



2014 NAMS Annual Meeting Scientific Program

(as of September 9, 2014)

NAMS at 25 Years: Celebrating Our History—Looking to the Future

Wednesday, October 15, 2014

7:00 AM–7:00 PM	Registration Desk Open
7:30 AM–8:00 AM	Pre-Meeting Symposium Registration and Continental Breakfast <i>(Separate Registration Fee from Annual Meeting)</i>
8:00 AM–1:00 PM	Pre-Meeting Symposium Hot Flashes—The Hallmark of Menopause: Personalizing Treatment in 2014 Supported in part by grant funding from: Noven Women's Health Vertical Pharmaceuticals, Inc.
8:00 AM–8:10 AM	Welcome and Introductory Remarks JoAnn E. Manson, MD, DrPH, NCMP—Moderator <i>Chair, 2014 Scientific Program Committee Chief, Division of Preventive Medicine Brigham and Women's Hospital Professor of Medicine and the Michael and Lee Bell Professor of Women's Health Harvard Medical School Boston, MA</i>
8:10 AM–9:30 AM	Part 1: Recent Advances in Understanding Hot Flashes
8:10 AM–8:35 AM	Setting the Stage: Epidemiology, Time Course, Global and Cultural Correlates, Metabolic Consequences Rebecca C. Thurston, PhD <i>Associate Professor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science Director, Women's Biobehavioral Health Laboratory University of Pittsburgh Pittsburgh, PA</i>
8:35 AM–9:00 AM	Advances in Our Understanding of the Etiology/Mechanisms Naomi E. Rance, MD, PhD <i>Professor and Associate Head Department of Pathology University of Arizona, College of Medicine Tucson, AZ</i>
9:00 AM–9:25 AM	Impact on Quality of Life, Sleep, and Mood—Measurement/Assessment Nanette Santoro, MD <i>Professor and Chair, Department of Obstetrics and Gynecology University of Colorado Denver, CO</i>

Wednesday, October 15, 2014 (continued)

9:25 AM–9:45 AM	Interactive Panel Discussion With Q&A—Talks 1, 2, 3 —Rebecca C. Thurston, PhD —Naomi E. Rance, MD, PhD —Nanette Santoro, MD
9:45 AM–10:10 AM	Coffee Break
10:10 AM–11:45 AM	Part 2: Individualized Treatment Options Available—Appropriate Candidates, Clinical Pearls
10:10 AM–10:35 AM	Hormone Therapy: Conventional and Novel JoAnn V. Pinkerton, MD, NCMP <i>Medical Director, Midlife Health Center Professor of Obstetrics and Gynecology University of Virginia Charlottesville, VA</i>
10:35 AM–11:00 AM	Nonhormonal Pharmacologic Options: SSRIs/SNRIs/Gabapentin Susan D. Reed, MD, MPH <i>Professor, Department of Obstetrics and Gynecology Adjunct Professor, Department of Epidemiology Director, Women’s Reproductive Health Research Program University of Washington Seattle, WA</i>
11:00 AM–11:25 AM	Nonhormonal Alternative and Behavioral Options Janet S. Carpenter, PhD, RN, FAAN <i>Professor, Sally Reahard Chair Director of the Center for Enhancing Quality of Life in Chronic Illness Associate Dean for Research Indiana University School of Nursing Indianapolis, IN</i>
11:25 AM–11:45 AM	Interactive Panel Discussion With Q&A—Talks 4, 5, 6 —JoAnn V. Pinkerton, MD, NCMP —Susan D. Reed, MD, MPH —Janet S. Carpenter, PhD, RN, FAAN
11:45 AM–12:00 PM	Break and Box Lunch Distribution
12:00 PM–1:00 PM	Part 3: Tailoring Treatment to the Individual Patient—Including Special Populations
12:00 PM–12:25 PM	Overview: Identifying Candidates and Tailoring Treatment Risa Kagan, MD, FACOG, CCD, NCMP <i>Clinical Professor Department of Obstetrics, Gynecology and Reproductive Sciences University of California, San Francisco Berkeley, CA</i>

Wednesday, October 15, 2014 (continued)

