



During the 2009 NAMS Annual Meeting, two “Meet the Experts” CME Breakfast Sessions will be offered at a small additional fee. Participants will receive 1 hour of CME credit through NAMS. Sign up for tables (see topics and moderators below) when you register to attend the Annual Meeting.

New Members Only: During the Thursday, October 1, CME Breakfast Session, there will be two New Members Only tables for individuals who joined NAMS during 2009, hosted by Cynthia Stuenkel, MD, and Leon Speroff, MD. This special New Member event and 1 hour of CME credit are offered at no charge to participants! Contact NAMS (members@menopause.org) for more details.

Thursday, October 1, 2009—7:15 AM to 8:15 AM

Table #	Moderator	Discussion Topic
1	Paula Amato, MD Adjunct Associate Professor Oregon Health & Science University Portland, OR	Premature Ovarian Failure
2	J. Mark Cline, DVM, PhD, DACVP Professor of Pathology/Comparative Medicine Wake Forest University School of Medicine Winston-Salem, NC	Soy Isoflavone Effects on the Breast and the Uterus
3	Ruth Freeman, MD Professor of Medicine Professor of Obstetrics, Gynecology and Women’s Health Albert Einstein College of Medicine Montefiore Medical Center Bronx, NY	Vitamin D for the Older Woman
4	George A. Helmrich, MD, CCD Associate Chief, Medical Affairs and Quality Greenville Hospital System Greer, SC	Office Management of Menopause
5	Suzanne C. Ho, MPH, PhD Professor and Director Centre of Research and Promotion of Women’s Health School of Public Health Chinese University of Hong Kong Hong Kong	Soy Intake and Women’s Health

Thursday, October 1, 2009—7:15 AM to 8:15 AM (continued)

Table #	Moderator	Discussion Topic
6	Marjorie R. Jenkins, MD Associate Professor Department of Internal Medicine and Obstetrics and Gynecology Center for Women's Health and Gender-Based Medicine Executive Director, Laura W. Bush Institute for Women's Health Director, Overton Osteoporosis Center Director, Women's Health Fellowship Program Texas Tech University Health Sciences Center Amarillo, TX	Nutritional Approaches to Bone Health
7	Claire Z. Kalpakjian, PhD, MS Research Assistant Professor Department of Physical Medicine & Rehabilitation University of Michigan Ann Arbor, MI	Women with Disabilities
8	R. Jane Lau, MD Associate Professor Clinical Obstetrics and Gynecology Indiana University School of Medicine Indianapolis, IN	The Healthy Cell Bias of Estrogen Action: Clinical Implications
9	Jeanne Leventhal Alexander, MD, FABPN, FRCPC, FAPA, FACPsych Adjunct Assistant Clinical Professor of Psychiatry Stanford Medical School Founder, Alexander Foundation for Women's Health Berkeley, CA	Mood, Libido, Stress and Perimenopause: Role of Psychiatric Comorbidity with the Symptomatic Perimenopausal Patient
10	Pauline M. Maki, PhD Associate Professor of Psychiatry and Psychology Center for Cognitive Medicine University of Illinois at Chicago Chicago, IL	Hormone Therapy and Cognitive Function
11	Kerrie L. Moreau, PhD Associate Professor University of Colorado Denver, CO	Sex Hormone Deficiency and Cardiovascular Aging
12	Gregory Pokrywka, MD, FACP Director, Baltimore Lipid Center Assistant Professor of Medicine John Hopkins University School of Medicine Towson, MD	Lipid Assessment and Risk Management in Menopause

Thursday, October 1, 2009—7:15 AM to 8:15 AM (continued)

Table #	Moderator	Discussion Topic
13	Gloria Richard-Davis, MD Professor and Chair Department of Obstetrics & Gynecology Meharry Medical College Nashville, TN	Improving Sexual Health in Menopausal Women
14	Kristi M. Saunders, MD, MS Private Practice Dartmouth Hitchcock Etna, NH	How the Senses Change With Age
15	Peter F. Schnatz, DO, FACOG Associate Professor Obstetrics and Gynecology and Internal Medicine Director of Undergraduate Education Department of Obstetrics and Gynecology University of Connecticut Director, Women's Ambulatory Center, Generalist Division The Hospital of Central Connecticut New Britain, CT	Hormone Therapy and Coronary Artery Disease: What Is the Current Understanding?"
16	Wen Shen, MD, MPH Assistant Professor Gynecologic Specialties Johns Hopkins University College of Medicine Baltimore, MD	Symptom Management in Breast Cancer Survivors
17	James A. Underberg, MD, MS, FACPM, FACP Clinical Professor of Medicine NYU Medical School and NYU Center for Cardiovascular Disease Prevention Director, Bellevue Hospital Lipid Clinic ASH Specialist in Clinical Hypertension New York, NY	Hypertension and Menopause

