–3:10 PM	<p>Screening for Genetic Mutations in BRCA1 and BRCA2</p> <p>Steven Narod, MD, FRCPC, FRSC <i>Senior Scientist, Women’s College Research Institute Director, Familial Breast Cancer Research Unit Professor, Dalla Lana School of Public Health Professor, Department of Medicine University of Toronto Toronto, ON, Canada</i></p>
3:10 PM–3:35 PM	<p>Risk-Reducing Surgery and Managing Menopausal Symptoms</p> <p>Susan M. Domchek, MD <i>Basser Professor of Oncology Director, Basser Research Center for BRCA Director, MacDonald Women’s Cancer Risk Evaluation Center University of Pennsylvania Philadelphia, PA</i></p>
3:35 PM–4:00 PM	<p>Panel and Audience Discussion</p>

Friday, October 2, 2015 (continued)

4:15 PM–5:30 PM	Concurrent Session 1—Presentation of Top Abstracts
4:15 PM–5:30 PM	Concurrent Session 2—Presentation of Top Abstracts
4:15 PM–5:30 PM	Concurrent Session 3—Canadian Leadership Session
4:15 PM–4:20 PM	Elaine Jolly, OC, MD, FRCSC—Moderator and Introductions <i>Professor, University of Ottawa Medical Director, Women’s Health Program The Ottawa Hospital Ottawa, ON, Canada</i>
4:20 PM–4:45 PM	The Role of Estrogen in Osteoporosis Management: 2015 Robert G. Josse, MD, BS <i>Professor, Department of Medicine Professor, Department of Nutritional Sciences University of Toronto Toronto, ON, Canada</i>
4:45 PM–5:10 PM	Is It Depression Or Is Menopause? Claudio N. Soares, MD, PhD, FRCPC, MBA <i>Consultant, Women’s Health and Neuroscience Queen’s University School of Business Toronto, ON, Canada</i>
5:10 PM–5:30 PM	Panel and Audience Discussion
5:45 PM–6:45 PM	Donor Cocktail Party

Saturday, October 3, 2015

7:00 AM–12:30 PM	Registration Desk Open
7:30 AM–8:30 AM	Participant Continental Breakfast
7:15 AM–8:15 AM	Society Board Meeting
8:30 AM–8:45 AM	Announcement of Poster Prizes
8:45 AM–9:15 AM	NAMS/Kenneth W. Kleinman Endowed Lecture
	Introduced by Pauline M. Maki, PhD <i>NAMS President Professor of Psychiatry and Psychology Director, Women’s Mental Health Research Research Director, UIC Center for Research in Women and Gender University of Illinois at Chicago Chicago, IL</i>

Saturday, October 3, 2015 (continued)

8:45 AM–9:15 AM	<p>ACOs, the ACA, and ADIDAS: Reinventing Healthcare Is Not Impossible!</p> <p>Stephen K. Klasko, MD, MBA <i>President and CEO Thomas Jefferson University and Jefferson Health System Philadelphia, PA</i></p>
9:15 AM–10:15 AM	<p>Plenary Symposium 9—Hormone Therapy After Hysterectomy or BSO: Considerations for Management</p> <p><i>Supported in part by grant funding from Pfizer Inc. Vertical Pharmaceuticals, LLC</i></p>
	<p>Stephanie S. Faubion, MD, FACP, NCMP, IF—Moderator</p> <p><i>Director, Women’s Health Clinic Assistant Professor of Medicine Division of General Internal Medicine Mayo Clinic Rochester, MN</i></p>
9:15 AM–9:35 AM	<p>Estrogen Therapy After Postmenopausal Hysterectomy—Issues, Challenges, Risks, and Benefits</p> <p>James H. Liu, MD <i>Arthur H. Bill Professor and Chair Department of Obstetrics and Gynecology University Hospitals Case Medical Center MacDonald Women’s Hospital Department of Reproductive Biology Case Western Reserve University School of Medicine Cleveland, OH</i></p>
9:35 AM–9:55 AM	<p>Estrogen Therapy After Bilateral Oophorectomy in Premenopausal Women</p> <p>Walter A. Rocca, MD, MPH <i>Ralph S. and Beverley E. Caulkins Professor of Neurodegenerative Diseases Research Professor of Epidemiology and Neurology Department of Health Sciences Research Department of Neurology Mayo Clinic Rochester, MN</i></p>
9:55 AM–10:15 AM	<p>Post Session Panel With Q&A</p> <p>Panelists</p> <p>Susan M. Domchek, MD <i>Basser Professor in Oncology Executive Director, Basser Research Center Director, MacDonald Women’s Cancer Risk Evaluation Center University of Pennsylvania Philadelphia, PA</i></p> <p>Steven R. Goldstein, MD, FACOG, CCD, NCMP <i>Professor Department of Obstetrics and Gynecology New York University School of Medicine New York, NY</i></p>

Saturday, October 3, 2015 (continued)