12:25 PM–1:00 PM	<p>Case Vignettes: <i>Interactive Panel on Special Populations: The Patient With a History of Breast Cancer, Premature Ovarian Insufficiency, Venous Thromboembolism, or Cardiovascular Disease; Migraines, Severe Symptoms; Long-Term Users</i></p> <p>Case Presentations with Commentary from Faculty</p> <p>JoAnn E. Manson, MD, DrPH, NCMP—Moderator <i>Chair, 2014 Scientific Program Committee Chief, Division of Preventive Medicine Brigham and Women’s Hospital Professor of Medicine and the Michael and Lee Bell Professor of Women’s Health Harvard Medical School Boston, MA</i></p> <p>Faculty Panelists:</p> <p>Andrew M. Kaunitz, MD, FACOG, NCMP <i>University of Florida Research Foundation Professor and Associate Chair Department of Obstetrics and Gynecology University of Florida College of Medicine–Jacksonville Director, Menopause and Gynecologic Ultrasound Services Southside Women’s Health Jacksonville, FL</i></p> <p>Lubna Pal, MBBS, MRCOG <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences Director, Polycystic Ovary Syndrome Program Director, Menopause Program Yale School of Medicine New Haven, CT</i></p> <p>Vered Stearns, MD <i>Professor of Oncology Co-Director, Breast Cancer Program Johns Hopkins Sidney Kimmel Comprehensive Cancer Center Baltimore, MD</i></p> <p>Cynthia A. Stuenkel, MD, NCMP <i>Clinical Professor of Medicine University of California, San Diego La Jolla, CA</i></p>
1:00 PM–3:00 PM	2015 Scientific Program Committee Meeting
1:00 PM–2:30 PM	Mentorship Program Meeting
2:00 PM–4:00 PM	Menopause Practitioner Competency Examination
2:00 PM–2:50 PM	Professional Education Committee Meeting
3:00 PM–3:50 PM	Consumer Education Committee Meeting

Wednesday, October 15, 2014 (continued)

4:30 PM–4:45 PM	Welcome and Introductory Remarks
4:30 PM–4:35 PM	<p>Margery L.S. Gass, MD, NCMP <i>NAMS Executive Director Consultant, Cleveland Clinic Center for Specialized Women’s Health Clinical Professor, Cleveland Clinic Lerner College of Medicine, Case Western Reserve University Cleveland, OH</i></p>
4:35 PM–4:45 PM	<p>JoAnn E. Manson, MD, DrPH, NCMP <i>Chair, 2014 Scientific Program Committee Chief, Division of Preventive Medicine Brigham and Women’s Hospital Professor of Medicine and the Michael and Lee Bell Professor of Women’s Health Harvard Medical School Boston, MA</i></p>
4:45 PM–6:15 PM	<p>Plenary Symposium 1—Presidential Symposium <i>Low Libido at Midlife: Will the Answer Ever Be in Our Medicine Cabinets?</i> <i>Supported in part by grant funding from: Shionogi Inc.</i></p>
	<p>Jan L. Shifren, MD, NCMP—Moderator <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Director, Mass General Midlife Women’s Health Center Massachusetts General Hospital Boston, MA</i></p>
4:45 PM–5:05 PM	<p><i>Epidemiology of Sexual Problems at Midlife: Who, What, and Why?</i></p> <p>Raymond C. Rosen, PhD <i>Chief Scientist New England Research Institutes, Inc. Watertown, MA</i></p>
5:05 PM–5:25 PM	<p><i>Addressing Sexual Desire Problems of Women, Without a Prescription</i></p> <p>Sheryl A. Kingsberg, PhD <i>Chief, Division of Behavioral Medicine University Hospitals Case Medical Center MacDonald Women’s Hospital Professor, Departments of Reproductive Biology and Psychiatry Case Western Reserve University School of Medicine Cleveland, OH</i></p>
5:25 PM–5:45 PM	<p><i>The Pharmacologic Treatment of Female Sexual Dysfunction: Future Reality or Wishful Thinking?</i></p> <p>Jan L. Shifren, MD, NCMP <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Director, Mass General Midlife Women’s Health Center Massachusetts General Hospital Boston, MA</i></p>
5:45 PM–6:15 PM	Panel and Audience Discussion
6:15 PM–8:00 PM	<p>25th Anniversary Reception <i>Supported by the Premier Partners of the 2014 Annual Meeting</i></p>
8:00 PM–10:00 PM	Educational Program for Recipients of Pfizer Medical Residents and Fellows Awards