Friday, October 2, 2009—6:45 AM to 7:45 AM (continued)

Table #	Moderator	Discussion Topic
1	David F. Archer, MD Professor of Obstetrics and Gynecology Eastern Virginia Medical School Norfolk, VA	Selecting the Right Progestogen
2	Thomas B. Clarkson, DVM Professor of Comparative Medicine Wake Forest University School of Medicine Winston-Salem, NC	Soy Phytoestrogens: Fact vs. Fiction
3	Bruce Ettinger, MD Emeritus Clinical Professor of Medicine University of California San Francisco, CA	Counseling About Osteoporosis Risk: FRAX
4	Robert R. Freedman, PhD Professor of Psychiatry & Obstetrics & Gynecology Wayne State University School of Medicine Detroit, MI	Physiology and Treatment of Hot Flashes
5	Margery L.S. Gass, MD Executive Director, Designate The North American Menopause Society Cleveland, OH	Early Postmenopausal Bone Health: When, What, and How
6	Steven R. Goldstein, MD Professor of Obstetrics and Gynecology New York University School of Medicine New York, NY	Use of Ultrasound Findings in Menopausal Patients: How to Optimize the Information
7	Elaine E. Jolly, OC, MD, FRCS(C) Medical Director, Women's Health Centre The Ottawa Hospital Professor of Obstetrics & Gynecology University of Ottawa Ottawa, ON, Canada	Challenges in Perimenopause
8	Risa Kagan, MD, FACOG, CCD Clinical Professor Department of Obstetrics, Gynecology, and Reproductive Sciences University of California, San Francisco East Bay Physicians Medical Group Berkeley, CA	A Clinician's Approach to the Prevention and Treatment of Osteoporosis

Table #	Moderator	Discussion Topic
9	<p>JoAnn E. Manson, MD, DrPH Professor of Medicine & the Elizabeth Fay Brigham Professor of Women's Health Harvard Medical School Chief of Preventive Medicine & Co-Director, Connors Center for Women's Health & Gender Biology Brigham & Women's Hospital Boston, MA</p>	Vitamin D: Is It as Good as It Seems?
10	<p>Lila E. Nachtigall, MD Professor Department of Obstetrics & Gynecology NYU School of Medicine New York, NY</p>	Individualizing Therapy for the Menopausal Woman
11	<p>JoAnn V. Pinkerton, MD Professor of Obstetrics & Gynecology Vice Chair for Academic Affairs Director, Midlife Health University of Virginia Health Sciences Center Charlottesville, VA</p>	Approach to the Treatment of Menopausal Symptoms
12	<p>Nancy K. Reame, MSN, PhD, FAAN Mary Dickey Lindsay Professor of Nursing The Irving Institute for Clinical and Translational Science Columbia University New York, NY</p>	Is It PMS or Perimenopause?
13	<p>Marcie K. Richardson, MD Director, Menopause Consultation Service Harvard Vanguard Medical Associates Boston, MA</p>	Menopause Management: Thoughts and Tools From the Trenches
14	<p>Jan L. Shifren, MD Director, Vincent Menopause Program Massachusetts General Hospital Associate Professor of Obstetrics, Gynecology and Reproductive Biology Harvard Medical School Boston, MA</p>	Caring for Women With Sexual Dysfunction
15	<p>James A. Simon, MD, CCD, FACOG Clinical Professor George Washington University Washington, DC</p>	Androgen Therapy After Menopause: Sex, Bone, Brawn, Breast, and Brain

Table #	Moderator	Discussion Topic
16	Leon Speroff, MD Professor of Obstetrics & Gynecology Oregon Health & Science University Portland, OR	Breast Cancer Risk and Hormone Therapy
17	Cynthia A. Stuenkel, MD Clinical Professor of Medicine, Endocrinology, and Metabolism University of California, San Diego San Diego, CA	Menopause Management: Special Considerations in the Woman With Diabetes
18	Michelle P. Warren, MD Medical Director, Center for Menopause, Hormonal Disorders, and Women's Health Professor of Medicine, Obstetrics & Gynecology Wyeth Professor of Women's Health Columbia Presbyterian Medical Center Department of Obstetrics & Gynecology New York, NY	Menopausal Symptoms and Management: Doses, Delivery, and Decisions