9:55 AM–10:15 AM	<p>Post Session Panel With Q&A</p> <p>Panelists (continued)</p> <p>James H. Liu, MD <i>Arthur H. Bill Professor and Chair Department of Obstetrics and Gynecology University Hospitals Case Medical Center MacDonald Women’s Hospital Department of Reproductive Biology Case Western Reserve University School of Medicine Cleveland, OH</i></p> <p>Lila E. Nachtigall, MD, NCMP <i>Professor of Obstetrics and Gynecology New York University School of Medicine New York NY</i></p> <p>Walter A. Rocca, MD, MPH <i>Professor of Epidemiology and Neurology Ralph S. and Beverley E. Caulkins Professor of Neurodegenerative Diseases Research Mayo Clinic Rochester, MN</i></p> <p>Philip M. Sarrel, MD <i>Emeritus Professor of Obstetrics and Gynecology and Psychiatry Yale University New Haven, CT</i></p>
10:15 AM–10:30 AM	<p>Refreshment Break</p>
10:30 AM–12:00 PM	<p>Plenary Symposium 10—Addictions and Compulsive Behaviors in Menopausal Women <i>Supported in part by grant funding from Pfizer Inc.</i></p>
	<p>Wen Shen, MD, MPH—Moderator <i>Assistant Professor Department of Obstetrics and Gynecology Director, Johns Hopkins Colposcopy Clinic The Johns Hopkins University Baltimore, MD</i></p>
10:30 AM–10:50 AM	<p>Alcohol—Use and Abuse</p> <p>Timothy Lineberry, MD <i>Chief Medical Officer Aurora Health Care Green Bay, WI</i></p>
10:50 AM–11:10 AM	<p>Mental Health Consequences of Prescription Drug Addictions—Opioids, Hypnotics, Benzodiazepines</p> <p>Ayal Schaffer, MD, FRCPC <i>Head, Mood and Anxiety Disorders Program Sunnybrook Health Sciences Centre Associate Professor Department of Psychiatry University of Toronto Toronto, ON, Canada</i></p>

Saturday, October 3, 2015 (continued)

11:10 AM–11:30 AM	<p><i>Eating Disorders</i></p> <p>Marsha D. Marcus, PhD <i>Professor of Psychiatry and Psychology Department of Psychiatry University of Pittsburgh Pittsburgh, PA</i></p>
11:30 AM–12:00 PM	<p>Panel and Audience Discussion</p>
12:00 PM–1:00 PM	<p>Plenary Symposium 11—Compounded Hormone Therapy <i>Supported in part by grant funding from Pfizer Inc</i></p>
12:00 PM–12:15 PM	<p>Nanette F. Santoro, MD—Moderator <i>Professor and E. Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Aurora, CO</i></p>
12:00 PM–12:15 PM	<p><i>Presentation of Results of NAMS Survey on Compounded Hormone Therapy</i></p> <p>Margery L.S. Gass, MD, NCMP <i>Executive Director Emeritus The North American Menopause Society Cleveland, OH</i></p>
12:15 PM–12:30 PM	<p><i>The Compounded Hormone Therapy Fantasy—Concerns Regarding Purity, Dose, Poor FDA Oversight, and Media Irresponsibility</i></p> <p>Wulf H. Utian, MD, PhD, DSc(Med) <i>Professor Emeritus, Case Western Reserve University School of Medicine Honorary Past President, International Menopause Society Chairman, Scientific Advisory Board, Rapid Medical Research Honorary Trustee and Executive Director Emeritus, NAMS Executive Director, NAMS Cleveland, OH</i></p>
12:30 PM–1:00 PM	<p>Post Session Panel With Q&A</p> <p><i>Panelists</i></p> <p>Margery L.S. Gass, MD, NCMP <i>Executive Director Emeritus The North American Menopause Society Cleveland, OH</i></p> <p>Lisa Larkin, MD, FACP, NCMP <i>Associate Professor of Obstetrics and Gynecology Division Director Midlife Women’s Health Medical Director UC Health Women’s Center Cincinnati, OH</i></p> <p>Jan L. Shifren, MD, NCMP <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Director, Mass General Midlife Women’s Health Center Massachusetts General Hospital Boston, MA</i></p>

Saturday, October 3, 2015 (continued)

12:30 PM–1:00 PM

Post Session Panel With Q&A

Panelists (continued)

Lauren F. Streicher, MD, NCMP

*Associate Clinical Professor of Obstetrics and Gynecology
The Feinberg School of Medicine
Northwestern University
Chicago, IL*

Wulf H. Utian, MD, PhD, DSc(Med)

*Professor Emeritus, Case Western Reserve University School of Medicine
Honorary Past President, International Menopause Society
Chairman, Scientific Advisory Board, Rapid Medical Research
Honorary Trustee and Executive Director Emeritus, NAMS
Executive Director, NAMS
Cleveland, OH*

1:00 PM–2:00 PM

Closing Program for Recipients of Pfizer Medical Residents, Fellows, and DNPs In-Training Awards