Thursday, October 16, 2014

7:00 AM–5:30 PM	Registration Desk Open
7:00 AM–8:15 AM	Menopause Editorial Board Meeting and Breakfast
7:15 AM–8:15 AM	Meet the Experts Breakfast Sessions
7:30 AM–8:30 AM	Participant Continental Breakfast
8:30 AM–9:00 AM	Keynote Address
	<p>Introduced by JoAnn E. Manson, MD, DrPH, NCMP <i>Chair, 2014 Scientific Program Committee</i> <i>Chief, Division of Preventive Medicine</i> <i>Brigham and Women's Hospital</i> <i>Professor of Medicine and the Michael and Lee Bell Professor of Women's Health</i> <i>Harvard Medical School</i> <i>Boston, MA</i></p>
8:30 AM–9:00 AM	<p>Aging America and the Challenges of Changing Demographics</p> <p>Joseph F. Coughlin, PhD <i>Director, AgeLab</i> <i>Massachusetts Institute of Technology</i> <i>Cambridge, MA</i></p>
9:00 AM–10:30 AM	Plenary Symposium 2—Update on Breast Health for the Menopause Clinician
	<p>Stephanie S. Faubion, MD, NCMP—Moderator <i>Director Women's Health Clinic</i> <i>Assistant Professor of Medicine</i> <i>Division of General Internal Medicine</i> <i>Mayo Clinic</i> <i>Rochester, MN</i></p>
9:00 AM–9:20 AM	<p>Chemoprevention: Who, What, When?</p> <p>Victor G. Vogel, MD, MHS, FACP <i>Director, Breast Oncology/Research</i> <i>Geisinger Health System</i> <i>Danville, PA</i></p>
9:20 AM–9:40 AM	<p>What's New in Breast Imaging?</p> <p>Jennifer A. Harvey, MD <i>Professor of Radiology</i> <i>Head, Division of Breast Imaging</i> <i>University of Virginia School of Medicine</i> <i>Charlottesville, VA</i></p>
9:40 AM–10:00 AM	<p>Rethinking Breast Cancer Screening</p> <p>Russell P. Harris, MD, MPH <i>Professor of Medicine, School of Medicine</i> <i>Adjunct Professor of Epidemiology, School of Public Health</i> <i>Director, Research Center on Excellence in Clinical Preventive Services</i> <i>University of North Carolina</i> <i>Chapel Hill, NC</i></p>

Thursday, October 16, 2014 (continued)

10:00 AM–10:30 AM	Panel and Audience Discussion
10:30 AM–11:15 AM	Refreshment Break
10:30 AM–10:45 AM	Stretch for Health <i>Supported by grant funding from: Vertical Pharmaceuticals, Inc.</i>
11:15 AM–12:15 PM	Plenary Symposium 3—<i>The Bare Bones of Osteoporosis Management</i> <i>Supported in part by grant funding from: Merck & Co., Inc.</i>
	Risa Kagan, MD, FACOG, CCD, NCMP—Moderator <i>Clinical Professor Department of Obstetrics, Gynecology and Reproductive Sciences University of California, San Francisco Berkeley, CA</i>
11:15 AM–11:35 AM	Diagnostic Challenges: Whom to Treat Ethel S. Siris, MD <i>Madeline C. Stabile Professor of Medicine Columbia University Medical Center Director, Toni Stabile Osteoporosis Center New York Presbyterian Hospital New York, NY</i>
11:35 AM–11:55 AM	Controversies in Long-Term Care of the Patient With Osteoporosis Elizabeth Shane, MD <i>Professor of Medicine Vice-Chair for Clinical and Epidemiological Research Columbia University, College of Physicians and Surgeons Department of Medicine New York, NY</i>
11:55 AM–12:15 PM	Panel and Audience Discussion
12:15 PM–12:30 PM	Box Lunches Distributed
12:30 PM–2:00 PM	Plenary Symposium 4—<i>Systemic Hormone Therapy: Expert Guidance on Clinical Management</i>
	Wendy S. Klein, MD, MACP—Moderator <i>Associate Professor Emeritus of Internal Medicine and Obstetrics and Gynecology Virginia Commonwealth University School of Medicine Richmond, VA</i>
12:30 PM–12:55 PM	Nuts and Bolts of Hormone Therapy Lubna Pal, MBBS, MRCOG <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences Director, Polycystic Ovary Syndrome Program Director, Menopause Program Yale School of Medicine New Haven, CT</i>
12:55 PM–1:15 PM	Systemic Hormone Therapy—Traditional Versus Novel FDA-Approved Therapy JoAnn V. Pinkerton, MD, NCMP <i>Medical Director, Midlife Health Center Professor of Obstetrics and Gynecology University of Virginia Charlottesville, VA</i>

Thursday, October 16, 2014 (continued)

1:15 PM–1:35 PM	<p>Long-Term Issues in Hormone Therapy Management</p> <p>Andrew M. Kaunitz, MD, FACOG, NCMP <i>University of Florida Research Foundation Professor and Associate Chair Department of Obstetrics and Gynecology University of Florida College of Medicine–Jacksonville Director, Menopause and Gynecologic Ultrasound Services Southside Women’s Health Jacksonville, FL</i></p>
1:35 PM–2:00 PM	<p>Panel and Audience Discussion</p>
2:00 PM–2:45 PM	<p>Refreshment Break</p>
2:00 PM–2:15 PM	<p>Stretch for Health <i>Supported by grant funding from: Vertical Pharmaceuticals, Inc.</i></p>
2:45 PM–4:15 PM	<p>Plenary Symposium 5—Skin and Hair: Know How to Recognize and Manage the Concerns of Your Patients</p>
	<p>David A. Baker, MD—Moderator <i>Professor of Obstetrics, Gynecology, and Reproductive Medicine State University of New York at Stony Brook East Setauket, NY</i></p>
2:45 PM–3:05 PM	<p>Cosmetic Concerns in Menopause</p> <p>Dina N. Anderson, MD, FAAD <i>Clinical Instructor, Dermatology Mt. Sinai Medical Center New York, NY</i></p>
3:05 PM–3:25 PM	<p>Assessing Skin Lesions: When is the Skin Problem Benign and When Should You Worry About it Being Potentially More Aggressive?</p> <p>Helen Shim-Chang, MD <i>Assistant Professor, Dermatology and Pathology Mt. Sinai Medical Center New York, NY</i></p>
3:25 PM–3:45 PM	<p>Hair: Too Much, Too Little</p> <p>Bethanee Jean Schlosser, MD, PhD <i>Assistant Professor, Department of Dermatology Director, Women’s Skin Program Northwestern University Feinberg School of Medicine Chicago, IL</i></p>
3:45 PM–4:15 PM	<p>Panel and Audience Discussion</p>
4:30 PM–5:45 PM	<p>Concurrent Session 1—Presentation of Top Abstracts</p>
4:30 PM–5:45 PM	<p>Concurrent Session 2—Presentation of Top Abstracts</p>

Thursday, October 16, 2014 (continued)

4:30 PM–5:45 PM	Concurrent Session 3—Presentations from Mexican Leadership
	Dr. Fernando Sánchez Aguirre—Chairman <i>President of AMEC México City</i>
4:30 PM–4:45 PM	<i>Prevalencia de síntomas depresivos y ansiosos en mujeres peri y postmenopausicas en México/Prevalence of Depressive and Anxious Symptoms in Peri- and Postmenopausal Women in Mexico</i> Dr. José Roberto Silvestri Tomassoni <i>Adscrito en Ginecología Instituto Nacional de Perinatología México Gynecology Department, National Institute of Perinatology México City</i>
4:45 PM–5:00 PM	<i>Niveles hormonales y concentración de triptofano en mujeres deprimidas en la peri y postmenopausia en México/Hormone Levels and Concentration of Tryptophan in Depressed Peri- and Postmenopausal Women in Mexico</i> Dr. Mónica Flores Ramos <i>Jefa de Departamento de Neurofisiología Instituto Nacional de Perinatología México Chief of Neurophysiology Department, National Institute of Perinatology México City</i>
5:00 PM–5:15 PM	<i>Cambios de la endotelina en la posmenopausia con el uso de un esteroide/Changes of Endothelin in the Menopause With the Use of a Steroid</i> Dr. Marcelino Hernández Valencia <i>Unidad de Investigación de enfermedades Endocrinas Endocrine Research Unit, National Medical Center, Instituto Nacional del Seguro Social México D.F.</i>
5:15 PM–5:30 PM	<i>Cambios en la hormona folículo estimulante en la transición menopáusica en 2800 mujeres/Changes in the Follicle Stimulating Hormone in the Menopausal Transition in 2,800 Mexican Women</i> Dr. Guillermo Federico Ortiz Luna <i>Adscrito en Obstetricia Instituto Nacional de Perinatología México Obstetric Department, National Institute of Perinatology México City</i>
5:30 PM–5:45 PM	<i>Tratamiento de la insuficiencia ovarica con cámara hiperbarica/Treatment of Ovarian Failure With Hyperbaric Chamber</i> Dr. José Luis Castro López <i>Presidente del Colegio de Ginecólogos del Hospital Español de México President of the College of Gynecologists at Español Hospital of México</i>
4:30 PM–5:45 PM	Concurrent Session 4—Presentations from the Association of Reproductive Health Professionals: <i>Improving the Quality of Sexual and Reproductive Health Services for Midlife Women in Primary Care Settings Under the Affordable Care Act</i>
	Diane T. Pace, PhD, FNP-BC, FAANP, NCMP—Moderator <i>Clinical Associate Professor University of Memphis/Loewenberg School of Nursing Memphis, TN</i>

Thursday, October 16, 2014 (continued)

4:30 PM–5:00 PM	<p><i>The New Normal: Sexual and Reproductive Health Services Under the Affordable Care Act</i></p> <p>Mark Hathaway, MD, MPH <i>Director of Family Planning Unity Health Care, Inc. Washington, DC</i></p>
5:00 PM–5:30 PM	<p><i>The Sexual and Reproductive Health Workforce Project: Goals, Challenges, and Implications for Midlife Women's Health and Primary Care</i></p> <p>Wayne C. Shields <i>President and Chief Executive Officer Association of Reproductive Health Professionals Washington, DC</i></p>
5:30 PM–5:45 PM	Panel and Audience Discussion
6:00 PM–7:00 PM	Poster Session and Reception
7:15 PM–8:45 PM	25th Anniversary Donor Reception

Friday, October 17, 2014

7:00 AM–5:30 PM	Registration Desk Open
6:45 AM–7:45 AM	Meet the Experts Breakfast Sessions
7:00 AM–8:30 AM	Participant Continental Breakfast
7:55 AM–8:30 AM	NAMS Annual Membership Town Hall
8:30 AM–9:00 AM	NAMS/Pfizer Wulf H. Utian Endowed Lecture
	<p><i>Introduced by</i> Wulf H. Utian, MD, PhD, DSc(Med) <i>Professor Emeritus, Case Western Reserve University School of Medicine Honorary Past President, International Menopause Society Chairman, Scientific Advisory Board, Rapid Medical Research Honorary Trustee and Executive Director Emeritus, NAMS Cleveland, OH</i></p>
8:30 AM–9:00 AM	<p><i>Adult Stem Cells: The Body's Innate Regenerative Potential</i></p> <p>Arnold I. Caplan, PhD <i>Professor of Biology & Professor of General Medical Sciences (Oncology) Director, Skeletal Research Center Case Western Reserve University Cleveland, OH</i></p>
9:00 AM–10:30 AM	<p><i>Plenary Symposium 6—Cardiovascular Disease in Women: Heart Failure, Atrial Fibrillation, Making Sense of the New CVD Guidelines</i></p> <p>Peter F. Schnatz, DO, FACOG, FACP, NCMP—Moderator <i>Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital and Medical Center Reading, PA</i></p>

Friday, October 17, 2014 (continued)

9:00 AM–9:25 AM	<p>Understanding the New ACC/AHA and JNC-8 Guidelines: Risk Assessment, Cholesterol, Lifestyle, and Hypertension</p> <p>C. Noel Bairey Merz, MD, FACCD <i>Women’s Guild Endowed Chair in Women’s Health Director, Barbra Streisand Women’s Heart Center Director, Linda Joy Pollin Women’s Heart Health Program Director, Preventive Cardiac Center Professor of Medicine Cedars-Sinai Medical Center Los Angeles, CA</i></p>
9:25 AM–9:45AM	<p>Heart Failure: Issues Unique to Women</p> <p>Veronique L. Roger, MD, FAHA <i>Professor of Epidemiology and Medicine Division of Cardiovascular Disease Mayo Clinic Rochester, MN</i></p>
9:45 AM–10:05 AM	<p>Atrial Fibrillation in Postmenopausal Women: Risk Factors, Diagnosis, and Management</p> <p>Anita M. Kelsey, MD, FACC, FASE <i>Director, Echocardiography Director, Women’s Heart Program, Saint Francis Hospital and Medical Center Associate Professor of Medicine, Saint Francis Hospital and Medical Center University of Connecticut Hartford, CT</i></p>
10:05 AM–10:30 AM	<p>Panel and Audience Discussion</p>
10:30 AM–11:15 AM	<p>Refreshment Break</p>
10:30 AM–10:45 AM	<p>Stretch for Health <i>Supported by grant funding from: Vertical Pharmaceuticals, Inc.</i></p>
11:15 AM–12:15 PM	<p>Top Scoring Abstract Presentations</p>
11:15 AM–12:15 PM	<p>MsFLASH Research Network: Latest Findings</p> <p>Andrea Z. LaCroix, PhD—Moderator <i>Professor of Epidemiology MsFLASH DCC Principal Investigator Director, Women’s Health Center of Excellence Division of Epidemiology, Department of Family and Preventive Medicine University of California, San Diego, School of Medicine San Diego, CA</i></p>
11:15 AM–11:27 AM	<p>Effects of a Telephone-Delivered Cognitive-Behavioral Intervention Versus Menopause Education for Treatment of Insomnia in Midlife Women With Vasomotor Symptoms</p> <p>Susan McCurry, PhD <i>Research Professor, Department of Psychosocial and Community Health Adjunct Research Professor, Psychiatry and Behavioral Sciences Northwest Research Group on Aging University of Washington, School of Nursing Seattle, WA</i></p>

Friday, October 17, 2014 (continued)

11:27 AM–11:39 AM	<p><i>Effects of the MsFLASH Pharmacologic and Behavioral Interventions on Insomnia Symptoms and Self-Reported Sleep Quality: A Joint Analysis</i></p> <p>Katherine A. Guthrie, PhD <i>MsFLASH DCC Principal Investigator Associate Member, Public Health Sciences Division Fred Hutchinson Cancer Research Center Seattle, WA</i></p>
11:39 AM–11:51 AM	<p><i>Effects of the MsFLASH Pharmacologic and Behavioral Interventions on Quality of Life: A Joint Analysis</i></p> <p>Andrea Z. LaCroix, PhD <i>Professor of Epidemiology MsFLASH DCC Principal Investigator Director, Women’s Health Center of Excellence Division of Epidemiology, Department of Family and Preventive Medicine University of California, San Diego, School of Medicine San Diego, CA</i></p>
11:51 AM–12:03 PM	<p><i>Estrogen and the Postmenopausal Microbiome: Findings from the MsFLASH Randomized Controlled Trial</i></p> <p>Susan D. Reed, MD, MPH <i>Professor, Department of Obstetrics and Gynecology Adjunct Professor, Department of Epidemiology Director, Women’s Reproductive Health Research Program University of Washington Seattle, WA</i></p>
12:03 PM–12:15 PM	<p>Panel and Audience Discussion</p>
12:15 PM–12:30 PM	<p>Box Lunches Distributed</p>
12:30 PM–2:00 PM	<p>Plenary Symposium 7—<i>The Triad of Sleep Disturbances, Stress/Anxiety, and Pain: Epidemiology, Assessment, and Treatment</i></p>
	<p>Katherine Newton, PhD—Moderator <i>Director of Research and External Affairs Group Health Research Institute Seattle, WA</i></p>
12:30 PM–12:50 PM	<p><i>The Epidemiology of Sleep Disturbances, Stress/Anxiety, and Pain</i></p> <p>Maurice M. Ohayon, MD, PhD <i>Professor of Psychiatry and Behavioral Sciences Chief, Division of Public Mental Health and Population Sciences Director, Stanford Sleep Epidemiology Research Center Stanford School of Medicine Stanford, CA</i></p>
12:50 PM–1:10 PM	<p><i>Stress/Anxiety and Chronic Pain: Interactions, Assessment, and Treatment Approaches</i></p> <p>Christina S. McCrae, PhD <i>Associate Professor Department of Clinical and Health Psychology College of Public Health and Health Professions University of Florida Director, Insomnia and Behavioral Sleep Medicine Clinic University of Florida and Shands Sleep Disorders Center Gainesville, FL</i></p>

Friday, October 17, 2014 (continued)

1:10 PM–1:30 PM	<i>Sleep Disturbance and Chronic Pain: Interactions and Interventions</i> Michael V. Vitiello, PhD <i>Professor of Psychiatry and Behavioral Science, Medicine (Gerontology and Geriatrics), and Biobehavioral Nursing Co-Director, Center for Research in the Management of Sleep Disturbance Co-Director, Northwest Geriatric Education Center University of Washington Seattle, WA</i>
1:30 PM–2:00 PM	Panel and Audience Discussion
2:00 PM–2:45 PM	Refreshment Break
2:00 PM–2:15 PM	Stretch for Health <i>Supported by grant funding from: Vertical Pharmaceuticals, Inc.</i>
2:00 PM–3:00 PM	Membership Committee Meeting
2:45 PM–4:00 PM	Plenary Symposium 8—<i>Thyroid Hormone Disorders at Midlife and Beyond: Detection and Management</i>
	Wen Shen, MD, MPH—Moderator <i>Assistant Professor Department of Obstetrics and Gynecology Johns Hopkins University Baltimore, MD</i>
2:45 PM–3:10 PM	<i>Too Little?</i> Cynthia A. Stuenkel, MD, NCMP <i>Clinical Professor of Medicine University of California, San Diego La Jolla, CA</i>
3:10 PM–3:35 PM	<i>Too Much?</i> Susan J. Mandel, MD, MPH <i>Professor of Medicine and Radiology Perelman School of Medicine University of Pennsylvania Philadelphia, PA</i>
3:35 PM–4:00 PM	Panel and Audience Discussion
4:15 PM–5:30 PM	Concurrent Session 1—Presentation of Top Abstracts
4:15 PM–5:30 PM	Concurrent Session 2—Presentation of Top Abstracts
4:15 PM–5:30 PM	Concurrent Session 3—Canadian Leadership Session
	Chui Kin Yuen, MD, FRCSC, FACOG, MBA—Moderator <i>Executive Director, SIGMA Canadian Menopause Society Vancouver, BC Canada</i>

Friday, October 17, 2014 (continued)

	<p>Speakers:</p> <p>New Paradigms for Fibroid Management Ally Murji, MD, MPH, FRCS(C) <i>Assistant Professor</i> <i>Minimally Invasive Gynecology</i> <i>University of Toronto</i> <i>Toronto, ON, Canada</i></p> <p>Premenopausal Osteoporosis—Current Diagnosis and Management Aliya Khan, MD, FRCPC, FACP, FACE <i>Professor of Clinical Medicine</i> <i>Divisions of Endocrinology and Geriatrics</i> <i>McMaster University</i> <i>Oakville, ON, Canada</i></p>
4:15 PM–5:30 PM	Concurrent Session 4—Building a Menopause Practice
	<p>Gloria Richard-Davis, MD, FACOG—Moderator <i>Division Director, Reproductive Endocrinology and Infertility</i> <i>University of Arkansas Medical Sciences</i> <i>Department of Obstetrics and Gynecology</i> <i>Little Rock, AR</i></p>
4:20 PM–4:35 PM	<p>Nuts and Bolts of Starting a Menopause Practice</p> <p>Ann L. Steiner, MD, FACOG, NCMP <i>Clinical Associate Professor of Obstetrics and Gynecology</i> <i>University of Pennsylvania, Perelman School of Medicine</i> <i>Philadelphia, PA</i></p>
4:35 PM–4:50 PM	<p>Advancing Menopause Practice</p> <p>Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Associate Chairman and Residency Program Director</i> <i>Department of Obstetrics and Gynecology</i> <i>The Reading Hospital and Medical Center</i> <i>Reading, PA</i></p>
4:50 PM–5:15 PM	<p>Incorporating Telemedicine Into Your Practice</p> <p>Gloria Richard-Davis, MD, FACOG <i>Division Director, Reproductive Endocrinology and Infertility</i> <i>University of Arkansas Medical Sciences</i> <i>Department of Obstetrics and Gynecology</i> <i>Little Rock, AR</i></p>
5:15 PM–5:30 PM	Panel and Audience Discussion
5:45 PM–6:45 PM	NAMS Award Winners Reception
Saturday, October 18, 2014	
7:00 AM–12:30 PM	Registration Desk Open
7:00 AM–8:00 AM	Participant Continental Breakfast

Saturday, October 18, 2014 (continued)

7:00 AM–8:00 AM	Society Board Meeting
8:05 AM–8:15 AM	Announcement of Poster Prizes
8:15 AM–9:15 AM	NAMS/Kenneth W. Kleinman Endowed Lecture
	<p>Introduced by Margery L.S. Gass, MD, NCMP <i>NAMS Executive Director Consultant, Cleveland Clinic Center for Specialized Women’s Health Clinical Professor, Case Western Reserve University School of Medicine Cleveland, OH</i></p>
8:15 AM–9:15 AM	<p>Over-diagnosed: Making People Sick in the Pursuit of Health</p> <p>H. Gilbert Welch, MD, MPH <i>Professor of Medicine, Community and Family Medicine, the Geisel School of Medicine at Dartmouth Professor of Business Administration (Adjunct), Tuck School of Business Professor of Public Policy (Adjunct), Dartmouth College Hanover, NH</i></p>
9:15 AM–10:15 AM	<p>Plenary Symposium 9—Pelvic Floor: Function and Dysfunction Supported in part by grant funding from: <i>InControl Medical</i></p>
	<p>Lauren Streicher, MD, NCMP—Moderator <i>Associate Professor of Obstetrics and Gynecology Feinberg School of Medicine Northwestern Memorial Hospital Chicago, IL</i></p>
9:15 AM–9:35 AM	<p>Clinical Implications of Pelvic Floor Dysfunction</p> <p>Andrew I. Sokol, MD <i>Associate Director, Minimally Invasive Surgery Section of Female Pelvic Medicine and Reconstructive Surgery MedStar Washington Hospital Center Associate Professor of Obstetrics, Gynecology, and Urology Georgetown University School of Medicine Washington, DC</i></p>
9:35 AM–9:55 AM	<p>Management of Incontinence and Pelvic Floor Dysfunction</p> <p>Marsha K. Guess, MSc, MD <i>Assistant Professor and Fellowship Director Section of Urogynecology and Pelvic Reconstructive Surgery Yale School of Medicine New Haven, CT</i></p>
9:55 AM–10:15 AM	Panel and Audience Discussion
10:15 AM–10:30 AM	Refreshment Break
10:30 AM–12:00 PM	<p>Plenary Symposium 10—Prevention and Treatment of Midlife Weight Gain: A Comprehensive Lifestyle, Behavioral, and Medical Approach</p>
	<p>Rebecca C. Thurston, PhD—Moderator <i>Associate Professor of Psychiatry, Psychology, Epidemiology, and Clinical and Translational Science Director, Women’s Biobehavioral Health Laboratory University of Pittsburgh Pittsburgh, PA</i></p>

Saturday, October 18, 2014 (continued)

<p>10:30 AM–10:50 AM</p>	<p><i>Potential Factors Contributing to Weight Gain in Midlife</i></p> <p>Wendy M. Kohrt, PhD <i>Professor of Medicine, Division of Geriatric Medicine University of Colorado, Anschutz Medical Campus Aurora, CO</i></p>
<p>10:50 AM–11:10 AM</p>	<p><i>Achievable Dietary Approaches to Prevent Weight Gain and Promote Health in Midlife Women</i></p> <p>Barbara J. Rolls, PhD <i>Professor and Helen A. Guthrie Chair in Nutritional Sciences Department of Nutritional Sciences Professor, Department of Biobehavioral Health Pennsylvania State University University Park, PA</i></p>
<p>11:10 AM–11:30 AM</p>	<p><i>Behavioral and Medical Approaches to Prevent Weight Gain and Promote Healthy Nutrition Habits in Midlife Women</i></p> <p>Scott Kahan, MD, MPH <i>Director, National Center for Weight and Wellness Faculty Member, Johns Hopkins Bloomberg School of Public Health Faculty Member, George Washington University School of Medicine Washington, DC</i></p>
<p>11:30 AM–12:00 PM</p>	<p>Panel and Audience Discussion</p>
<p>12:00 PM–1:00 PM</p>	<p>Plenary Symposium 11—Quiz the Experts Panel</p>
	<p>Michelle P. Warren, MD, NCMP—Moderator <i>Medical Director, Center for Menopause, Hormonal Disorders, and Women’s Health Professor of Medicine, Obstetrics, and Gynecology Wyeth Professor of Women’s Health Columbia Presbyterian Medical Center Department of Obstetrics and Gynecology New York, NY</i></p>
	<p>Panelists—</p> <p>Mary Jane Minkin, MD, NCMP <i>Clinical Professor of Obstetrics and Gynecology Yale University School of Medicine New Haven, CT</i></p> <p>Lila E. Nachtigall, MD, NCMP <i>Professor of Obstetrics & Gynecology New York University School of Medicine New York NY</i></p> <p>Peter F. Schnatz, DO, FACOG, FACP, NCMP <i>Associate Chairman and Residency Program Director Department of Obstetrics and Gynecology The Reading Hospital and Medical Center Reading, PA</i></p>

Saturday, October 18, 2014 (continued)

	<p>Panelists—(continued)</p> <p>Marla Shapiro, MDCM, CCFP, MHSc, FRCP(C), FCFP, NCMP <i>Associate Professor Department of Family and Community Medicine University of Toronto Toronto, Ontario, Canada</i></p> <p>James A. Simon, MD, CCD, NCMP, IF, FACOG <i>Clinical Professor George Washington University School of Medicine Women’s Health and Research Consultants® Washington, DC</i></p>
<p>1:00 PM–2:00 PM</p>	<p>Closing Program for Recipients of Pfizer Medical Residents and Fellows Reporter Program</p>